

## Middle School Sports- Tryout Information Spring 2026

**Final Forms Registration is open until 3/31/2026**

### Combined Teams

Sport	First Day of Tryouts	Coach	Email	Information
<b>Gymnastics</b> (GHMS, NMS and AMS)  Plays @HS EAST, Shuttle Bus 3:00PM from EACH Middle School that will transport to HS EAST (DROP ONLY)	Monday 3/30	Natalie Delligatti	ndelligatti@smithtown.k12.ny.us	Must be registered and cleared on FinalForms to play.
<b>Boys Tennis (RED)</b> GHMS/NMS  Plays @HS EAST, Shuttle Bus 3:00PM from EACH Middle School that will transport to HS EAST (DROP ONLY)	Monday 3/30	Joe Toth	jtoth@smithtown.k12.ny.us	Must be registered and cleared on FinalForms to play. Be prepared for outdoor practice. Please wear layers. Equipment needed: Racket, sneakers, athletic attire.
<b>Boys Tennis (BLUE)</b> GHMS/AMS  Plays @HS WEST, Shuttle bus from GHMS to West HS 3:00PM (DROP ONLY)	Monday 3/30	Dan Rouse	drouse@smithtown.k12.ny.us	Must be registered and cleared on Final Forms to participate on the courts for practice. Must have sneakers, racket, athletic attire and water bottle.

### Nesaquake Middle School

Sport	First Day of Tryouts	Coach	Email	Information
<b>Softball</b>  Plays @Gaynor Park, Bus Shuttle 3:00PM (DROP ONLY)	Monday 3/30	Amanda Valente	avalente@smithtown.k12.ny.us	Must be cleared on Final Forms. Be prepared for indoor and outdoor practice. Bat, glove, cleats, sneakers, softball pants, hat, water bottle.
<b>Baseball</b> Plays @Gaynor Park, Bus Shuttle 3:00PM (DROP ONLY)	Monday 3/30	Jon Feiler	jfeiler@smithtown.k12.ny.us	Must be cleared on Final Forms and have all the proper baseball equipment.

Boys Lacrosse	Monday 3/30	Stephen Costello	scostello@smithtown.k12.ny.us	Must be registered and cleared on FinalForms to play. Be prepared for outdoor and indoor practice. Full Equipment needed and a water bottle.
Girls Lacrosse	Monday 3/30	Carisa Eye	ceye@smithtown.k12.ny.us	Must be registered and cleared on FinalForms to play. Be prepared for outdoor and indoor practice. Equipment needed: stick, goggles, cleats, sneakers, mouthguard, waterbottle, athletic attire.
Boys Track and Field	Monday 3/30	Brian Betancourt	bbetancourt@smithtown.k12.ny.us	Must be cleared on Final Forms. <b>** There will be a Pre-Season meeting, after school, on 3/18. Please make every effort to attend.</b>
Girls Track and Field	Monday 3/30	Steve Jenkins	sjenkins@smithtown.k12.ny.us	Must be cleared on final forms. <b>** There will be a pre-season meeting on 3/18 after school. Please make every effort to attend.</b>

#### Accompsett Middle School

3/30Sport	First Day of Tryouts	Coach	Email	Information
Softball	Monday 3/30	Ashley Marchese	amarchese@smithtown.k12.ny.us	Be ready for inside or outside practice. Bat, glove, cleats, sneakers, softball pants and water bottle.
Baseball	Monday 3/30	Dillon Archer	darcher@smithtown.k12.ny.us	Must be cleared on Final Forms. Be prepared for indoor and outdoor practice. Bat, glove, cleats, sneakers, baseball pants, hat, water bottle.

Boys Lacrosse	Monday 3/30	Joe Stapleton	<a href="mailto:jstapleton@smithtown.k12.ny.us">jstapleton@smithtown.k12.ny.us</a>  Google Classroom 7cguibx7	Must be registered and cleared on FinalForms to play. Be prepared for outdoor and indoor practice. Full Equipment needed and a water bottle.
Girls Lacrosse	Monday 3/30	Jamie Romito	<a href="mailto:jromito02@smithtown.k12.ny.us">jromito02@smithtown.k12.ny.us</a>	Must be registered and cleared on FinalForms to play.
Boys Track and Field	Monday 3/30	Cindy Wood	<a href="mailto:cwood@smithtown.k12.ny.us">cwood@smithtown.k12.ny.us</a>	Must be registered and cleared on FinalForms to play.  Dress in layers (shirts/shorts+sweats+jacket). Wear running shoes. Water bottle
Girls Track and Field	Monday 3/30	Roger Smith	<a href="mailto:rsmith05@smithtown.k12.ny.us">rsmith05@smithtown.k12.ny.us</a>	Must be registered and cleared on FinalForms to play.  Dress in layers (shirts/shorts+sweats+jacket). Wear running shoes. Water bottle & Snack

#### Great Hollow Middle School

Sport	First Day of Tryouts	Coach	Email	Information
Softball	Monday 3/30	Neil Murtha	<a href="mailto:nmurtha@smithtown.k12.ny.us">nmurtha@smithtown.k12.ny.us</a>	Must be registered and cleared on FinalForms to play.
Baseball(Red)	Monday 3/30	Jim Saladino	<a href="mailto:jsaladino@smithtown.k12.ny.us">jsaladino@smithtown.k12.ny.us</a>	Must be cleared on Final Forms and have all the proper baseball equipment.
Baseball (Blue)	Monday 3/30	Michael Agostino	<a href="mailto:magostino@smithtown.k12.ny.us">magostino@smithtown.k12.ny.us</a>	Must be cleared on Final Forms and have all the proper baseball equipment.

Boys Lacrosse	Monday 3/30	Dave Andreas	dandreas@smithtown.k12.ny.us	Must be registered and cleared on FinalForms to play. Be prepared for outdoor and indoor practice. Full Equipment needed and a water bottle.
Girls Lacrosse	Monday 3/30	Denise Daly Kelly Aiello	ddaly@smithtown.k12.ny.us kaiello@smithtown.k12.ny.us	Must be registered and cleared on FinalForms to play.
Boys Spring Track	Monday 3/30	Ari Sillam	asillam@smithtown.k12.ny.us	Must be registered and cleared on FinalForms to play.  Warm clothing- Layers Sneakers Water Snack
Girls Spring Track	Monday 3/30	Kerri McDonald	kmcdonald@smithtown.k12.ny.us	Must be registered and cleared on FinalForms to play.