

VOLLEYBALL LEAGUE



Learn to Play / Play the Game League

1 hour of training + 1 hour of games each week!

JOIN OUR FUN, SKILL-FOCUSED VOLLEYBALL LEAGUE DESIGNED FOR YOUNG PLAYERS WHO WANT TO LEARN, PLAY, AND IMPROVE — WITHOUT THE COMMITMENT OF A FULL CLUB TEAM OR TOURNAMENT SCHEDULE.

LIVBC COACHES WILL HELP PLAYERS BUILD STRONG FUNDAMENTALS, LEARN TEAM CONCEPTS, AND BOOST THEIR VOLLEYBALL IQ THROUGH EXCITING DRILLS AND REAL GAME EXPERIENCE.

TEAM T SHIRTS PROVIDED BY THE LEAGUE.

FRIEND OR GROUP REQUESTS ARE WELCOME BUT NOT GUARANTEED.

PRACTICES

Saturdays

Time Frame:

8:15am-12:15pm

8 week season plus pre-season evaluation

GAMES

Sundays

Time Frame:

3:30-5:30pm

3rd-5th Graders (co-ed)
6th-8th Graders (girls only)

\$450 PER PLAYER

Register by December 15

Season starts in January

REGISTER ONLINE

THESPORTSARENA.NET

620 MIDDLE COUNTRY RD
ST JAMES NY 11780

631-361-9288

