



# LIVBC Girls Volleyball

## Juniors Volleysshop

**Get ready for Volleyball with our  
Volleysshop Training Program**

**Mondays 3/9, 3/16, 3/23, 3/30**

**7:15 pm – 8:15 pm**

**Centereach High School, 14 43rd St, Centereach (back gym)**

The cost for the four (4) week session of training is \$100.

### **Training to be provided:**

Improve Basic Skills: Passing, serving, hitting, setting

Improve Fundamental Team Tactics: Play fun & competitive games at a modified level.

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**Who is eligible:** Girls currently enrolled in grades 3 through 6.

**How to register:** Go to [www.livbc.com](http://www.livbc.com) and click on Clinics and follow the directions for Juniors Volleysshop registration.

**Space is limited:** You must register online and pay electronically by Venmo or Zelle to immediately guarantee a spot. If paying by check, make the check payable to LIVBC and mail to: LIVBC, 34 Maple Glen Ln, Nesconset, NY 11767. Venmo: @Denise-Nizich (3121) or Zelle: [deniselivbc@gmail.com](mailto:deniselivbc@gmail.com).

Space fills up quickly, completed registrations only guarantee attendance

*For more information contact: Jennie Sheridan at [Jennie@LIVBC.com](mailto:Jennie@LIVBC.com) 631- 807-6708 or Denise Nizich at [Denise@LIVBC.com](mailto:Denise@LIVBC.com) 516-317-3121.*

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