

Spring High School Sports

Combined Team (East and West)

Sport	First Day of Tryouts	Coach	Email	Information
Girls JV Golf	3-10-2026	Henry Kilroy	Henroy@aol.com	Tryouts will be at Smithtown Landing CC
Girls Varsity Flag Football	3-9-26	Perrino Busold	cperrino02@smithtown.k12.ny.us	*pending building use approval - player meeting dates scheduled for next Tues, 2/3 @ HSE & Thurs, 2/5 @ HSW
Girls JV Flag Football	3/9/26	Kelly Brouthers & Lauren Link	kbrouters@smithtown.k12.ny.us & llink@smithtown.k12.ny.us	*pending building use approval - player meeting dates scheduled for next Tues, 2/3 @ HSE & Thurs, 2/5 @ HSW

Smithtown High School East

Sport	First Day of Tryouts	Coach	Email	Information
Boys Badminton	3/9/26 2:20pm HS East GYM	Coach Menendez (HS East Social Studies Department)	mmenendez@smithtown.k12.ny.us	New Players Welcomed! Racquet provided if needed. Wear shorts, T shirt, sneakers.
Girls Badminton	3/9/26 2:20pm HS East GYM	Coach Hart (HSE Science Department)	jhart@smithtown.k12.ny.us Google Classroom Code oia6xy5	New Players Welcomed! Racquet provided if needed. Wear shorts, a T-shirt and court shoes.
Baseball	3/9	Robert Christensen Assistant : Rich Hutter JV : Justin Fren	RChristensen@smithtown.k12.ny.us jfren@smithtown.k12.ny.us	Tryouts will be weather dependent. If weather allows, we will be outside beginning at 2:45 until 5:30 ish. If the weather does not allow us to go outside, we must be flexible with gym space and time, which will change daily. I will announce these as I find out the information.
Girls Golf	3/10	Coach Woods	rwoods@smithtown.k12.ny.us	3/10 - 3:00 meeting at Smithtown Landing for both parents and students
Boys Lacrosse	3/7 3/9	Var-Kevin Huff	• Khuff@smithtown.k12.ny.us	-Var. Indiv. Meets. Times TBA -Var. practice Turf-TBA

	3/9	JV-Greg Lauri	<ul style="list-style-type: none"> • Glauri@smithtown.k12.ny.us 	JV practice TBA
Girls Lacrosse	3/9/26	BrieClaire Sheehy	bsheehy@smithtown.k12.ny.us	<p>Varsity & JV</p> <p>3/9 - 3/11 5:00 - 7:00 PM HSE TURF</p>
Softball	3/9/26	Glenn Roper Rob Aplin	groper@smithtown.k12.ny.us	<p>2:30-5:00 weather permitting check google classroom for updates</p>
Boys Spring Track	3/9/26	Mark Jackett	mjackett@smithtown.k12.ny.us	
Girls Spring Track	3/9/26	Anastasia Bayne, Helen Flynn, Brian Willman	abayne@smithtown.k12.ny.us Hflynn@smithtown.k12.ny.us Bwillman@smithtown.k12.ny.us	<p>Pre Season Meeting in Old Gym on 3/2/26. Please join remind, code: @hsegirlssp Practice Starts 3/9/26 @ 2:15 pm in Old Gym</p>
Boys Tennis	3/9/26	Varsity-Coach Schiraldi JV-Coach Ginsberg	jschiraldi@smithtown.k12.ny.us sginsberg@smithtown.k12.ny.us	<p><u>Google Classroom code:</u> wgowddh</p>

Smithtown High School West

Sport	First Day of Tryouts	Coach	Email	Information
Boys Badminton	3/9	Tim Murphy	tmurphy@smithtown.k12.ny.us	TBD
Girls Badminton	3/9 in the main gym at HSW	Louis Bontempo	lbontempo@smithtown.k12.ny.us	There are no "tryouts". Who wants to play badminton can join.
Baseball	3/9	Coach Gunsel (JV) Coach Nucci Varsity	cgunsel@smithtown.k12.ny.us anucci@smithtown.k12.ny.us	JV: Jv field outside 2:45-5pm Varsity Baseball Field 3:00 - 5:30 Weather: Aux Gym and times will vary 5:00 - 10:00
Girls Golf	3/10	Coach Klee	kklee@smithtown.k12.ny.us	Smithtown Landing 3pm
Boys Lacrosse	3/9	JV-Mike Brouthers	mbrouthers@smithtown.k12.ny.us	Practice everyday @2:15
	3/9	V-Matt Schultz	mschultz@smithtown.k12.ny.us	Varsity practice: TBA
Girls Lacrosse	3/9	V-Vincenza Daniels	vdaniels@smithtown.k12.ny.us	JV/Varsity will meet at 2:15 at the HS West Turf for the first day.

				Remind Code: wglax2526 Final information will be sent out via final forms email.
Softball	March 9th	Coach Forman Coach Miller	mforman@smithtown.k12.ny.us sbcoach@optonline.net	Please join our Remind: Class code - @hssoft26 For up to date information and changes due to weather.
Boys Spring Track	3/9	Coach Vessichio	jvessichio@smithtown.k12.ny.us	Practice first day will be meeting in gym lobby. Dress to go outside. Please join Remind: Code-@jvessic
Girls Spring Track	March 9th	Coach Stein Coach Cerullo	dstein@smithtown.k12.ny.us pcerullo@smithtown.k12.ny.us	Pre Season Informational Meeting Wednesday March 4th 2:30pm G Cafeteria First Day we will start on Track at 2:20 have gear for all the weather conditions
Boys Tennis	3/9	Coach Ketcham Coach Toth	mtoth@smithtown.k12.ny.us	Tryouts will start 3/9 Time and location will be updated based on the weather. Final information will be sent out via final forms email. Make sure to join remind Remind code Text 81010 @20ten22