



Supporting Our Children & Strengthening Our Community

Prevention - Development - Intervention

Serving All Communities & School Districts Town-wide Since 1980



ADOPT A FAMILY AT SMITHTOWN FOOD PANTRY!

CAN YOU SPOT ALL THE TURKEYS? 

Help feed a family this Thanksgiving!

A **bag or box** containing **ALL** of the items listed below can be dropped off on:

Saturday, November 5th OR Saturday, November 12th between the hours of **9 AM - 1 PM:**

- (4) cans vegetables
- (2) cans cranberry sauce
- (1) lg. or (2) sm. can yams
- (1) 64oz. juice or juice boxes
- Cake mix/brownie mix/ corn muffin mix
- (1) box instant potatoes
- (2) boxes stove top stuffing
- (3) cans fruit
- (2) turkey gravy
- Any **NON-Perishable** "Extras" you would like!

The pantry will be providing the turkey!

Drop Off Location:
Smithtown Emergency Food Pantry
90 Edgewater Avenue, Smithtown

How Many Turkeys Can You Find in this Email?

4

Select

6

Select

*** All participants will be entered into a drawing to receive a \$25 Gubhub gift certificate.**



Community Service Certificate available!

2 boxes = 1 hour Community Service Credit
(2 hrs. MAX - 4 boxes)

That Day:

Sign in CLEARLY with your Name
(as you want it on your certificate)
And Your EMAIL -
A Town Certificate will be sent to you.

Click Here for Flyer PDF to Share



"WHY CARE?" MENTAL HEALTH AWARENESS & CARD MAKING PROGRAM



Date: Tuesday, November 8th
Time: 6:45 PM- 8:00 PM

Location: Smithtown Library
Smithtown Building - 1 N. Country Road, Smithtown

Click Here to Register

The *Town of Smithtown Youth Bureau* and *Horizons Counseling & Education Center* are providing an inspiring program where MS & HS students will gain an increased awareness of the importance of mental health and wellness in their own lives and those of others.

Students will also participate in a positive, creative community service project, creating greeting cards for long term residents at *Pilgrim State Hospital - (HALI Creative Connections Project)*

Click Here to Learn More About Pilgrim Psychiatric Center Residence Programs

CALVARY CHURCH FALL CLEAN-UP



Date: November 12th
Time: 9:00 AM to 1:00 PM*

*Time is tentative. We will email registrants if there are any changes to the date or time.

Location: Calvary Lutheran Church
860 Townline Road, Hauppauge, NY 11788

Looking for a FUN, Student Community Service activity???

Our community partner, **Calvary Lutheran Church** is running their **Annual Community Fall Cleanup** and could use your help. You will be doing various fall, outside

cleanup activities, so **be sure to dress appropriately to accommodate the weather.**

Bring your own rakes and gloves AND don't forget to **sign in** on the Town of Smithtown Youth Bureau Sign-In Sheet!

Be sure to write your name (as you want it to appear on your certificate) & email address. Please print clearly. Your Town Certificate of Community Service will be emailed to you. **Registration is required.**

[Click Here to Register](#)



SOCCER BUDDIES ARE NEEDED!

The **Smithtown Kickers TOP Soccer** program works with special needs children to supply them with a fun and rewarding experience, learning soccer skills.

Student volunteer **Soccer Buddies** are needed to help guide participants through the activities. **No prior soccer experience is necessary**, just a desire to help participants have a fun time while learning the basics of the game.

Volunteers are needed on the following Saturdays from 3:00 PM to 3:40 PM: October 29th; November 5th; November 12th; and November 19th.

Volunteer Soccer buddies are encouraged to participate in all 4 of the remaining games **IF Possible**, and spend as much time as they can with the young player they are matched with (age 3 -4 and up). **Two hours community service credit for each game.**

The Smithtown Kickers, in partnership with the Smithtown Youth Bureau, will provide **community service certificates** to all registered participants.

**** Please Note:** The link below is for the purpose of required registration. Once registered, you will be provided with information to choose your spot on the schedule (ALL 4 or only some of the dates listed above).

[Register Here To Volunteer](#)

THE SMITHTOWN KICKERS TOP SOCCER PROGRAM IS IN NEED OF

SOCCER Buddies

2 COMMUNITY SERVICE HOURS | STUDENTS NEEDED **AGES 12 +** | **10.29, 11.05, 11.12 & 11.19** | **3:00PM - 4:30PM**

The TOP Soccer Program works with special needs children to supply them with a fun and rewarding experience playing soccer. Soccer Buddies are needed to help participants through the activities of the day.

The Town of Smithtown Youth Bureau will provide community service certificates to all participants that Register with us and sign in at their scheduled sessions

To register to receive community service (& receive further instructions to hold your spot) scan here:

For More Information Contact:
SSANDERS@SMITHTOWNNY.GOV

Keep Scrolling to See Our Community Partner Agency Volunteer Opportunities!

Happy Thanksgiving!

November 5th, 10:00am- 12:00pm

Previously Scheduled for October 1st. All spots to volunteer are currently FULL.

If you are registered [Check Your Emails](#) for updates.

Adopt A Family at Smithtown Food Pantry

November 5th & November 12th , 9:00am- 1:00pm

See above for more information on how to participate!

Smithtown Kickers Top Soccer Program "Soccer Buddies"

**October 29th; November 5th; November 12th; & November 19th,
3:00 PM- 4:30 PM**

See above for more information on how to participate!

Why Care? Mental Health Awareness and Card Making Event

November 8th, 6:45pm - 8:00pm

See above for more information and how to register!

Calvary Church Fall Clean Up

November 12th, 9:00am - 1:00pm

See above for more information and how to register!

Nissequogue River State Park Turkey Trot

**November 24th. 9:00am Start -Rain or Shine-
(8:30 am 1K Turkey Trot for Kids)**

See below for more information!

Did You Know November is *Native American Heritage Month*?

It is a time to celebrate rich and diverse cultures, traditions, and histories and to acknowledge the important contributions of Native people. It's also a time to educate the general public about tribes, to raise a general awareness about the unique challenges Native people have faced both historically and in the present, and the ways in which tribal citizens have worked to conquer these challenges.



TOWN OF SMITHTOWN YOUTH BUREAU ENRICHMENT PROGRAMS

We provide programming at all our of our township school districts and local organizations . Programs are usually offered in person, but all can be provided virtually in some form. **These programs are generally offered during after-school hours, but all can be scheduled during classroom time if desired.**

There are many scheduling options, and all are flexible by design to best meet the needs of each school. **All programs are fully funded and can be provided to schools by trained, professional Youth Bureau personnel at no cost.**

Programs are designed to be provided in a multi-session series to be most effective. Various sessions & topics can be broken down for a shorter series or one-time/one topic workshop.

OUR PROGRAMS ARE:

✦ **FREE** ✦

Fully funded and provided at no cost to you!

✦ **FUN** ✦

Engaging activities for students

✦ **FLEXIBLE** ✦

We can accommodate a variety of times and topics

CHECK OUT ALL OF THE PROGRAMS WE OFFER BELOW:

Babysitting/Child Care

Skills:

Middle school students gain valuable experience by **practicing skills** on 'RealCare' lifelike baby dolls, such as holding, diaper/clothing changing & bottle feeding. Students also learn about the different developmental behaviors of children at various ages. A tool box of **age-appropriate activities** is introduced, as well as **basic interview skills** as it pertains speaking with parents

Study Skills:

This useful program provides advice and specific strategies for middle school students to improve their time management & organizational skills as it pertains to their study habits. This helps to improve their overall school performance by being **better organized in completing tasks and preparing for exams and projects.**

Game Time:

Fun, four-week social afterschool program. Students will have an opportunity to mingle in groups and play a variety of board games. They can **socially interact** with other students in a relaxed setting, have **friendly competition** and possibly learn to play new games and meet new friends.



Leadership Skills Bootcamp: The Many Faces of Bullying & Cyber Bullying:

This jam-packed, highly interactive program introduces students to specific leadership skills and allows them opportunity to put them into practice immediately. Focus is on preparing them for taking leadership roles in their schools and communities. **Students will learn and practice important skills such as:** effective communication techniques; group decision making & the planning process; dealing with different personalities & conflict resolution; and how to engage and motivate others.

An introspective and relevant program dealing with the roots of bullying & cyberbullying behavior. Students learn what they can intentionally do to take on the Upstander role rather than role of Bully or Bystander. **Some of the thought-provoking topics include:** bullying versus other forms of conflict; immediately recognizing bullying & cyberbullying; By-standing vs Up-standing; considerate online etiquette; and the great **importance of EMPATHY.**

Be Your Best Self:

**Based on the SAMHSA "Eight Dimensions of Wellness" framework*
This program gives students opportunity to recognize the meaning & importance of overall wellness. Program content and activities focus on each of the eight dimensions of wellness, incorporating coping skills such as deep breathing, mindfulness AND finding 'balance in life'. by providing students with information and activities which **focus on each of the 'eight dimensions of wellness'.**



**The 8 Dimensions of Wellness: Social, Environmental, Physical, Emotional, Spiritual, Occupational, Intellectual, & Financial.*

Have another relevant program topic in mind? Reach out and let us know what topics your class might be interested in!



Email **Janine Marc-Anthony**, our *Youth Services Coordinator* to request

further information and discuss scheduling one or several of these **FREE** student enrichment programs for your school or youth group!

[Click to Email Janine M.](#)

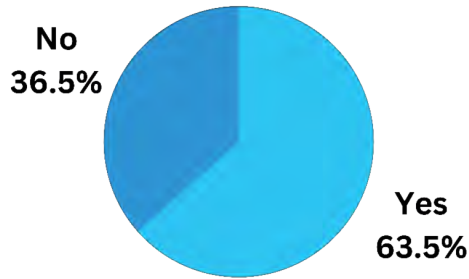
Past Program Highlights:

**We Asked, You Answered:
Do You Like Candy Corn?**

Check This Out:

**6 Misconceptions About
Native American People**

Check out the results below!
Surprised by the survey results?



In honor of November being Native American Heritage Month, here is a Teen Vogue interview where 7 Native American girls debunk the common misconceptions about their culture.



Congratulations to Youth Advisory Board Member **Gavin Pascucci** and the rest of the **Kings Park High School Trivia Team** for their win at the Island Cup! Gavin received recognition for recording *one of the highest individual scores!*

Community Partner Agency Opportunities:



Creative Connections Campaign

HALI's Creative Connections campaign connects with members of our community experiencing loneliness through letters, pictures, drawings, poetry, & art that can be kept by people living in these lonely places.

To reach every person residing at Pilgrim State Hospital and keep the Creative Connections campaign going they will need **275 letters/art/cards each month!**

Participant's can earn a max. of 5 hours of community service.

To participate, please mail your creations to:

Hands Across Long Island
Attn: Jessica Peretz
159 Brightside Avenue
Central Islip, NY, 11722



- 4 cards = 1 hour** of community service
- 8 cards = 2 hours** of community service
- 12 cards = 3 hours** of community service
- 16 cards = 4 hours** of community service
- 20 cards = 5 hours** of community service

Please email Jessica Peretz with any questions at:

jperetz@hali88.org

Check out this fun idea for a **VERY** special card **YOU** can create!



Watch the video above for step by step instructions:

To be counted, cards must be worded to reflect sentiment and demonstrate artistic effort.

Use the PDF below to **VIEW & SHARE** the *entire* Creative Connections Invitation Letter with your group:

PDF: HALI Creative Connections Invitation



Smithtown Library Teen Volunteer Opportunities:

[Click to View Opportunities](#)

Registration requirements for all programs are listed in the description of each program. Contact the Library by phone (631) 360-2480, chat (www.smithlib.org) or email (teens@smithlib.org) for more information.

Library teen volunteer opportunities are open to those in grades 6-12 (up to age 18), unless otherwise noted.

EXPLORE Your Neighborhood Library!

Beyond the volunteer opportunities, check out some of the great programs the Smithtown Library has to offer:

[Commack Building](#) [Kings Park Building](#) [Nesconset Building](#) [Smithtown Building](#) [Virtual Programs](#)

Children's Programs

Children's Programs

Children's Programs

Children's Programs

Children's Programs

Teen Programs

Teen Programs

Teen Programs

Teen Programs



"The Do's & Don'ts of Internet Safety"

A great quick & easy way middle and high school students can earn community service credit!

Step 1: Read the [Digital Citizenship Safety Tips](#) to start.

Step 2: Complete all Four levels of the Interland Game to "Be Internet Awesome" https://beinternetawesome.withgoogle.com/en_us

Step 3: At the end of each level, choose the option to **Create a certificate** and save it to your computer.

Step 4: Send ALL four certificates to: youthbureau@smithtownny.gov with the participants Full Name as you would like it to appear on the certificate.

Participants will earn 1 hour of community service credit.

Nissequogue River State Park Foundation Turkey Trot 5K



[Click Here to Learn More About the Foundation](#)

When: Thanksgiving Day, November 24, 2022
9:00 AM Start Rain or Shine
8:30 AM 1K Turkey Trot for Kids

Where: Nissequogue River State Park in Kings Park

[Click Here to Register](#)



Community Service Starts Here!

Join the hundreds of Other Local Youth and Families as registered...

Town of Smithtown Youth Bureau Volunteer Corps Members

Registered volunteers will receive notification of all volunteer opportunities with the Youth Bureau, other Town Departments, as well as for all of our local community partners.

Registered Volunteer Corps members will get priority in registering for community service.

[Click to Apply - Town Volunteer Corps](#)

Does your group/agency Need Volunteers?

The Town of Smithtown Youth Bureau promotes volunteerism and fosters positive social and leadership opportunities for youth and families throughout the township.

The Youth Bureau is interested in **partnering with local groups and organizations** to promote volunteer opportunities for youth and families in the community.

[Become a Partner Agency](#)

For More Information About the Town of Smithtown Youth Bureau and our Programs & Services...

[Visit Our Website](#)

[View Our Brochure](#)

Have a Minute to Take our Survey?

Please complete the survey below to assist the Youth Bureau in determining the programming needs of your community. Your feedback will allow the bureau to effectively schedule programs for 2022!

Youth Bureau Community Needs Assessment Survey- First Quarter 2022

[Take My Survey](#)

Participants who complete the survey and provide their email addresses during October will be entered into a drawing to win a **\$25 Uber Eats Gift Card!**

The survey only takes a few minutes to complete



**ATTENTION
SCOUT
LEADERS**

Please contact us if you would like to arrange a **free workshop** for your troop to help scouts earn their badges!

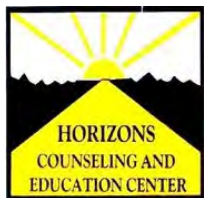
Our "**Babysitting Skills**" Course satisfies the **Babysitting Badge** requirements by covering topics such as: Interviewing for your first babysitting job; First Aid/Emergencies; and Developmental stages of children. We also offer "**College Knowledge**", another great way to earn **ANOTHER** badge .

Other training topics we offer can be tailored to meet scouting badge requirements, include:

- Leadership Skills;
- Public Speaking;
- Time Management & Organizational Skills;
- Communication Skills & Empathy;
- College & Career Exploration;
- Life Skills;
- Exploring Art;
- Healthy Living; etc.

Email Roseann C.

Email Hanorah G.



Town of Smithtown Horizons Counseling & Education Center

Horizons Counseling and Education Center is an OASAS-licensed not-for-profit agency funded to provide adolescent & adult treatment, prevention and education services for *drug and alcohol related problems*.

Full Assessment Services: Appointments Are Available

If there is any concern that you, your child, or another family member may be experiencing a substance abuse issue, **PLEASE** reach out for information and support.

This has been an extremely challenging time for individuals and families. There is absolutely no shame in seeking assistance in helping yourself and/or loved ones to deal with this situation together.

You don't have to go through this alone...
There is **HELP** available.

Details can be requested, as well as an appointment for an assuring, professional assessment of the situation you are experiencing.

Research-Based Prevention Programming:

Horizons Counseling and Education Center's Prevention Program works with local schools and community groups to develop and offer drug and alcohol presentations virtually and/or in-person.

If you are interested in a presentation or in having your students take part in an evidence-based preventive, resiliency building program please contact **Kelly Devito** for more information:

The full Assessment & Intake Procedure consists of:

- Phone screening
- In-Person or Virtual Appointment with a Clinical Staff Member to Discuss Potential Need for Treatment
- Consultation with a Member of Our Nursing Staff
- Evaluation with Our Psychiatric Practitioner (provided if needed)
- Drug/Alcohol Testing
- Sessions and with Family and any Person Involved in Your Life

*Medication-assisted treatment can be provided
Telehealth Services Available*

631-360-7578

To get further information and/or to schedule an assessment:

Horizonsmail@smithtownny.gov

Click to Email
Kelly D.

Click For More Program Details

Resources

Visit Town of Smithtown Official Website

Visit Town of Smithtown Recreation Department

Visit both of the following **EXCELLENT** sources for local, quality family activities:

NY Metro Parents-Suffolk

Macaroni Kid

What Happens When I Contact 988?

Smithtown Children's Foundation (SCF): Provide financial and emotional support to children & families within our Smithtown community by bridging family, friends, neighbors & local business to act as ONE in times of crisis:

Smithtown Children's Foundation



Mental Health Resources:

NYS Office of Mental Health Emotional Support Line:
1-844-863-9314, Additional information:

NYS Office of Mental Health

988 National Suicide Prevention Lifeline

Suffolk County Behavioral Health

Association for Mental Health and Wellness



Click [here](#) to subscribe to our newsletter.



161 E. Main Street
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