



**FROM THE DESK OF MARIANNE DUFFY R.N.**  
**631-382-4510**

**ALLERGIES AND ILLNESS** – Please inform the health office of any allergies or chronic illnesses your child has. All health information must be communicated to the health office by the parent.

**ATTENDANCE** – If your child is going to be absent from school, please inform the Health Office by 9:00 a.m. In addition, please send your child with a note as to the reason why he/she was absent upon his/her return to school. Please notify the Health Office if your child has a significant illness or a communicable disease.

**PHYSICAL EXAMINATIONS** – are mandated for children entering grades Kindergarten, 1<sup>st</sup>, 3<sup>rd</sup>, 5<sup>th</sup> and all new students.

**INJURIES** - If your child cannot participate in gym, this restriction must also include recess. A doctor's note is required for specific dates to stop and then resume gym. A parent's note is not an acceptable excuse to sit out of gym or recess. If your child is in a cast or using crutches, a doctor's note is required with an explanation of the injury or condition. To request Special Transportation a doctor's note with your child's diagnosis, the request for special transportation (a mini bus) and the length of time it will be needed must be received by the Health Office before the request can be processed.

**MEDICATION** – If medication is to be taken during school hours, there are specific forms available in the Health Office that must be filled out by the physician and the parent. This includes "as needed" medications such as Benadryl, Epi-pens and inhalers. Medication must be in a labeled prescription bottle and locked in the Health Office. This policy also extends to over-the-counter medications such as lozenges, Tylenol, nasal sprays, etc.

No student will be permitted to carry medication on their person. All medication must be taken home in June. If it is not picked up, it will be discarded. **Only adults may bring in or take home medicine.** This is a safety measure.

**KINDERGARTEN & FIRST GRADES**- Please send a complete change of clothing including underwear, in a ziplock bag to be kept in your child's cubby.

**EMERGENCY CONTACTS** – Please update contacts in the Parent Portal. In addition to parents, please be certain to have at least two additional emergency contacts that are available to pick your child up in a timely matter if they are sick. In the event of an injury, I will evaluate your child and give you my opinion as the school nurse. I will not diagnose your child so I ask that you please pick up your child and have them evaluated by a medical doctor.

**ALLERGIES** – If your child has a nut allergy, please notify the health office if you would like them to be seated at the nut-free table in the cafeteria.