



## The College Application Process

### From Anxiety to Action

*The college application process can feel overwhelming for students and parents alike. Between grades, activities, essays, testing, finances, and deadlines, it's hard to know what truly matters. This free workshop will break it all down in a clear, practical way. We'll cover what colleges really look for, extracurricular activities, essays, financial considerations, and when to start.*

*Leave with clarity, confidence, and a plan.*

*All students and families welcome. Especially helpful for sophomores and juniors.*

### Date & Time

Monday, May 18th, 2026  
6:30-7:30pm

### Address

Smithtown Library-Nesconset Branch  
148 Smithtown Blvd  
Nesconset, NY 11767

THE TOWN OF SMITHTOWN YOUTH BUREAU PRESENTS....

**THE COLLEGE APPLICATION PROCESS: FROM ANXIETY TO ACTION**

A free interactive workshop addressing the questions families are really asking!

**Open to all grades, but especially helpful for sophomores and juniors.**

**Mon, 5/18/2026 6:30-7:30 PM**  
Smithtown Library Nesconset Branch  
148 Smithtown Blvd, Nesconset

Are we doing enough?  
Can we afford college?  
Can our "dream school" be a reality?  
What do colleges actually look for?  
How important are extracurricular activities, and which ones matter?  
Do essays truly make a difference?  
What should we be doing now?  
How do we support each other through this process without stress on our relationship?

**Come with your questions!**  
**Leave with clarity, confidence, and a plan.**

Scan here to register

**Please register only if you can attend; we often have a waitlist.**  
You'll get a reminder to confirm your spot so we can open registration if possible.

PRESENTED BY:  
ANDREA PESIRI, MS ED.  
Youth Educator/Independent Educational Consultant  
Town of Smithtown Youth Bureau

**"This program is endorsed by the Smithtown Youth Bureau, not the local School Districts"**

[Click to View Flyer PDF](#)

[Click Here to Register](#)

# High School: The Real Scoop

## *Volunteer Recruitment*

**THE SMITHTOWN YOUTH BUREAU PRESENTS...**

**HIGH SCHOOL: THE REAL SCOOP VOLUNTEER RECRUITMENT**

**EARN 4 HOURS OF COMMUNITY SERVICE**

Looking for Smithtown H.S. Sophomores, Juniors and Seniors

**MUST ATTEND BOTH DATES!**

**OUR PROGRAM**

Volunteers will be providing information to eighth grade students on all different aspects of high school to help them prepare for this major transition.

**REGISTER TODAY!**

**TRAINING: MAY 27, 2026**  
6 PM - 7:30 PM  
161 EAST MAIN STREET,  
SMITHTOWN, NY 11787

**PROGRAM: JUNE 2, 2026**  
5:30 PM - 8:00 PM  
161 EAST MAIN STREET  
SMITHTOWN, NY 11787

[Register Here](#)

[Click to View Flyer PDF](#)

Do you ever wish you could go back and talk to your middle school self about high school?

***Now's your chance!***

The Smithtown Youth Bureau is inviting Smithtown East and West sophomores, juniors, and seniors to join a student panel to share advice and experiences with local middle school students. Help younger students prepare for high school while earning 4 hours of community service.

### Mandatory Training

Wednesday, May 27th, 2026  
6:00pm-7:30pm

### Event

Tuesday, June 2nd, 2026  
5:30-8:00pm

### Address

Town of Smithtown Horizons Center  
161 E. Main St.  
Smithtown, NY 11780

*Calling All 8th Grade Students in  
the Smithtown School District*

A panel of Smithtown East and West students will share their experiences to help 8th graders navigate their transition into high school. They will discuss the importance of schedule planning, understanding Regents exams, and choosing between honors and AP classes. Panelists will also highlight opportunities to get involved in sports, clubs, and honor societies, while offering advice and answering any questions to help students feel more confident and prepared for this next step.

**Event**

Tuesday, June 2nd, 2026  
6:00-7:30pm

**Address**

Town of Smithtown Horizons Center  
161 E. Main St.  
Smithtown, NY 11780  
*(Back parking lot entrance)*



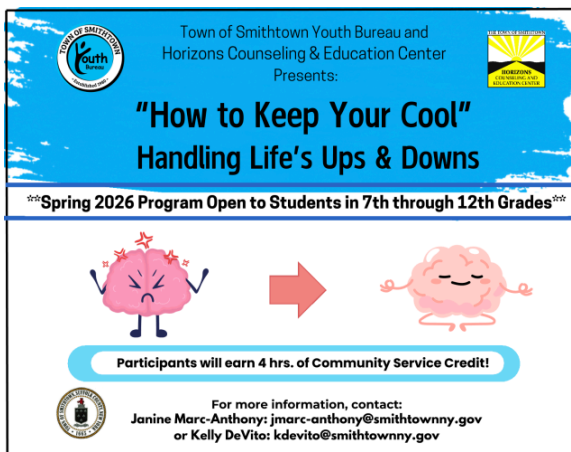
[Register Here](#)

[Click to View Flyer PDF](#)

**"How to Keep Your Cool"**

*Handling Life's Ups & Downs*

**\*\*4 Hours of Community Service Hours are Available\*\***



**"How to Keep Your Cool: Handling Life's Ups & Downs"**

is a practical and engaging workshop designed to help participants manage stress, navigate challenges, and build emotional resilience. Through interactive discussions and simple strategies, attendees will learn how to stay calm under pressure, respond thoughtfully instead of reacting impulsively, and develop healthy coping skills for everyday situations.

**Dates**

Wednesday, May 27th & June 3rd

**Time**

4:30-6:30pm

[Click to View Flyer PDF](#)

[Address](#)  
161 E. Main Street  
Smithtown, NY 11787

[Click Here to Register](#)

Keep Scrolling to See Our *Community Partner Agencies* Volunteer Opportunities!

# National Bike Month

May is recognized as Bike Month, a nationwide celebration established in 1956 by the League of American Bicyclists. Originally created to promote safety and physical fitness, Bike Month has grown into a major movement that highlights the many benefits of biking—from improving personal health to supporting environmental sustainability and building stronger, more connected communities. Throughout the years, the celebration has expanded to include key events such as:

- Bike to Work Week (May 11-17),**
- Bike to Work Day (May 15),**
- National Ride a Bike Day (May 3).**

These events encourage both new and experienced riders to get outside, choose biking as a form of transportation, and advocate for safer, more bike-friendly streets.



**Did You Know?**

Mother's Day always falls on the second Sunday of May, this year it is May 10th. The earliest Mother's Day celebrations were held in Ancient Greece. More phone calls are made on Mother's Day compared to any other day of the year.  
**Happy Mother's Day!**

## Past Program Highlights

### April Events

April was filled with engaging and meaningful programming across our community. Our *Mad Scientist: Project Pucker* event gave young participants the chance to explore hands-on lemon-based experiments, sparking curiosity as they observed exciting reactions in action.

We also brought a study skills program to a local middle school, helping students strengthen organization, time management, and academic strategies for success.

To close out the month, we proudly hosted our *Altruistic Awards Breakfast*,

celebrating outstanding local teens whose ongoing efforts and dedication continue to make a positive impact in our community.



## Happy Memorial Day!

Memorial Day, observed this year on **May 25**, is a time to honor and remember the men and women who lost their lives while serving in the U.S. military. First recognized in 1868 as "**Decoration Day**," communities would gather to decorate the graves of fallen soldiers. It officially became a **federal holiday in 1971**. You can honor Memorial Day by taking a **moment of silence at 3:00 PM**, participating in local events, or displaying the **American flag at half-staff from sunrise until noon**.



This could be yours!!

**We're Hiring**  
**JOIN**  
*our team*

**Youth Services Specialist**  
Part-Time Position  
\$24.45/hr. - 17 ½ hrs. per wk.  
\*Bachelor's Degree required

*Click link for full job description*

[Click Here for More Information](#)

## Town of Smithtown Youth Bureau Enrichment Programs

**OUR PROGRAMS ARE:**

◆ **FREE** ◆  
Fully funded and provided at no cost to you!

◆ **FUN** ◆  
Engaging activities for students

◆ **FLEXIBLE** ◆  
We can accommodate a variety of times and topics

[Click to View Elementary School Programs](#)

[Click to View Girl Scout Badge Programs](#)

[Click to View Middle School Programs](#)

[Click to View High School Programs](#)

[Click to View Full Listing of Available Programs](#)

[Click to View Parent Programs](#)

**Have another relevant program topic in mind?**

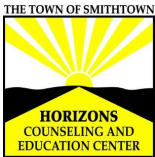
Reach out and let us know what topics your school might be interested in!

**SCHEDULE NOW**

Click Here for Information & Scheduling

*Scheduling is intended for schools and other organizations with groups of 10 or more students.*

## Around the Town: **Smithtown Departments News & Events**



### **Town of Smithtown Horizons Counseling & Education Center**

Horizons Counseling and Education Center is an OASAS-licensed not-for-profit agency funded to provide adolescent & adult treatment, prevention and education services for *drug and alcohol related problems*.

Horizons offers individual & group therapy, medication assisted treatment, mental health care (related to substance abuse), DWI education & more. They also offer research-based prevention programming.

To Learn more about their prevention programs please [click here](#) to contact Kelly Devito.

**631-360-7578 | HORIZONSMAIL@SMITHTOWNNY.GOV**

### Open House: **Horizons & Youth Bureau**

*Join Horizons Counseling and the Smithtown Youth Bureau staff for an open house. Learn about free educational programs, counseling services, and tour the building!*

Date:  
*Friday, May 15th, 2026*

Time:  
*3:00-6:00pm*

Location:  
161 East Main Street  
Smithtown, NY 11787

**\*\*Please bring any expired or unused medication to take back\*\***

**SCAN THE QR CODE FOR MORE INFORMATION!**

**Join us for an Open House!**  
(ALL ARE WELCOME)

**Tour the Building!**

**Learn about FREE Educational Programs for youth and families!**

**Learn more about Horizons Counseling Services!**

**Meet the Team!**

**Light refreshments and snacks will be offered!**

**FRIDAY MAY 15**  
**3:00PM-6:00PM**  
161 EAST MAIN STREET  
SMITHTOWN, NY 11787  
631-360-7578

**Prescription Drug Take-Back**

**SCAN ME!**

Check your medicine cabinet...  
Bring **expired** or **unused medication** and be entered to win a **\$25 gift card!**  
Scan QR Code for more information.

*Click to View Flyer PDF*

**\* Earn 1.5 hours of community service\***

**"IT'S REAL"**  
**MENTAL HEALTH AWARENESS PROGRAM**  
AMERICAN FOUNDATION FOR SUICIDE PREVENTION

TOPICS INCLUDING:

- What mental health is
- How to notice when someone may need help
- Tips for having caring conversations
- Ways to practice self-care
- How to reach out to a trusted adult

OPEN TO HIGH SCHOOL STUDENTS AND THEIR PARENTS  
1.5 HOURS OF COMMUNITY SERVICE IS AVAILABLE

**YOU ARE NOT ALONE. HELP IS AVAILABLE.**

MAY 18<sup>th</sup> 2026  
6:00 PM-7:30 PM  
SMITHTOWN LIBRARY- KINGS PARK BRANCH  
1 CHURCH STREET, KINGS PARK

**REGISTER BELOW**

Please visit <https://tinyurl.com/36za8rnf>

**"It's Real":**

**Mental Health Awareness Program**

**The Smithtown Youth Bureau and Horizons Counseling Center are collaborating with the American Foundation for Suicide Prevention for a Mental Health Awareness Program, "It's Real." Topics will include self-care, noticing when someone needs help, having caring conversations and the basics of mental health.**

**Date:**

**Monday, May 18th, 2026**

**Time:**

**6:00-7:30pm**

**Location:**

**Smithtown Library  
(Kings Park Branch)  
1 Church Street**

[Click to View Flyer PDF](#)

## Community Partner Agency Opportunities:



### Suffolk County Probation Peer Diversion Court

[Click for More Information](#)

**STUDENT VOLUNTEER OPPORTUNITY**  
SUFFOLK COUNTY PEER DIVERSION COURT  
VOLUNTEER, GAIN EXPERIENCE, AND EARN COMMUNITY SERVICE HOURS

Tuesdays & Thursdays  
3:00-5:00 PM  
at 320  
Carleton Ave  
Suite 1700  
Central Islip  
NY 11722

Application period from July 1st through September 25th. Applicants will be screened.

Must attend training on October 20th and 22nd from 3:00-5:00PM at the H. Lee Dennison Building

**CONTACT**  
probationpdc@suffolkcountyny.gov

**FOR AN APPLICATION**  
\*for grades 9th-12th\*

Must attend one of the Mock Hearings held on 10/27 & 10/29 OR 11/10 & 11/12 320 Carleton Ave. Central Islip Suite 1700

Get trained to serve as attorneys, jurors, and court personnel. Meet Judges & Litigation Attorneys!

*Apply Now*



### Smithtown Historical Society Volunteers

Reliable volunteers are **NEEDED**. No experience necessary!

Adults needed. Students ages 10-18 welcome *with adult accompanying them*.  
Community Service Credit available.



### Smithtown Library Teen Volunteer Opportunities

[Click Here To View](#)

Library teen volunteer opportunities are open to those in grades 6-12 (up to age 18), unless otherwise noted.

Email for More Info and to Register

The library also offers **one-hour volunteer sessions by appointment!** Teens can spend time at the Library working on a variety of projects to help make a difference in our community. **Teens may schedule up to two time slots per month.** For more information or to schedule a session, **contact any Reference Desk.**



### Community Service Programs

#### "Be Our Guest" Program

[Click Here for More Info](#)

#### "Shack Pack" Program

[Click Here for More Info](#)

#### "Birthday in a Bag" Program

[Click Here for More Info](#)



[Click Here for Volunteer Application](#)

#### Youth volunteers needed! No experience necessary!

If any youth ages 16 and over would like to volunteer with the St. Johnland Nursing Center in Kings Park, please fill out the application.

**For all events and programs hosted by community partners other than the Town of Smithtown Youth Bureau, please contact them directly to verify event details in case of date/time changes.**



#### Causes for Kids Coffee Bar Learning Center Volunteer Opportunities

[Click Here for More Information](#)

Causes for Kids is a non-profit organization ran by a passionate team of educators, business owners and professionals dedicated to providing high-quality education in business, finance, and financial literacy to ages 13+.

They are looking for high school and college volunteers to assist with their coffee bar located at:  
**260 Smithtown Blvd, Suite 9A  
Nesconset, NY 11767**

# ARE YOU IN NEED OF VOLUNTEER HOURS?

# DOES YOUR GROUP/AGENCY NEED VOLUNTEERS?

Become a Town of Smithtown Youth Bureau **Volunteer Corps Members** and receive **priority notification** of all volunteer opportunities offered!

The Youth Bureau is interested in **partnering with local groups and organizations** to promote volunteer opportunities for youth and families in the community

[Click to Apply](#)

[Click to Apply](#)

## CHECK OUT THESE ADDITIONAL RESOURCES :

[TOS Youth Bureau Website](#)

[TOS Youth Bureau Brochure](#)

[TOS Official Website](#)

[TOS Horizons Center Website](#)

[TOS Recreation Department Website](#)

[988 Hotline](#)

[Macaroni Kid](#)

[SSC Behavioral Health](#)

[Association for MHAW](#)

[NY Metro Parents](#)

[WDI](#)

[Child Care Subsidy](#)

[NYS OMH](#)

[Click Here For More](#)



### Smithtown Children's Foundation

The SCF provides financial and emotional support to children & families within our Smithtown community.

[Visit their Website](#)



161 E. Main Street  
Smithtown, NY 11787  
Phone: (631) 360-7595  
Fax: (631) 360-7687  
[youthbureau@smithtownny.gov](mailto:youthbureau@smithtownny.gov)



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