

Looking for something positive for children/teens this summer?

**Sunshine's Summer Prevention Program -
*A unique summer program with a twist***

Celebrating 33 years of service to children/families on Long Island!!

Staff Development, Training, Collaboration

If you think our services may be a good fit for your clients/families,
Dr. Carter is available to come to speak at one of your staff
meetings about our services, resources, collaboration.
She can also design a specific topic to address your staffs needs.
Our services are a perfect fit with your counseling/therapy as we
educate and reinforce social skills/social emotional learning

Approval for distribution of these materials is not an endorsement of such services, activities and/or products by the Smithtown Central School District



Sunshine's Summer Prevention Program

Sunshine is not just your typical Summer Camp; the program provides support, prevention-focused workshops and creative activities that build on and reinforce positive skills/social emotional learning. Daily topics include:

- **Self-esteem and self confidence**
- **Handling tough feelings (Anxiety and Fear)**
 - **Dealing with Bullying**
 - **Positive Friendships**
 - **Anger Management**

and more

Age-appropriate Groups for ages 5 - teens

Prevention-focused lessons,
fun activities,
special guests,
field trips,
social time,
art projects,

recreational games ,
parent/guardian support,
caring, professional staff
and more.

Program runs on
Tuesdays, Wednesdays and Thursdays
from 9:00 – 2:00

Choice of one to six weeks

**While this program is for ALL children, our goal is
to support children who may be going through
various challenges in their life (substance
use/misuse, divorce,
grief and loss, abuse).**

**We work hard to never turn anyone away for
financial reasons and provide Sponsorships,
Agency Support/Collaboration, DSS support,
Discounted Rates, Payment Plans.**

**If you have a family, you think can benefit,
reach out to us!**

**Please call or email Dr. Carter directly at
carolc@sunshinealternativeed.com**

Want to learn more?

**We invite you to set up a site visit or IFA (Initial
Family Assessment) at no cost to you.
It is a great way to learn about the programs, meet
our staff, tour the facility.**



Building friendships



My children were able to enjoy a fun summer experience that was so much more!! - Parent of 3 children



Teaching and Reinforcing positive skills

"This program helped my daughter and I begin communicating more. She would take time to stop and think before acting, and I would learn to talk and not just yell all the time." – Karen, mother of a 10 year old



Field Trips & Special Guests



Social Activities

"This Center unconditionally supports and gently guides so many teens through the process of healing and having a voice." – Parent of a Teen

"When I had nowhere to turn and my daughter was going through very tough times, Sunshine Center and their staff not only took my daughter under their wings of hope but loved me through what was about to be the hardest thing I ever had to do. My daughter got so much from the puppets, feeling like she was not alone, that others also go through similar troubles and can make it through." – Parent

Sunshine Prevention Center

**468 Boyle Road
Port Jefferson Station NY
631-476-3099**

