DASA is the Dignity for All Students Act. The intent of the Dignity Act is to provide all public elementary and secondary school students with a safe and supportive environment free from discrimination, harassment, bullying, taunting, or intimidation, as well as to integrate civility, citizenship, and character education into the public school curriculum.

The Dignity Act was signed into law on September 13, 2010 and took effect on July 1, 2012. Amendments to the act are effective as of July 1, 2013.

The Dignity Act also amended Section 801-a of New York State Education Law regarding instruction in civility, citizenship, and character education by expanding the concepts of tolerance, respect for others and dignity to include: an awareness and sensitivity in the relations of people, including but not limited to, different races, weights, national origins, ethnic groups, religions, religious practices, mental or physical abilities, sexual orientations, gender identity, and sexes.

http://www.p12.nysed.gov/dignityact

School Phone Numbers

Smithtown East Main Office- 631-382-2705 Smithtown West Main Office- 631-382-2905 Accompsett Middle Main Office- 631-382-2305 Great Hollow Middle Main Office- 631-382-2805 Nesaquake Middle Main Office- 631-382-5105 Accompsett Elementary Main Office- 631-382-4155 **Dogwood Elementary** Main Office- 631-382-4255 Mills Pond Elementary Main Office- 631-382-4305 Mt Pleasant Elementary Main Office- 631-382-4355 **Smithtown Elementary** Main Office- 631-382-4505 St. James Elementary Main Office- 631-382-4455 **Tackan Elementary** Main Office- 631-382-2675

District-Wide Coordinator: Kevin Colon Administrator for Guidance and Related Student Services 631-382-2014

DASA documents & the Bullying Reporting Form can be found @ www.smithtown.k12.ny.us



Dignity For All Students Act

A Guide for Students



What is bullying?

Bullying is unwanted, aggressive behavior among school aged children that involves a real or perceived power imbalance. The behavior is repeated, or has the potential to be repeated, over time. Bullying includes actions such as making threats, spreading rumors, attacking someone physically or verbally, and excluding someone from a group on purpose.



Types of bullying:

- Verbal: This type of bullying usually involves name calling and or teasing
- Social: Spreading rumors, intentionally leaving others out of activities on purpose, breaking up friendships are all examples of social bullying.
- **Physical:** This traditional form of bullying involves hitting, punching, shoving and other acts of intentional physical harm.
- **Cyberbullying:** This method of bullying involves using the Internet, texting, email and other digital technologies to harm others.

Characteristics of a bully:

- Imbalance of power: Typically those who engage in bully-like behaviors use their strength, popularity or power to harm, control or manipulate others. They will usually target those who are weaker in size or may have a difficult time defending themselves.
- Intent to cause harm: A bully is a person who does not do things by accident. The bully intends to physically or emotionally injure a person or group of persons.

"No one can make you feel inferior without your consent." -Eleanor Roosevelt



Characteristics of a bully continued:

• Repetition

Typically incidents of bullying are not a one-time thing. Bullies target the same person or group over and over again.

*http://www.bullyingstatistics.org/content/cyberbullying.html

What is cyberbullying?

Cyberbullying is bullying that takes place using electronic technology. Examples of cyberbullying include mean text messages or emails, rumors sent by email or posted on social networking sites, and embarrassing pictures, videos, websites, or fake profiles.

There are some things that may make a student feel as though he/she is being bullied but are not classified as bullying. For example:

Typical Peer Conflict

1. Equal power between students

2. Students involved may be friends

Negative actions do not follow a pattern
Conflict non pre-meditated and no real

intention to cause harm

5. Both students play an active role.

Accidents or Misunderstandings

- 1. Someone says something and didn't know it would upset you, apologizes
- 2. Person is sad that you are upset

3. Someone borrows something without asking but gives it back when asked to

4. A person accidently bumps into you or pushes past you, and says "sorry"

5. A person doesn't agree with everything you say but respects your opinion

*Isabel Burk, Director the Health Network Dignity Act Specialist

What should a student do if he/she is being bullied?

All employees of Smithtown Central School District are mandated reporters of the Dignity For All Students Act. If a student is being bullied contact someone immediately.

Who should a student contact if he/she is being bullied?

- Teacher
- School Counselor
- Social Worker
- Parent
- DAC Team at your school
- Administrator