



# Smithtown Central School District Accompsett Elementary School

1 Lincoln Street, Smithtown, NY 11787

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Principal  
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Dear Accompsett Families,

We strongly encourage our students to read on a regular basis over the summer. This prevents the loss of skill development or “summer slide” as it is more commonly referred to. In conjunction with our student summer reading initiative, this summer I would like to begin a parent reading initiative and model the behavior that we want to see in our students.

The Anxious Generation: How the Great Rewiring of Childhood Is Causing an Epidemic of Mental Illness by Jonathan Haidt has recently become a best selling book and is the “talk of the town” in the world of education and parenting. Jonathan Haidt is an American social psychologist and author. He is the Thomas Cooley Professor of Ethical Leadership at the New York University Stern School of Business. The Anxious Generation explores the impact of smartphones on young minds. This fall we will hold a workshop to discuss our impressions of the book and how we can use the information to best support our students.

Throughout the summer I will be checking my email periodically. Feel free to email me as you dive into the text. I look forward to learning with you this summer.

Best,

Tim Hellmuth  
Principal