

SMITHTOWN CENTRAL SCHOOL DISTRICT
ADULT EDUCATION



Spring 2026

SPRING 2026 CONTINUING EDUCATION CALENDAR *

M	T	W	TH	F
FEBRUARY				
23	24	25	26	27
March				
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31			
April				
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	
May				
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29
JUNE				
1	2	3	4	5
8	9	10	11	12

NO CLASSES HELD AT ALL LOCATIONS

* See pages 16 & 17 for Adult Basic Education.

SCHOOL CLOSINGS AND DELAYS

Check the school district website @ www.smithtown.k12.ny.us. If the Smithtown School District is closed or afternoon activities are cancelled, Adult Education classes are also cancelled. If there is a delayed opening, Adult Continuing Education classes are held as scheduled.

Dear Friends and Neighbors,

Spring is just around the corner. Time to "Get out and go!"

Why not commit to *grow through what you go through?*

Take a look at your Lifelong Learning Options. One or two hours a week, a mini workshop, or a bus trip may be all you need to **define** your silhouette, **pique** your senses, and **sharpen your skills**.

Challenge yourself—and soon you will dance with the flowers and shine like the sun!

Enjoy life!

Pat Russo

Patricia Russo

Director, Adult Education



Visit our website @ www.smithtown.k12.ny.us

LOCATIONS

NEW YORK AVE. ANNEX (NYA)

Joseph M. Barton District Bldg.
26 New York Ave. (South side entrance)
Smithtown, NY 11787

SMITHSTOWN HIGH SCHOOL EAST (HSE)

10 School St.
St. James, NY 11780

SMITHSTOWN HIGH SCHOOL WEST (HSW)

100 Central Rd.
Smithtown, NY 11787

GREAT HOLLOW MIDDLE SCHOOL (GHMS)

150 Southern Blvd.
Nesconset, NY 11767

NESAQUAKE MIDDLE SCHOOL (NMS)

479 Edgewood Ave.
St. James, NY 11780

ACCOMPSETT ELEMENTARY (AE)

1 Lincoln St.
Smithtown, NY 11787

MILLS POND ELEMENTARY (MPE)

246 Moriches Rd.
St. James, NY 11780

MT. PLEASANT ELEMENTARY (MTP)

33 Plaisted Ave.
Smithtown, NY 11787

NESCONSET ELEMENTARY (NE)

29 Gibbs Pond Rd.
Nesconset, NY 11767

SMITHSTOWN ELEMENTARY (SEL)

51 Lawrence Ave.

Smithtown, NY 11787

ST. JAMES ELEMENTARY (SJE)

580 Lake Ave.

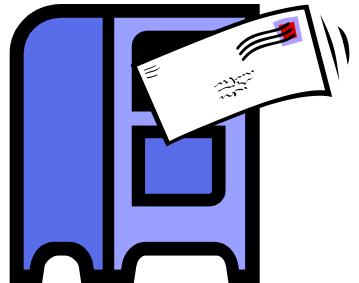
St. James, NY 11780

ADULT CONTINUING EDUCATION (ACE)

READ THIS FOR REGISTRATION PROCEDURE

1. Complete a separate registration form **per person** for each selection (class or trip). Signature, date, phone number and a valid and legible e-mail address **must** be included. We will be contacting you via email with important information and notifications. See page 19 for forms.
2. Enclose a **separate** check and/or money order **per person** (for each class and/or trip) made **payable to** “Smithtown Central School District” or “SCSD.” Fees are noted with each listing.
3. **Mail** all registrations to:
Smithtown Adult Continuing Education
PO Box 906
Smithtown, NY 11787

NOTE: Please register early to avoid disappointment. Add \$5.00 Late Fee per class for registrations postmarked after February 23, 2026.



REMINDERS

- ☒ Mail-in registrations only. Find forms on page 19.
- ☒ Registrations are processed on a first-come, first-served basis.
- ☒ Registrants must be 18 or older and out of high school.
- ☒ The Continuing Education Program **does not send confirmations**. Unless contacted, assume you have been enrolled and attend the first session.
- ☒ Checks may take 6-8 weeks to be processed. **No cash payments**.
- ☒ **No refunds**. Please plan carefully.
- ☒ Senior Citizen Fee requires proof of age (60+). Enclose a copy of driver's license or I.D. with date of birth.
- ☒ Out-of-District Fee applies to those not residing within the Smithtown Central School District (SCSD). *Senior Fee (60+) applies to both “In” and “Out-of-District” seniors.*
- ☒ **Only registered students** may attend class. Be sure to check in on the Attendance sheet provided for every class you attend. No guests, observers, or children.
- ☒ Please arrive to class **no earlier than 15 minutes prior** to start time. Note location.
- ☒ SCSD is a smoke-free, alcohol-free, and drug-free environment.
- ☒ SACE reserves the right to cancel/change/substitute courses, events, teachers, locations, etc., due to unforeseen circumstances.
- ☒ All participants must abide by the SCSD Code of Conduct (Board Policy 5300).
- ☒ **Participation in any class, activity, or trip is at your own risk.** Please consult your physician prior to registration.



Any Questions? CALL ACE @ 631.382.2090

Watch for updates and class photos on our website @
www.smithtown.k12.ny.us

[Click on Departments or Community; then Adult Education]



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SHOW TIME!!!



RAGTIME THE MUSICAL
See Listing on Page 18

 "The meaning of life is to give life meaning."
Victor Frankl



DAYTIME CLASSES HELD @ NYA ANNEX

LIFESTYLE MOMENTS!



AFTERNOON YOGA SPA

Shirley Cravotta, RYT

NYA Multipurpose Room

Revitalize body, mind, and spirit. The ancient art of yoga combines gentle stretches with deep breathing and relaxation techniques to naturally soothe away the stresses of daily life. This course will provide you with all the tools needed to experience true well-being and inner peace, even against the backdrop of an uncertain world. Learn how to unwind from your day and ease into the weekend. Open to women and men of all ages and levels of ability. Please bring a yoga sticky mat.

Class starts: Thursday, March 5, 2026

8 Sessions
4:30-5:30 PM

FEE: Res. \$56
Out of Dist. \$66
Senior Citizen Fee: \$47



BEGINNING YOGA/CHAIR YOGA

Larisa DelVecchio

NYA Multipurpose Room

Based on the practice of asana poses taught in the Hatha tradition, this class uses basic poses as the foundation for awareness of body alignment, natural movement principles, and breathing. Greater strength, flexibility, energy, balance, and concentration are just some of the benefits gained in this progressive practice. Wear comfortable clothing that allows free movement. Bring a yoga sticky mat, two firm blankets, two foam yoga blocks, and a yoga belt.

Class starts: Monday, March 2, 2026

8 Sessions
10:15-11:15 AM

FEE: Res. \$56
Out of Dist. \$66
Senior Citizen Fee: \$47

and/or

Class starts: Friday, March 6, 2026

8 Sessions
10:15-11:15 AM

FEE: Res. \$56
Out of Dist. \$66
Senior Citizen Fee: \$47

Sign up for one or both days!

Please send separate check and form for each day.

SACE reserves the right to cancel/change/ substitute courses, events, teachers, locations, etc., due to unforeseen circumstances.



COLORED PENCIL

Linda Gore

How can you color your day? Join me to learn some of the many techniques that go into creating an art form using colored pencils. We will start with color theory and discuss combining colors to achieve new ones. Adding texture and highlights will be incorporated into your project, as well. Where we go from there will depend upon class interest and ability.

Teacher will supply paper for the first class and paper types will be discussed. You will need to bring a ruler (preferably a t-square ruler), a #2 lead pencil, and colored pencils (red, canary yellow, indigo blue, black, white, dark brown, medium green, purple, and light blue). Other colors will be added as the class progresses. (PRISMACOLOR brand produces the best results.) Basic drawing skills are necessary.

Class starts: Wednesday, March 4, 2026

8 Sessions
(Limit: 12)
1:30-3:30 PM

FEE: Res. \$82
Out of Dist. \$94
Senior Citizen Fee: \$69



HELA'S KNIT AND CROCHET CIRCLE

Helene Ressa Rizzuto

NYA Multipurpose Room

Bring your beginner and intermediate projects, and knit or crochet with like-minded community members in a warm and welcoming setting. Some instruction and assistance will be provided for those needing additional guidance with their projects. Learn to read patterns and have ample time to complete your projects. Basic materials which might be needed are either one pair of US size 8 (5.0mm); knitting needles or a US size I/9 (5mm) crochet hook; one skein of light, solid color, worsted-weight yarn [#4]; scissors; a tape measure and a tapestry needle #13.

Class starts: Monday, March 2, 2026

10 Sessions
1:00-3:00 PM

FEE: Res. \$ 90
Out of Dist. \$101
Senior Citizen Fee: \$ 73



DAYTIME

INTRODUCTION TO COUNTRY LINE DANCING

Karen Anderson

NYA Multipurpose Room

Need to exercise your body and mind? Try line dancing. It's a fun way to add thousands of steps to your day. Learn basic steps and simple, beginner dances that are done on Long Island. Don't be shy! There are no mistakes in line dancing - only variations. No partner needed. Dress in comfortable layers. Leather-soled shoes or dance shoes are best. Bring water. For those with little or no dance experience.

Class starts: Tuesday, March 3, 2026

6 Sessions

(Limit: 20)

10:45 AM-12:00 PM

FEE: Res. \$53

Out of Dist. \$64

Senior Citizen Fee: \$46



Class starts: Wednesday, March 4, 2026

6 Sessions

(Limit: 20)

12:00-1:15 PM

FEE: Res. \$53

Out of Dist. \$64

Senior Citizen Fee: \$46

Sign up for one or both days!

Please send separate check and form for each day.

LET IT FLOW! LET IT GO! YOGA CLASS

Nancy Anderson

NYA Multipurpose Room

In this Vinyasa style yoga class, mindful connections will be built between the body and mind through movement and breath to encourage benefits both on and off the mat. You can expect an emphasis on simplicity, repetition, and ease of movement throughout class. Vinyasa flow yoga emphasizes the sequential movement between postures, coordinated with and guided by deliberate breath. This style of practice becomes a moving meditation that creates strength, freedom and fluidity in the body and mind and is suitable and designed for all levels of practitioner. It is recommended to have a yoga mat, yoga strap (or bathrobe tie or men's tie), water and throw-size blanket (or a larger bath or beach towel). Yoga blocks are optional.

Class starts: Wednesday, March 4, 2026

10 Sessions

4:30-5:30 PM

FEE: Res. \$62

Out of Dist. \$73

Senior Citizen Fee: \$54



LUNCHTIME LIGHT YOGA STRETCH

Christine Graf

NYA Multipurpose Room

Restore. Renew and re-energize. Allow yourself the time to balance mind and body. Join us for an hour of light stretching, gentle yoga postures, and calming breathing techniques. Wear loose-fitting clothing. Bring a blanket and a yoga sticky mat. Foam block and belt are optional, but helpful.

Class starts: Tuesday, March 3, 2026

10 Sessions

12:10-1:10 PM

FEE: Res. \$62

Out of Dist. \$73

Senior Citizen Fee: \$54

MAH JONGG FOR BEGINNERS

Ines Hastings

NYA Multipurpose Room

Looking to keep your mind sharp while having fun and meeting new people? Then American Mah Jongg is the thing! It is a game of strategy, calculation and luck; and the thrill of saying "MAH JONGG" when you win! You'll learn to recognize the Mah Jongg tiles, understand the National Mah Jongg League playing card and how to play the game. You will need to purchase a 2026 National Mah Jongg League playing card to have it mailed to you by the time the first class begins. **Do not order from Amazon or other sites. The card may be fake and unusable in this class.** Order your card from <https://www.nationalmahjonggleague.org/>. Ordering the large size is recommended for learning (\$15). It is imperative you attend the first two classes as the foundations of the game are explained. Please bring a Mah Jongg set if you have one.

Class dates: Fridays: 4/17, 4/24, 5/8, 5/15, 5/29, 6/5 & 6/12

7 Sessions

(Limit: 20)

12:00-2:30 PM

FEE: Res. \$82

Out of Dist. \$92

Senior Citizen Fee: \$67



MAH JONGG-INTERMEDIATE

Ines Hastings

NYA Multipurpose Room

This course is for those who have taken a previous class of American Mah Jongg and/or would like a refresher course. You will need to have a basic understanding of the game: be able to recognize and identify the tiles, be able to read and understand the hands on the National Mah Jongg League Card and have a general understanding of how the game is played. We will expand on the rules and playing the game using defensive and winning strategies. By the end of the class you will become a better, faster player. Please bring a 2026 playing card put out by the National Mah Jongg League. If you don't have one, it can be purchased at: <https://www.nationalmahjonggleague.org/> (**Do not order from Amazon or other sites. The card may be fake and unusable in this class.**)

Class dates: Fridays: 4/17, 4/24, 5/8, 5/15, 5/29, 6/5 & 6/12

7 Sessions

(Limit: 20)

2:45-4:45 PM

FEE: Res. \$72

Out of Dist. \$82

Senior Citizen Fee: \$58

Smithtown Adult Education does not discriminate on the basis of race, color, religion, sex, national origin or disability in admission to, access to, or operations of its programs, services, or activities.

CLASSES



OIL PAINTING-Beginner/Intermediate

William Buchholz **NYA** Multipurpose Room
Come and enjoy a relaxing oil painting class for artists who wish to get a taste of painting in oils or for those who would like to develop their skills to the next level: Fundamentals in design, color mixing, and painting techniques will be addressed. All skill levels welcome; group and individual attention provided so all will succeed.

Supply List: Oil paints, brushes, canvas or board, painting palette pad, palette knife, odorless thinner, smock, paper towels or rag, printed images, and a small easel (optional). We will discuss a more detailed supply list during our first class.

Class starts: Thursday, March 5, 2026

10 Sessions FEE: Res. \$ 95
(Limit: 12) Out of Dist. \$106
1:00-3:00 PM Senior Citizen Fee: \$ 78

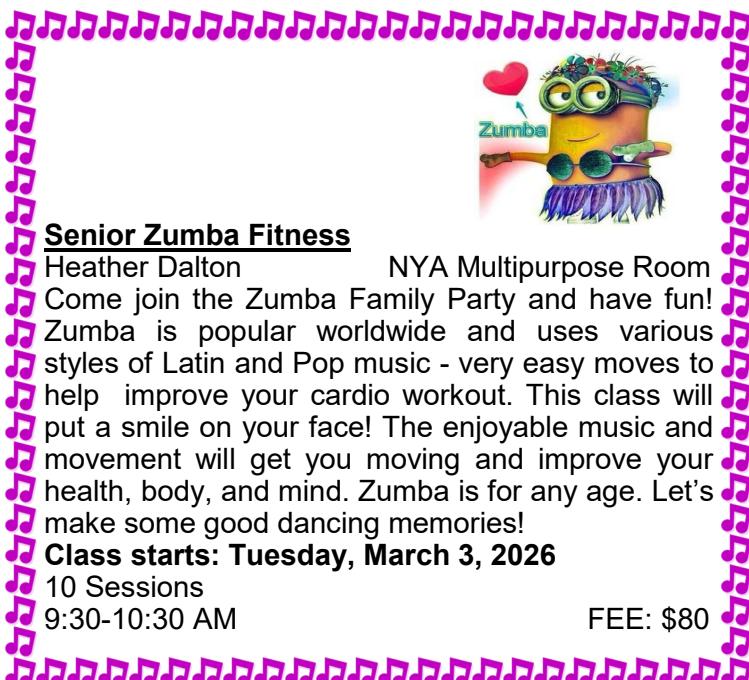


PAINTING WITH ACRYLICS

Kevin Larkin **NYA** Multipurpose Room
Discover the beauty and versatility of acrylic paint. Unlock your creativity and explore the transition from reality to abstraction. Students should have basic painting skills, mixing colors, drawing, or have taken this class before.
Materials: 4-ounce tubes of acrylic paint (all colors and black and white); set of artist brushes; two (2) 18" X 24" stretched canvases; paper palette for mixing paint; large cup for water.

Class starts: Tuesday, March 3, 2026

10 Sessions FEE: Res. \$ 95
(Limit: 12) Out of Dist. \$106
1:30-3:30 PM Senior Citizen Fee: \$ 78



Senior Zumba Fitness

Heather Dalton **NYA** Multipurpose Room
Come join the Zumba Family Party and have fun! Zumba is popular worldwide and uses various styles of Latin and Pop music - very easy moves to help improve your cardio workout. This class will put a smile on your face! The enjoyable music and movement will get you moving and improve your health, body, and mind. Zumba is for any age. Let's make some good dancing memories!

Class starts: Tuesday, March 3, 2026

10 Sessions FEE: \$80
9:30-10:30 AM



STRONG AND FIT

Larisa DelVecchio **NYA** Multipurpose Room
This class is especially designed for older adults or for anyone who likes to include a low-intensity, low-impact workout into their fitness plan. Warm up movements, a bit of dance cardio, light-weight strength training, isometric training, and stretching round out the agenda for this one-hour session.

Please bring 3 lb. and 5 lb. weights, bottle of water and a great attitude! Adults of all ages and ability levels are welcome and encouraged. Join us on one or both days!

Class starts: Monday, March 2, 2026

8 Sessions FEE: Res. \$56
9:00-10:00 AM Out of Dist. \$66
Senior Citizen Fee: \$47

and/or

Class starts: Friday, March 6, 2026

8 Sessions FEE: Res. \$56
9:00-10:00 AM Out of Dist. \$66
Senior Citizen Fee: \$47

Sign up for one or both days!

Please send separate check and form for each day.



TAI CHI CHUAN AND I-LIQ CHUAN SPINNING HANDS

Charles Barrett **NYA** Multipurpose Room
Take an hour to do something good for your mind, body, and soul with the calming and relaxed movements of Tai Chi. Ideal for any age and any busy schedule, using this martial art practice can help to reduce blood pressure and may also promote strength, stamina, flexibility and coordination. No prior training required. Please wear loose-fitting clothing and sneakers or comfortable shoes.

Class starts: Thursday, March 5, 2026

8 Sessions FEE: Res. \$56
11:30 AM-12:30 PM Out of Dist. \$66
Senior Citizen Fee: \$47



MEDICAL ADVISEMENT: We advise that you consult your physician before undertaking any program involving strenuous physical activity. **Participation in any class and/or activity is at your own risk.**



VOLLEYBALL—BEGINNER

Rocky Shankar

GHMS New Gym

This co-ed class is designed to enable **beginner** players to participate in daily games for enjoyment in a non-competitive atmosphere and to improve their techniques of volleyball. Those who need to learn fundamental volleyball skills (bump, set, hit, serve, position) and rules of the game should attend this class. One-on-one training will be provided upon request. Game format is round robin, with teams formed each night by the instructor. Team composition will be adjusted by the instructor to balance teams.

Class starts: Monday, March 2, 2026

10 Sessions

FEE: Res. \$ 90

(Limit: 28)

Out of Dist. \$101

7:00-9:00 PM

Senior Citizen Fee: \$ 73



New Location!!!

ZUMBA FITNESS

Amy Bleecher

MPE Gym

“Ditch the workout, and join the party!” Zumba fuses Latin rhythms and easy-to-follow moves to create a dynamic fitness program. Take this time for yourself and care for your mind and body. This class is a workout in disguise having unique physical and mental health benefits. The best part? Zumba is for everyone—it’s fun, easy to follow, and for any age or fitness level. See you on the dance floor!

Class starts: Monday, March 2, 2026

10 Sessions

7:00-8:00 PM

FEE: \$100



MEDICAL ADVISEMENT: We advise that you consult your physician before undertaking any program involving strenuous physical activity. Participation in any class and/or activity is at your own risk.



TUESDAY



ADVANCED FUNDAMENTALS OF GUITAR

Nick Sassano

HSE Room 105

This workshop-style class is open to **prior class participants or experienced beginners.**

Participants must have some facility with basic open chords and strumming. This interactive workshop will build musical and technical knowledge while playing songs and chord progressions as a group. Technique is taught through musical examples which are designed to give a basic understanding of music theory (rhythm, melody, and harmony).

Participants will need an acoustic guitar, guitar pick, and tuner. Free smart phone guitar tuner apps are available.

Class starts: Tuesday, March 3, 2026

10 Sessions

7:00-8:30 PM

FEE: Res. \$77

Out of Dist. \$87

Senior Citizen Fee: \$66



BASKETBALL

Brian Bertothy

HSE Old Gym

Stay in shape, have a night out, forget your job, reduce stress. Have fun playing basketball! Full court games will be set up. Bring a reversible shirt or one white and one dark shirt for team play. Please check with your doctor to confirm the appropriateness of full court basketball as part of your exercise routine.

Class Dates: Tuesdays, 2/24, 3/3, 3/31, 4/14,

4/21, 4/28, 5/19, 5/26

8 Sessions

(Limit: 30)

8:00-10:00 PM

FEE: Res. \$77

Out of Dist. \$89

Senior Citizen Fee: \$64



CREATIVE WRITING FUN FOR EVERYONE

Shirley Cravotta

NYA Room 123

Do you love creative writing? Have you always wanted to give it a try? Ignite your passion in a welcoming, small group setting where you can kick back, relax, and meet new people while developing your own writing skills. Through a variety of exercises, readings, and discussions, you will explore different writing genres to find the one that fits your unique lifestyle and personality. Participants must be ready to share thoughts, read aloud, and discuss topics. Open to all levels of experience.

Class starts: Tuesday, March 3, 2026

6 Sessions

Fee: Res. \$48

(Limit: 15)

Out of Dist. \$58

5:00-6:00 PM

Senior Citizen Fee: \$43



GENTLE YOGA

Peter Bienkowski

SJE Old Gym

Based on the Kripalu tradition of cultivating inner peace, this class is designed to revitalize your body, relax your mind, increase energy, and reduce stress. Beginners, people with minor back and joint pain, or those just suffering from a busy mind will appreciate the general relief this type of program often brings. If you need time to slow down, find tranquility, and gain inner peace, this class is a must! A real treat for your body, mind and spirit, gentle yoga is appropriate for all levels. No experience is necessary.

MEN, FIRST TRY AT YOGA? RELAX! This course is taught by a man who has been practicing Yoga for over 20 years. Bring a yoga mat, blanket, and an open mind. You may be quite surprised!

Class starts: Tuesday, March 3, 2026

10 Sessions

FEE: Res. \$77

7:00-8:30 PM

Out of Dist. \$87

Senior Citizen Fee: \$66



DEFENSIVE DRIVING

Empire Safety Council

HSE Room 173

Drivers who complete the National Point & Insurance Reduction Course, Inc., a six-hour classroom course, SAVE 10% on their automobile liability, collision, and no-fault premiums each year for THREE full years and REDUCE up to four points on their driving record. Course completion is transmitted to the New York Department of Motor Vehicles and recorded on each student's driving record. Save hundreds of dollars over the next three years and venture into traffic safety awareness. No testing is involved. Bring your driver's license and a pen to class. This is a New York State Department of Motor Vehicles approved accident prevention workshop.

NYS law mandates full three-hour participation in each of the two (2) sessions to receive a certificate. No admittance to this class after 6:30 p.m. start time. No Exceptions!

Class meets:

Tuesdays, March 24 & 31, 2026

or

Wednesdays, April 22 & 29, 2026

(Minimum: 12, Maximum: 40)

6:30-9:30 PM **Don't Be Late!**

FEE: \$42

LINE WITH LAURIE

Laurie Giannis

SEL Blue Gym

Line dance with me for fun and exercise! Line dancing consists of organized dances with a repeating sequence of steps performed in lines or rows. Join in on popular dances set to hit music that has been enjoyed throughout the decades: oldies, rock, country and swing. No partner needed. Trust me, you'll be dancing and swaying in no time!

Class starts: Tuesday, February 24, 2026

6 Sessions

FEE: Res. \$48

7:00-8:00 PM

Out of Dist. \$58

Senior Citizen Fee: \$43



MANDARIN: A FUN WAY TO LEARN ABOUT CHINA

Susan Porcelli

HSE Room 164

Do you want to know about China and its official language? Mandarin is the most widely spoken language in the world! The course will also introduce the famous cities and scenic spots of China. Participants will gain a tremendous knowledge ranging from basic pronunciation to Chinese character evolution, and engage in basic conversations. During this ten-week course, students will not only learn Pinyin (Mandarin pronunciation) and characters (simplified Chinese written words) but also enjoy an interesting virtual visit to China.

Come join us! Use what you learn to start a conversation with your classmates or with a native Mandarin speaker. Learn for fun or for business! Either way, this class will enhance your language skills and your life.

Class starts: Tuesday, March 3, 2026

10 Sessions

FEE: Res. \$ 90

7:30-9:30 PM

Out of Dist. \$101

Senior Citizen Fee: \$ 73

ONGOING

LITERACY AND WORKPLACE SKILLS

Are you in need of basic skills to further employment or educational pursuits? Enhance writing skills, learn computer basics, connect with job opportunities for a better future.

**See Pages 16 & 17:
Adult Basic Education**



MEDICAL ADVISEMENT:

We advise that you consult your physician before undertaking any program involving physical activity. Participation in any class and/or activity is at your own risk.



SAVVY TAX PLANNING IN RETIREMENT:

Strategies to Help You Pay the Least Amount of Taxes

Evan Levy, CFP

HSE Little Theater

Do you feel you are paying way too much in taxes? Interested in learning how you can reduce your tax bill? In this workshop, you will learn four clear-cut strategies to potentially lower your tax bill. This program will cover Roth conversions; when it makes sense to do a Roth conversion, how a Roth conversion can reduce your taxes, and one BIG mistake to avoid when converting. We will also cover how improving the "location allocation" of your investment portfolio can potentially save you thousands in unnecessary taxes. You will learn when you must begin your required minimum distributions (RMDs) from IRAs and 401(k)s, and how to reduce taxes on your required minimum distributions (RMDs). You will learn how your Social Security benefits are taxed, how to reduce taxes on your benefits, and three things to consider before filing for Social Security.

If you are retired or nearing retirement and are interested in paying the least amount of taxes, this workshop is for you!

Seminar meets: Tuesday, March 17, 2026

7:00-8:00 PM

FEE: \$15



SOCIAL SECURITY PLANNING

What Everyone Needs to Know

Evan Levy, CFP

HSE Little Theater

After being told for years that Social Security is "going broke," baby boomers are realizing that it will soon be their turn to collect. But the decisions you make now can have a tremendous impact on the total amount of benefits you stand to receive over your lifetime. Learn not only the basics but also little-known strategies for maximizing your benefits. This program will cover when it makes sense to delay benefits, how earnings affect your benefits, how benefits are taxed, how to integrate benefits with other retirement income sources, and how to coordinate benefits with your spouse. Each attendee will receive a free copy of ***The Baby Boomer's Guide to Social Security*** which summarizes key retirement benefit provisions.

Seminar meets: Tuesday, March 10, 2026

7:00-8:00 PM

FEE: \$15

Smithtown Adult Continuing Education does not discriminate on the basis of race, color, religion, sex, national origin or disability in admission to, access to, or operations of its programs, services, or activities.



VOLLEYBALL—ADVANCED

Rocky Shankar

This co-ed class is designed for **experienced skilled** players and those with prior experience playing volleyball. It is expected that players understand court positions and the rules of the game. Players must be **proficient** in volleyball fundamental skills; namely, bump, set, hit and serve. Game format is round robin, with teams formed each night by the instructor. Team composition will be adjusted by the instructor, as needed, to balance teams.

Class Dates: Tuesdays, 2/24, 3/3, 3/31, 4/14, 4/21, 4/28

6 Sessions

(Limit: 42)

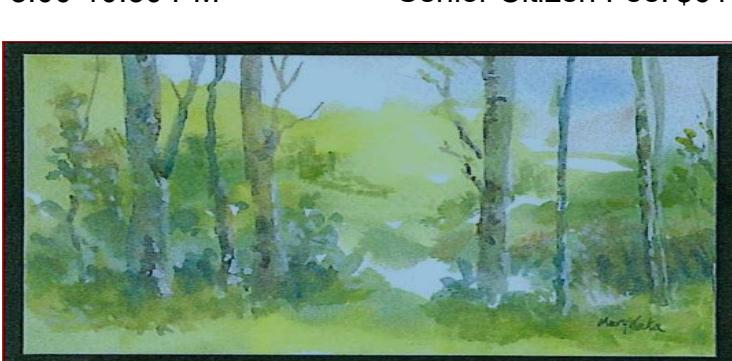
8:00-10:30 PM

HSE New Gym

FEE: Res. \$74

Out of Dist. \$84

Senior Citizen Fee: \$61



WATERCOLORS

Mary Waka

Paint your world with watercolors! Focus on design, expression, and visual theme. Expect to be recharged with painting energy from association with others who have a passion for the arts. Demonstrations, one-on-one instruction, and objective criticism will sharpen your powers. All ability levels welcome! Bring along photos and drawings to use as subjects along with a soft pencil and sketch pad. Supply list will be emailed upon registration.

Class starts: Tuesday, March 3, 2026

8 Sessions

(Limit: 15)

7:00-9:00 PM

HSE Room 160

FEE: Res. \$77

Out of Dist. \$89

Senior Citizen Fee: \$64



MEDICAL ADVISEMENT: We advise that you consult your physician before undertaking any program involving strenuous physical activity. Participation in any class and/or activity is at your own risk.



WEDNESDAY



BALLROOM BASICS FOR BEGINNERS

Marie Enright

SJE Cafeteria

Join us as we learn to dance the easiest steps to both smooth and Latin ballroom dances. Each class consists of both instruction and review. Class size is limited to 10 couples, so be sure to register early. This class is highly recommended if you attend many weddings and other formal functions! Smooth dances to be covered are Waltz, Tango, and Foxtrot. Latin-based dances covered are Lindy, the East Coast Swing, Hustle, Cha Cha, Mambo, Rumba and Merengue. Hard-soled shoes recommended. Each participant must complete and sign a separate registration form.

Class starts: Wednesday, March 4, 2026

10 Sessions

(Limit: 10 Couples)

7:00-8:30 PM

FEE: \$120/couple



BEGINNER TIN WHISTLE

Bill Cavooris

HSE Room 105

Have you ever longed to play an instrument, but the idea of learning one seemed daunting? Come play the tin whistle; you'll be playing a tune in no time! You don't even have to read music. In this true beginner course, we will go over the basics (fingering, scales, etc.) and quickly move on to playing. In eight sessions, students will learn traditional Irish tunes as well as pop and folk songs. As we progress, we will experiment with ornamentation and developing our own styles.

Each student should obtain a **high D** tin whistle before the first class: Waltons makes a very common starter whistle, available here:

<https://www.amazon.com/Waltons-Brass-Mellow-Whistle-Intermediates/dp/B000VPFOFK?source=ps-sl-shoppingads-lpcontext&ref=fpIfs&smid=A27E6QNTTMXZTD&qQT=1&th=1>

Lir has a lower-end whistle that is supposed to be good: <https://www.lirwhistle.com/product-page/lir-pennywhistle-key-high-d>

Class dates: Wednesdays, 2/25, 3/4, 3/11, 3/25, 4/15, 4/29, 5/6, 5/20

8 Sessions

7:00-9:00 PM

FEE: Res. \$77

Out of Dist. \$89

Senior Citizen Fee: \$64



GENTLE YOGA

Peter Bienkowski **NE Back Gym (Brown's Rd. Ent.)**
Based on the Kripalu tradition of cultivating inner peace, this class is designed to revitalize your body, relax your mind, increase energy, and reduce stress. Beginners, people with minor back and joint pain, or those just suffering from a busy mind will appreciate the general relief this type of program often brings. If you need time to slow down, find tranquility, and gain inner peace, this class is a must. A real treat for your body, mind and spirit, gentle yoga is appropriate for all levels. No experience is necessary. **MEN, FIRST TRY AT YOGA?**
RELAX! This course is taught by a man who has been

RELAX. This course is taught by a man who has been practicing Yoga for over 20 years. Bring a yoga mat, blanket, and an open mind. You may be quite surprised!

Class starts: Wednesday, March 4, 2026

10 Sessions FEE: Res. \$77
7:00-8:30 PM Out of Dist. \$87
Senior Citizen Fee: \$66



MINDFUL HATHA YOGA

Christine Graf

Yoga is for everybody, whether you are flexible or not!!! Join me for this journey into yoga by building and reinforcing the fundamentals with a safe, nurturing, mindful approach. Whether you are a complete beginner or a seasoned yogi, this class allows you to focus on proper individual alignment, while accepting where you are, without any judgment. This is a fun class that encourages you to bring your practice into everyday life. Each class features warm-up, standing poses, floor poses, cool down stretching, and finally a period of quiet relaxation. This gentle practice allows you to explore what is right for you and to feel centered, stronger, more flexible, and happier in your body and life. Bring a yoga mat and an open mind. Blanket, strap and two (2) foam blocks optional, but helpful.

Class starts: Wednesday, March 4, 2026

10 Sessions FEE: Res. \$72
7:00-8:15 PM Out of Dist. \$82
Senior Citizen Fee: \$59



OIL PAINTING-Beginner/Intermediate

William Buchholz **HSE** Room 160
Come and enjoy a relaxing oil painting class for artists who wish to get a taste of painting in oils or for those who would like to develop their skills: Fundamentals in design, color mixing, and painting techniques. All skill levels welcome, group and individual attention provided so all will succeed.

Supply List: Oil paints, brushes, canvas or board, painting palette pad, palette knife, odorless thinner, smock, paper towels or rag, printed images, and a small easel (optional). We will discuss a more detailed supply list during our first class.

Class starts: Wednesday, March 4, 2026

10 Sessions FEE: Res. \$ 95
(Limit: 12) Out of Dist. \$106
7:00-9:00 PM Senior Citizen Fee: \$ 78



STAINED GLASS /MOSAIC ART- Beg./Intermediate

Edward M. McManus **NYA Multipurpose Room**
Color your world with basic design and glass-cutting techniques. Choose from simple patterns provided by the instructor or bring your own for the creation of your stained glass piece. We'll also try some decorative mosaic art, utilizing small pieces of opaque glass, tile, marble, etc., inlaid with grout. Course duration will enable students to complete at least one individual project. Project choices and the accompanying list of materials will be discussed the first night of class.
Students will need to purchase all materials and tools for individual projects; costs vary depending upon projects selected.

Class starts: Wednesday, March 4, 2026

10 Sessions
(Limit: 12)
7:00-10:00 PM

**FEE: Res. \$116
Out of Dist. \$126
Citizen Fee: \$ 92**

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YOGA: GENTLE EVENING FLOW

Marisa Spano

MTP Gym

Join us for a 75-minute gentle Vinyasa flow. This class is great for beginners as well as all-level yoga students looking for a gentle way to move the body and unwind after a long day. Learn key poses to help you build strength, restore and relax, as well as gain an introduction to yoga philosophy and the chakras. Each class will end with a guided meditation. Options and modifications to the poses will be available. Bring a yoga mat and water. A blanket/towel is strongly recommended for the knees. Yoga blocks are highly recommended.

Class starts: Wednesday, March 4, 2026

10 Sessions

7:00-8:15 PM

FEE: Res. \$72

Out of Dist. \$82

Senior Citizen Fee: \$59

THURSDAY



Stained Glass @ NYA

STAINED GLASS / MOSAIC ART- Beg./Intermediate

Edward M. McManus

NYA Multipurpose Room

Color your world with basic design and glass-cutting techniques. Choose from simple patterns provided by the instructor or bring your own for the creation of your stained glass piece. We'll also try some decorative mosaic art, utilizing small pieces of opaque glass, tile, marble, etc., inlaid with grout. Course duration will enable students to complete at least one individual project. Project choices and the accompanying list of materials will be discussed the first night of class.

Students will need to purchase all materials and tools for individual projects; costs vary depending upon projects selected.

Class starts: Thursday, March 5, 2026

10 Sessions

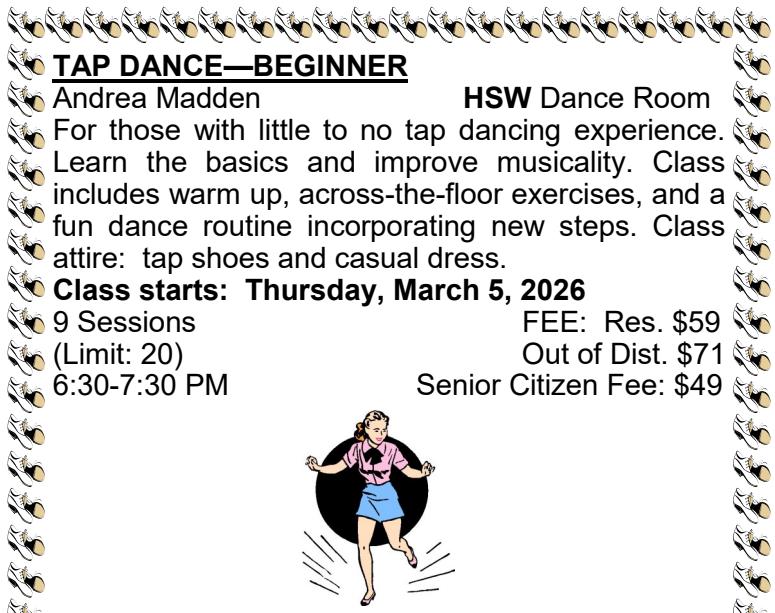
(Limit: 12)

7:00-10:00 PM

FEE: Res. \$116

Out of Dist. \$126

Senior Citizen Fee: \$ 92



TAP DANCE—BEGINNER

Andrea Madden

HSW Dance Room

For those with little to no tap dancing experience. Learn the basics and improve musicality. Class includes warm up, across-the-floor exercises, and a fun dance routine incorporating new steps. Class attire: tap shoes and casual dress.

Class starts: Thursday, March 5, 2026

9 Sessions

(Limit: 20)

6:30-7:30 PM

FEE: Res. \$59

Out of Dist. \$71

Senior Citizen Fee: \$49



TAP DANCE—ADVANCED BEGINNER

Andrea Madden

HSW Dance Room

For those who have had previous tap dancing experience. Class includes warm up, across the floor exercises, and a short, fun dance routine. Class attire: tap shoes and casual dress.

Class starts: Thursday, March 5, 2026

9 Sessions

(Limit: 20)

7:30-8:30 PM

FEE: Res. \$59

Out of Dist. \$71

Senior Citizen Fee: \$49



VOLLEYBALL-INTERMEDIATE

Stephen Reehil

HSE New Gym

This co-ed class is for **intermediate** players and those who prefer a slightly competitive but relaxed atmosphere. Players are expected to understand volleyball rules and how to bump, set, hit, serve, and position on the court. Game format is round robin, with teams formed each night by the instructor. Team composition will be adjusted by the instructor, as needed, to balance teams.

Class dates: Thursdays, 2/26, 3/5, 4/16, 4/23, 4/30, 5/21, 5/28

7 Sessions

(Limit: 42)

8:00-10:30 PM

FEE: Res. \$82

Out of Dist. \$92

Senior Citizen Fee: \$67



MEDICAL ADVISEMENT:

We advise that you consult your physician before undertaking any program involving physical activity. **Participation in any class and/or activity is at your own risk.**



YOGA: KEEPING IT REAL

Larisa DelVecchio

MTP Gym

This class is appropriate for beginners with some experience as well as experienced yoga students. Options and modifications to the poses can make them work for everyone. More challenging asanas and breathing techniques (pranayama) may be offered to assist your development. Slow down and rejuvenate with gentle flow, followed by a restorative relaxation for a good night's sleep. Release stress, relax your mind, and gain inner peace. Bring a yoga mat, blanket, blocks and strap.

Class starts: Thursday, March 5, 2026

8 Sessions

7:00-8:00 PM

FEE: Res. \$56

Out of Dist. \$66

Senior Citizen Fee: \$47



ON-LINE COURSES



NOTARY PUBLIC TRAINING COURSE (Pre-Licensing)

Notary Public Central

On-Line Only

Stand out among the competition! Add a new certification to your résumé; become an asset to your company while enhancing your credentials! All companies need to have documents notarized. The objective of this three-hour Notary Public Training Course is to educate individuals with legal terminology and concepts and clauses contained in the framework of the NYS Notary booklet.

Pre-Recorded Zoom Notary Course includes:

- Instant Access - ANYTIME - Day or Evening
- Notary Concepts
- Definition Review
- Sample Forms
- Notary Law Subsection Review
- Notary Facts
- Notary Prep Test
- 24/7 access for 90 days
- 1 Full Year Customer Support

Additionally, Customer Support is just a click away.

Upon registration, access code will be emailed to you for 90-day Unlimited Access, day or evening.

Course length is approximately 2.5 hours

FEE: \$75

NOTARY PUBLIC REFRESHER COURSE

Notary Public Central

On-Line Only

I just became a Notary Public, now what? Do you question yourself when notarizing documents? This course is designed for newly appointed Notaries, in addition to seasoned Notaries to eliminate the guesswork when handling documents. The Objective of the Notary Public Refresher Course is to help you understand proper document execution & what to do when faced with documents you don't understand. This course will reinforce everything you need to know to conduct your job effectively and without error. We will discuss legal forms and their implications if not handled properly. This course provides an in-depth review of proper notarization procedures.

This self-paced course can be accessed anytime from any device (day and evening) and is available 24/7 for 90 days from the date of registration. Additionally, Customer Support is just a click away!

One full-year subscription to

www.NotaryPublicCentral.com *includes 24-hour email question support and newsletter updates.*

Self-Paced Online Course

Available 24/7 for 90 days

Course length is approximately 1.5 hours

FEE: \$45

NOTARY SIGNING AGENT COURSE

Notary Public Central

On-Line Only

Discover a rewarding career as a Notary Signing Agent in the Lending Industry & Beyond! Be your own boss either Part-Time, Full-Time or Side Hustle!

This course is designed to equip you with the essential skills you will need to properly perform Loan Document Signings. Topics covered include: Lending Process, Various Loan Types, Identifying Documents in a Loan Packet, Signing Agent Process, Proper Document Execution, Signing Agent responsibilities and limitations, Lender Lingo, Identifying Individuals, Current Industry Trends, and Where/How to Find Work. Signing Companies will be provided as possible leads.

***Pre-requisite:** You must have completed or attended a Notary Public Training Course prior to taking this course. You must be a notary public in order to practice as a signing agent. However, you may take this course prior to obtaining your license so that you are ready to practice once you are in receipt of your license.

Self-Paced Online Course

Available 24/7 for 90 days

Two (2) Downloadable Books Included (Course

Notes and Sample Forms)

Course length is approximately 2.5 hours

FEE: \$75

ADULT BASIC EDUCATION (ABE)



New York Avenue Annex, Joseph M. Barton District Building

"Preparing adults for post-secondary education and the workplace"

Office Phone: 631.382.2181

Fax: 631.382.2183

Website:

www.smithtown.k12.ny.us

What is Adult Basic Education?

Adult Basic Education refers to instructional programs provided to adults who did not complete their K-12 education, or who possess a high school diploma or equivalent but nevertheless have gaps in basic skills such as reading, math, or spoken English. TABE testing will determine eligibility.

LEARN ENGLISH (ESL)

Aprende inglés

Aprann anglè

Apprendre l'anglais

Öğrenmek ingilizce

Uczyć się angielskiego

Xué yīngyū

Английский учить

вчитися англійська

배우다 영어

CLASSES AVAILABLE

MORNING (9:00 AM - 12:00 NOON)

AFTERNOON (12:00 PM - 3:00 PM)

EVENING (7:00 PM - 10:00 PM)

PREPARE FOR THE HIGH SCHOOL EQUIVALENCY (GED®) AND/OR U.S. CITIZENSHIP

Registration for ALL STUDENTS

will be held at:

**26 NEW YORK AVENUE ANNEX
JOSEPH M. BARTON DISTRICT BUILDING**

Beginning January 12, 2026

9:00 AM OR 7:00 PM

Appointments preferred!

Call # 631-382-2181

(LITERACY CLASSES ONLY)

If you are a NYS Certified K-12 teacher interested in teaching adults on an hourly part-time basis, day or evening, please call 631-382-2181 for information.

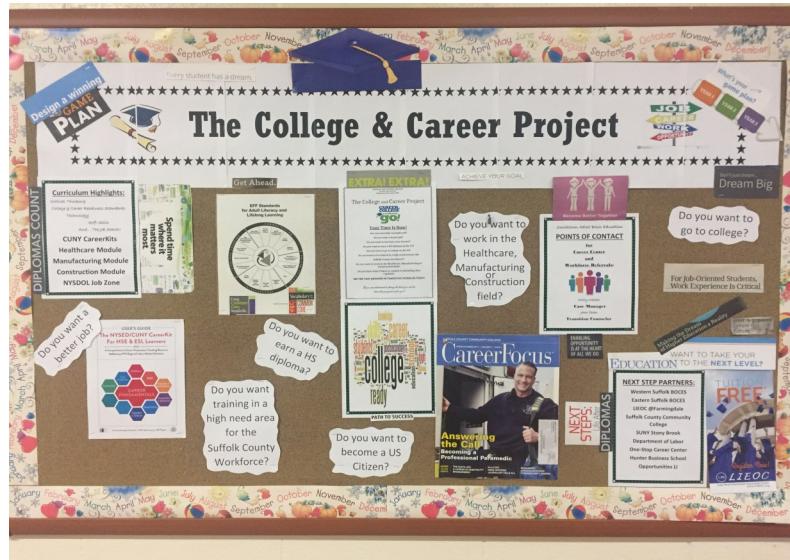
Smithtown Adult Basic Education does not discriminate on the basis of race, color, religion, sex, national origin or disability in admission to, access to, or operations of its programs, services, or activities.



ABE INFORMATION

- ◆ **FREE NYS adult literacy classes for adults 21 and over.**
- ◆ **In-person registration and testing is mandated for all literacy students.**
- ◆ **Ongoing registration. Open enrollment according to available open classes. Call 631-382-2181 for an appointment.**
- ◆ **Instructors are NYS certified teachers.**
- ◆ **Students must meet eligibility requirements.**

Smithtown residency NOT required.



Take Yourself to the Next Level!

COURSE OFFERINGS

High School Equivalency: Classes prepare students to take the **GED®** (General Educational Development test) for a High School Equivalency diploma and to determine College and Career Readiness. The **GED® test** is administered at community colleges on Long Island, NOT at Smithtown School District. The Adult Basic Education office processes applications for those enrolled in our program. The New York State Board of Regents requires NO FEE for this paper and computer-based Common Core-aligned exam.

Adult Basic Education: Classes are for adults who want to improve basic reading, writing, and math skills for the purpose of earning a high school equivalency diploma, gaining or improving employment, and/or entering post-secondary education or training. Student eligibility and class level are determined by administering the TABE battery to assess both Reading and Math skills.

English as a Second Language: Free English as a Second Language provides the student with the skills needed to function in an English speaking country regardless of native origin. Focus is on listening, speaking, reading and writing, with advanced audio equipment and computers to supplement instruction. Five levels, from Basic to Advanced are offered. A student may choose morning, afternoon, or evening classes. **Crossroads Café**, an advanced video program introduced by New York State Department of Education, and **Equipped for the Future (EFF)** curriculum are two of many initiatives used for instruction in our classes.

Inglés Como Segundo Idioma: Las clases gratis de inglés como segundo idioma provéen a los estudiantes de cualquier nacionalidad, habilidades para desenvolverse en un país en el cual se habla inglés. La enseñanza se enfoca en hablar, escuchar, escribir y leer utilizando equipo avanzado de audio y computadores. Se ofrecen cinco niveles de Inglés del básico al avanzado. El estudiante puede elegir las clases de mañana, tarde o noche. Crossroads Café es el programa más avanzado introducido por la oficina de educación en el estado de Nueva York y el programa está usando en clases.

Citizenship: Prepare for the *new* United States Citizenship exam!

NEW - Distance Learning: *Can't come to class regularly? Advance with Distance Learning options appropriate for every level: Crossroads Café, SMART, GRASP, and FAST TRACK to a high school diploma.*

WORKFORCE PREPARATION (Integrated)

CUNY Career Kits for HSE and ESL Learners, Designing Instruction for Career Pathways and Learning to Achieve: These professional development initiatives and curriculum models along with College and Career Readiness Standards prepare ESL, ABE, and HSE students for post-secondary education, training, and employment as well as how to function more successfully in society, incorporating critical thinking skills for problem-solving and decision-making. Resumé writing, job interview techniques, and technology are used as supplementary program tools to promote workplace, family, financial, health, and digital literacy.

Digital Instruction and SMART Board Technology: Students enrolled in the program become familiar with using digital media and practice the Reading, Math, and ESL competencies, and Citizenship. Life skills and vocational programs focus on academic tiered vocabulary and skills required for particular jobs and careers. The Department of Labor sponsored **JobZone** is available to all students.

Workshops: College and Career Readiness, Research Skills, Resume Writing, Health Literacy, and Financial Literacy are available to enrolled students.



SHOW TIME!!!



RAGTIME THE MUSICAL

Vivian Beaumont Theater

150 West 65th Street

New York, NY 10023

Saturday, April 25, 2026

Cost: \$145.00

RAGTIME is a sweeping musical adaptation of E.L. Doctorow's novel that follows three fictional families in pursuit of the American Dream at the dawn of the 20th Century: Black pianist Coalhouse Walker, Jr. and his beloved Sarah; Jewish immigrant Tateh and his little girl; and a wealthy white family led by matriarch Mother. All grasping for the same dream, if only they can hold on to it.

Featuring a lush score by **Stephen Flaherty** and **Lynn Ahrens**, a stirring book by **Terrence McNally** and original orchestrations by **William David Brohn**, all of whom won Tony Awards for their work, **RAGTIME** weaves fictional narratives with real historical figures and events, creating a rich tapestry that blurs the line between personal struggle and national identity, making history feel both intimate and epic.

Bus Departure: 10:00 AM

Approximate Return: 7:00 PM

Limited number of tickets available

2:00 PM Show

(This theater DOES have elevators and escalators.)

• For the safety and concern of all participants, Adult Continuing Education reserves the right to alter time schedules, make itinerary changes, and/or adjust offerings. due to unforeseen circumstances.

Trip Highlights



- Join us for a new Broadway show.
- Have lunch or a snack on your own in any of the many excellent eateries and restaurants nearby. (Handout and map distributed on bus.)
- Experience luxury coach bus transportation from our New York Ave. parking lot to the doorsteps of the theatre.
- Complete surveys to suggest shows you are interested in seeing.
- Leave the headache of travel and planning to us!



Trips require walking, standing for extended periods, and navigating stairs at all venues. Participation in any trip is at your own risk.

Don't miss the bus!

Please arrive 15 minutes before the stated trip departure time, as we will depart promptly!

**LOCATION FOR TRIP DEPARTURE
26 NEW YORK AVE., SMITHSTOWN**



SMITHTOWN ADULT CONTINUING EDUCATION		S2026	
PO BOX 906 SMITHTOWN, NY 11787-0906			
LAST NAME	FIRST NAME	HOME PHONE	CELL PHONE
ADDRESS	CITY	ZIP CODE	
EMAIL ADDRESS (print clearly)	OUT OF DISTRICT	SENIOR CITIZEN	
DISTRICT	UNDER 21	OVER 21	
COURSE TITLE OR TRIP	DAY	TIME	FEES
SIGNATURE			DATE
<p>REGISTRATION REQUIRES A SEPARATE CHECK AND SEPARATE FORM CHECKS PAYABLE TO "SMITHTOWN CENTRAL SCHOOL DISTRICT" OR FROM THE WEBSITE @ WWW.SMITHTOWN.K12.NY.US.</p> <p>SMITHTOWN ADULT CONTINUING EDUCATION S2026 PO BOX 906 SMITHTOWN, NY 11787-0906</p>			
LAST NAME	FIRST NAME	HOME PHONE	CELL PHONE
ADDRESS	CITY	ZIP CODE	
EMAIL ADDRESS (print clearly)	OUT OF DISTRICT	SENIOR CITIZEN	
DISTRICT	UNDER 21	OVER 21	
COURSE TITLE OR TRIP	DAY	TIME	FEES
SIGNATURE			DATE
<p>I understand that participation in all classes & activities is at my own risk. I agree to abide by the SCSD Code of Conduct.</p> <p>I understand that participation in all classes & activities is at my own risk. I agree to abide by the SCSD Code of Conduct.</p>			



What is Adult Education?

"Small groups of aspiring adults who desire to keep their minds fresh and vigorous; who begin to learn by confronting pertinent situations; who dig down into the reservoirs of their secondary facts; who are led in the discussion by teachers who are also seekers after wisdom and not oracles: this constitutes the setting for adult education, the modern quest for life's meaning."

-from The Meaning of Adult Education, Eduard Lindeman, 1926

"Learning which is combined with action provides a peculiar and solid enrichment. If, for example, you are interested in art, you will gain much more if you paint as well as look at pictures and read about the history of art... If you enjoy nature, refuse to be content with the vicarious experiences of naturalists: become a naturalist yourself. In all of these ways learning becomes an integral part of living until finally the old distinction between life and education disappears. In short, life itself becomes a perpetual experience of learning."

-from The Democratic Man, Eduard Lindeman, 1956

Join SCSD in Celebrating 53 Years of Adult Education.

[Click on Departments or Community; then
Adult Education] and mail to:

Smithtown Adult Continuing Education
P.O. Box 906
Smithtown, NY 11787



ADULT EDUCATION ADVISORY COMMITTEE

Laurie Giannis Geraldine Jansen
Kenneth Klee Christina Koroni
Margaret McGauley Alicia Norwick
Charlotte Zeman



Assistant Superintendent for Instruction & Administration

Kevin R. Simmons, Ed.D.

Director of Adult Education

Patricia C. Russo



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