## NORTHWELL SCHOOL MENTAL **HEALTH PARTNERSHIP**

## COMMUNITY **EDUCATION SERIES** 2024-2025



**Topic:** Raising Confident and Competent Kids:

Fostering Self-Esteem and Resilience

**Presenter:** Zoya Popivker, DO Date: Thursday, September 19th, 2024

**Time:** 12:00 PM – 1:00 PM

**Registration:** Click here or scan the QR Code

**Topic:** Empowering Parents: Setting Limits

with Love and Consistency

Presenter: Scott Falkowitz, DO Date: Thursday, October 24th, 2024

**Time:** 12:00 PM – 1:00 PM

**Registration:** Click here or scan the QR Code

**Topic:** Beyond the Prescription: A Parent's Guide

to Safe Medication Practices

**Presenter:** Kevin Qosja, MD/Scott Falkowitz, DO

Date: Thursday, November 21st, 2024

**Time:** 12:00 PM – 1:00 PM

**Registration:** Click here or scan the QR Code

**Topic:** The Power of Belonging: Helping Kids

Thrive in Social Settings

**Presenter:** Anne Van der Veer Date: Thursday, December 12th, 2024

**Time:** 12:00 PM – 1:00 PM

**Registration:** Click here or scan the QR Code

**Topic:** Striking a Balance: Healthy Screen

Habits in the Digital Age Presenter: Vera Feuer, MD

**Date:** Thursday, January 9<sup>th</sup>, 2025

**Time:** 12:00 PM – 1:00 PM

**Registration:** Click here or scan the QR Code



Frequently Asked Questions:

Is registration required for this program?

Yes. Registration is required for this webinar. Please use the link or QR code to complete registration.

Questions? Please email: SchoolMentalHealth@northwell.edu

**Topic:** Supporting Your Child in Athletics

Presenter: Daniella Burns, LMHC Date: Thursday, February 13th, 2025

**Time:** 12:00 PM – 1:00 PM

**Registration:** Click here or scan the QR Code

**Topic:** Managing Academic Stress

Presenter: Vera Feuer, MD

Date: Thursday, March 13<sup>th</sup>, 2025 **Time:** 12:00 PM – 1:00 PM

**Registration:** Click here or scan the QR Code

**Topic:** Sleep Well, Learn Well: Healthy Sleep Habits for

Children and Teens

Presenter: Pouria Farhoomandi, MD Date: Thursday, April 10<sup>th</sup>, 2025 **Time:** 12:00 PM – 1:00 PM

**Registration:** <u>Click here</u> or scan the QR Code

**Topic:** Parent Management Training

Presenter: Wendy Paisner, Psy.D Date: Thursday, May 8th, 2025 **Time:** 12:00 PM – 1:00 PM

**Registration:** Click here or scan the QR Code

**Topic:** Life After High School OPWDD, OMH, PRE-ETS, ACCES

Presenter: Teri Hughes, LMHC **Date:** Thursday, June 5<sup>th</sup>, 2025 **Time:** 12:00 PM – 1:00 PM

**Registration:** Click here or scan the QR Code

















The webinar information will be sent to you after you register. Please do not share this information with others.

## Will this session be recorded?

Due to the interactivity that we encourage during these lunch and learn sessions, to protect our participants privacy, we do not record these sessions. For recorded sessions, please visit our YouTube channel here.