

## 2024-25 West Fall Try-Out Information

**Boys Cross Country – Coach Peter Schieck ([pschieck@smithtown.k12.ny.us](mailto:pschieck@smithtown.k12.ny.us)) 631-708-5772**

*2016, 2017, 2018, 2019 Suffolk County Champions  
2017, 2018, 2019, 2020, 2021, 2022, 2023 League I Champions*

Welcome to Smithtown Cross Country! We are currently recruiting athletes of all ability levels. We promote cross country as a team running sport, and the boys work together and create bonds that last well beyond high school. Running is also a lifetime activity that can be enjoyed virtually anywhere. Athletes who participate in other sports can use cross country as a fitness springboard. The team is combined with HSE and HSW athletes, and the boys enjoy lasting friendships with their teammates on the other side of town. If your son is interested, the season begins on 8/24 and continues until early November. Please see below for important information for the summer and fall.

### **Remind Group:**

Join the remind.com group for details by texting **@sbxc24 to 81010**. I text information/updates regularly throughout the summer and fall.

### **Summer Training:**

Starting on July 8th, we will have optional meetings throughout the summer every Monday, Wednesday, Friday at 8-9:15 AM at NYA, and Saturday 8-9:30 AM at Sunken Meadow.

### **Booster Club Camp (8/19-8/23):**

Register here. We use this as a springboard for our season. Much of the entry fee comes back to the team to use for gear, food, drink, etc.

<https://www.smithtownboosterclub.com/>

### **First Week of the Season:**

Monday, 8/26/24, at NYA from 8:00-10:00 AM

Tuesday, 8/27/24 at NYA 8-10 AM (Varsity Returns to Sunken Meadow at 6PM)

Wednesday, 8/28/24 at NYA 8-10 AM

Thursday, 8/29/24 at NYA 8-10 AM (Varsity Returns to Sunken Meadow at 6PM)

Friday, 8/30/24 Off

Saturday, 8/31/24 at Sunken Meadow 8-10 AM

Sunday, Off

\*Bring water/sports drink, running shoes, yoga mat or towel, running watch.

### **Cross-town Travel:**

Once school starts, our schedule is as follows: Monday and Friday at East, Tuesday and Thursday at Sunken Meadow, Wednesday at West. There will be a shuttle bus across town when we practice at the schools. There is no return bus to the schools after practice when we practice at the schools. There is a return bus for all Sunken Meadow practices. Saturday practice venue varies from week to week.

### **Boys' Golf – Coach Chandler ([achander@smithtown.k12.ny.us](mailto:achander@smithtown.k12.ny.us))**

It is with great anticipation that our coaching staff at Smithtown announces its first organizational meeting for the upcoming fall 2023 season. The meeting will be held on August 26st outside the Smithtown Landing clubhouse at 3:00 pm. We will explain try-out procedures, collect permission and code of conduct forms, and answer any questions that you might have. (No clubs necessary for this meeting.)

Try-outs for the boys' varsity and junior varsity golf team will start on August 27<sup>th</sup> and continue on the 28<sup>th</sup> and 29<sup>th</sup> at Smithtown Landing Country Club. Try-outs/practice will continue on August 29<sup>th</sup>, 30<sup>th</sup> and 31<sup>st</sup>. Tee times will be explained at the meeting. Please dress appropriately. Collared shirts must be tucked into Bermuda length shorts. Hat or visors must be worn straight. You must wear a belt. Jeans, sweat pants or tee shirts of any sort are not permitted.

The School will not provide transportation for any of the Middle Schools\*. It is the family's responsibility to provide transportation to and from the golf course. High School students will be provided a one way shuttle to Smithtown Landing. That bus leaves from the visitor's entrance every day at 2:10. All golfers are to be picked up at Landing at the conclusion of practice or a match.

If your last physical was prior to August 2023 you must download the physical form and get an updated physical. Make sure you have an account set up on Final Forms. All forms must be signed on Final Forms before you can participate

If you have any questions or concerns please email Coach Chandler at [achandler@smithtown.k12.ny.us](mailto:achandler@smithtown.k12.ny.us). We trust that you will play a lot of golf this summer - preferably tournament golf. Take advantage of the outstanding junior programs offered at Landing. Enjoy your summer, and we look forward to your trying out for the school team.

\*Any MS student who wants to try out for the HS team must be Board Approved. Please contact Lorraine Quigley @ the Athletic Office (631-382-2100 or [lquigley@smithtown.k12.ny.us](mailto:lquigley@smithtown.k12.ny.us)) for the necessary paperwork.

### **Boys Soccer – Coach Gercke ([agercke@smithtown.k12.ny.us](mailto:agercke@smithtown.k12.ny.us))**

Monday 8/26 - Friday 8/30 at the HSW soccer field.

7:30-10am and 5pm-7pm, both sessions each day are mandatory.

Bring: Cleats, shin guards, water, sunscreen, and running shoes everyday.

### **Boys Volleyball – Coach Legge ([mlegge11@gmail.com](mailto:mlegge11@gmail.com))**

Monday 8/26 through Friday 8/30 7:30 AM until 10:00 AM and 5:00 PM to 8:00 PM

Saturday 7:30 AM – 10:00 AM

### **Cheerleading –**

#### **Pre Tryout Sessions**

Monday August 19<sup>th</sup> and Tuesday August 20<sup>th</sup>

7-9 AM

These 2 dates are where the athletes will learn the tryout material

#### **Tryouts: (In person only, no video submissions please)**

Monday August 26<sup>th</sup>- stunt tryout and review of material

7-9 am

Tuesday August 27<sup>th</sup>- tumbling, jump, tryout material

7am- finish, athletes will get a time slot

Team announcements will hopefully be announced 8/27 by noon on the band app

*\*First practice for Varsity and JV will be the evening of 8/27*

**Field Hockey – Coach Link (llink@smithtown.k12.ny.us)**

Tryouts - 8/26 - 9/1 at West Turf

All players should bring a field hockey stick, mouth guard, shin guards, turf shoes or cleats, sneakers, sunscreen and water.

Parents and Athletes should sign up on Remind by texting 81010 the following code: @667374

Monday, 8/26: Tryouts 6:30-9:30am  
Tuesday, 8/27: Tryouts 6:30-9:30am  
Wednesday, 8/28: Tryouts 6:30-9:30am  
Thursday, 8/29: Practice 6:30-9:30am  
Friday, 8/30: No Practice  
Saturday, 8/31: Practice 6:30-9:30am  
Sunday, 9/1: Practice 9-11am  
Monday, 9/2: Practice 5-7pm

**Football – Coach Perrino (cperrino02@smithtown.k12.ny.us)**

Varsity Football and JV Football at West will begin on Monday, August 19

***VARSITY***

Monday 19 2 Practice 7:30 to 10 AM / 5 to 8 PM  
Tuesday 20 2 Practice 7:30 to 10 AM / 5 to 8 PM  
Wednesday 21 2 Practice 7:30 to 10 AM / 5 to 8 PM  
Thursday 22 2 Practice 7:30 to 10 AM / 5 to 8 PM  
Friday 23 = 2 Practice 7:30 to 10 AM / 5 to 8 PM  
Saturday 24 1 Practice 7:30 to 10 AM

Monday 26 2 Practices 7:30 to 10 AM / 5 to 8 PM  
Tuesday 27 2 Practices 7:30 to 10 AM / 5 to 8 PM  
Wednesday 28 2 Practices 7:30 to 10 AM / 5 to 8 PM  
Thursday 29 2 Practices 7:30 to 10 AM / 5 to 8 PM  
Friday 30 2 Practices 7:30 to 10 AM / 5 to 8 PM  
Saturday 31 1 Practice 7:30 to 10 AM

***JUNIOR VARSITY***

Monday 19 1 Practice 7:30 to 10 AM  
Tuesday 20 1 Practice 7:30 to 10 AM  
Wednesday 21 1 Practice 7:30 to 10 AM  
Thursday 22 2 1 Practice 7:30 to 10 AM  
Friday 23 = 1 Practice 7:30 to 10 AM  
Saturday 24 1 Practice 7:30 to 10 AM

Monday 26 1 Practice 7:30 to 10 AM  
Tuesday 27 2 Practics 7:30 to 10 AM / 5 to 8 PM  
Wednesday 1 Practice 7:30 to 10 AM  
Thursday 29 2 Practics 7:30 to 10 AM / 5 to 8 PM  
Friday 30 1 practice TBD  
Saturday 31 1 Practice 7:30 to 10 AM

**Girls Cross Country - Coach Bayne (RiseAgain82@aol.com)**

Season Starts August 26th

Monday, Wednesday & Friday @ East at 8-10 am  
Tuesday, Thursday & Saturday @ West at 8-10 am

The week of September 2nd

Monday, Wednesday, Friday & Saturday @ East

Tuesday & Thursday @ Sunken Meadow Park in Field 4! (Picnic Area)

Please join the remind group by texting the #81010 the following code @2024smi

**Girls Gymnastics – Coach Berroyer (jberroyer@smithtown.k12.ny.us)**

Tryouts: @ HS East

8:00-10:00 am 8/26, 8/27, 8/28, 2/29, 8/30, 8/31, 9/3, 9/4,

2:45-4:45 pm 9/5 and on

First competition is 9/10- in order to be eligible to compete in that meet, the gymnast needs at least 10 practices prior.

**Girls Soccer – Coach Fey (efey@smithtown.k12.ny.us)**

Location: High School West Soccer Fields

- All athletes trying out should bring cleats, running sneakers, shin guards and water to each session.

Monday - August 26:

AM Session - 7:30 AM - 9:30 AM

PM Session - 5:00 PM - 7:00 PM

Tuesday - August 27:

AM Session - 7:30 AM - 9:30 AM

PM Session - 5:00 PM - 7:00 PM

Wednesday - August 28:

AM Session - 7:30 AM - 9:30 AM

PM Session - 5:00 PM - 7:00 PM

Thursday - August 29:

AM Session - 7:30 AM - 9:30 AM

Friday - August 30:

AM Session - 7:30 AM - 9:30 AM

Saturday - August 31:

AM Session - 7:30 AM - 9:30 AM

**Girls Swimming – Coach Montalvo (smonte1224@gmail.com)**

8/26 @ Hauppauge High School

7:30-9am Divers

4-5:45pm Swimmers

**Girls Tennis – Coach Bodo (cbodo@smithtown.k12.ny.us)**

August 26 7:30-10

August 27-30 7:30-9:30

Saturday's 8-10.

All other information can be found on the Tennis Google Classroom code **pduvq5i**

**Girls Volleyball – Coach Brown (dbrown@smithtown.k12.ny.us)**

Mon 8/26 – Wed 8/28 7:00 am – 10:00 am AND 5:00 pm – 8:00 pm

Thurs 8/29 – Sat 8/31 7:00 am – 10:00 am

