NEWS RELEASE
From "Adult Continuing Education"

Just a note to let you know that we will be offering the following classes in January & February for those who want to stay active and/or get off to a fresh start for the New Year: There is a registration form here to print out and send to us along with your check and/or money order made payable to:

"Smithtown Central School District" or "SCSD"

Daytime Classes Held at NYA Annex for Interim Session:

Beginning Yoga/Chair Yoga

Place: NYA - Multipurpose Room
Time: 10:15 – 11:15 a.m.
Dates: Mondays: January 4, 11, 25; February 1 & 8, 2027 (5 Sessions)
Fee: Res. $44
Out of District $55
Senior Citizen Fee: $40

and/or

Time: 10:15 – 11:15 a.m.
Dates: Fridays: January 8, 15, 22, 29; February 5 & 12, 2027 (6 sessions)
Fee: Res. $48
Out of District $58
Senior Citizen Fee: $43

Hela's Knit & Crochet Circle ~ Monday Afternoons

Place: NYA – Multipurpose Room
Time: 1:00 – 3:00 p.m.
Dates: January 4, 11, 25; February 1 & 8, 2027 (5 sessions)
Fee: Res. $59
Out of District $71
Senior Citizen Fee: $49

Lunchtime Light Yoga Stretch ~ Tuesday Afternoons

Place: NYA - Multipurpose Room
Time: 12:10 – 1:10 p.m.
Dates: Tuesdays: January 5, 12, 19, 26; February 2 & 9, 2027 (6 sessions)
Fee: Res. $48
Out of District $58
Senior Citizen Fee: $43

Mah Jongg Intermediate ~ Friday Afternoons

Place; NYA – Multipurpose Room (4 sessions)
Time: 12:00 - 2:30 p.m.
Dates: Fridays: January 22, 29; February 5 & 12, 2027 (4 sessions)
Fee: Res. $61
Out of District $71
Senior Citizen Fee: $52

Painting with Acrylics ~ Tuesday Afternoons (Limit: 12)

Place: NYA - Multipurpose Room
Time: 1:30 – 3:30 p.m.
Dates: Tuesdays: January 5, 12, 19; February 2 & 9, 2027 (5 sessions)
Fee: Res. $65
Out of District $76
Senior Citizen Fee: $55

Daytime Classes Held at NYA Annex for Interim Session:

Strong and Fit

Place: NYA - Multipurpose Room
Time: 9:00 – 10:00 a.m.
Dates: Mondays: January 4, 11, 25; February 1 & 8, 2027 (5 Sessions)
Fee: Res. $44
Out of District $55
Senior Citizen Fee: $40

and/or

Time: 9:00 – 10:00 a.m.
Dates: Fridays: January 8, 15, 22, 29; February 5 & 12, 2026 (6 sessions)
Fee: Res. $48
Out of District $58
Senior Citizen Fee: $43

Yoga: Easy Does It ~ Thursday Afternoons

Place: NYA - Multipurpose Room
Time: 4:30 – 5:30 p.m.
Dates: Thursdays: January 7, 14, 21, 28; February 4 & 11, 2027 (6 sessions)
Fee: Res. $48
Out of District $58
Senior Citizen Fee: $43

Monday Evening Adult Continuing Education Interim Classes:

Basketball ~ Monday Evenings

Place: Great Hollow Middle School – New Gym
Time: 7:00 – 9:00 p.m.
Dates: Mondays: January 4, 11, 25; February 1 & 8, 2027 (5 sessions)
Fee: Res. $59
Out of District $71
Senior Citizen Fee: $49

Beginning Yoga ~ Monday Evenings

Place: St James Elementary – Old Gym
Time: 7:00 – 8:30 p.m.
Dates: Mondays: January 4, 11, 25; February 1 & 8, 2027 (5 sessions)
Fee: Res. $53
Out of District $63
Senior Citizen Fee: $46

Tuesday Evening Adult Continuing Education Interim Classes:

Advanced Fundamentals of Guitar ~ Tuesday Evenings

Place: High School East – Room 105
Time: 7:00 – 8:30 p.m.
Dates: Tuesdays: January 5, 12, 19, 26; February 2 & 9, 2027 (6 sessions)
Fee: Res. $58
Out of District $70
Senior Citizen Fee: $48

Basketball ~ Tuesday Evenings

Place: High School East – Old Gym
Time: 8:00 – 10:00 p.m.
Dates: Tuesdays: January 5, 12, 19, 26; February 2 & 9, 2027
(6 sessions – no makeup dates are available for Interim)
Fee: Res. $65
Out of District $76
Senior Citizen Fee: $55

Volleyball – Advanced ~ Tuesday Evenings

Place: High School East – New Gym
Time: 8:00 – 10:30 p.m.
Dates: Tuesdays: January 5, 12, 19, 26; February 2 & 9, 2027
(6 sessions -makeup dates are not available for Interim).
Fee: Res. $74
Out of District $84
Senior Citizen Fee: $61

Wednesday Evening Adult Continuing Education Interim Classes:

Mindful Hatha Yoga Flow ~ Wednesday Evenings

Place: St James Elementary – Old Gym
Time: 7:00 – 8:15 p.m.
Dates: Wednesdays: January 6, 13, 20, 27; February 3 & 10, 2027 (6 sessions)
Fee: Res. $53
Out of District $64
Senior Citizen Fee: $46

Yoga with Pete ~ Wednesday Evenings

Place: Nesconset Elementary – Back Gym
Time: 7:00 – 8:30 p.m.
Dates: Wednesdays: January 13, 20, 27; February 3 & 10, 2027 (5 sessions)
Fee; Res. $53
Out of District $63
Senior Citizen Fee: $46

Yoga: Gentle Flow ~ Wednesday Evenings

Place: Mt Pleasant Elementary – Gym
Time: 7:00 – 8:15 p.m.
Dates: Wednesdays: January 6, 13, 27 & February 3, 2027 (4 sessions)
Fee: Res. $44
Out of District $54
Senior Citizen Fee: $39

Thursday Evening Adult Continuing Education Interim Classes:

Volleyball – Intermediate ~ Thursday Evenings

Place: High School East – New Gym
Time: 8:00 – 10:30 p.m.
Dates: Thursdays: January 7, 14, 21, 28; February 4 & 11, 2027
(6 sessions – makeup dates are not available for Interim)
Fee: Res. $74
Out of District $84
Senior Citizen Fee: $61

Yin Yoga ~ Thursday Evenings

Place: Smithtown Elementary – Blue Gym
Time: 7:00 – 8:00 p.m.
Dates: Thursdays: January 7, 14, 21 & 28, 2027 (4 sessions)
Fee: Res. $40
Out of District $50
Senior Citizen Fee: $36

Yoga: Keeping It Real ~ Thursday Evenings

Place: Mt Pleasant Elementary – Gym
Time: 7:00 – 8:00 p.m.
Dates: Thursdays: January 7, 14, 21, 28; February 4 & 11, 2027 (6 sessions)
Fee: Res. $48
Out of District $58
Senior Citizen Fee: $43

Please complete a separate registration form **per person** for each class. Signature, date, phone number and e-mail address must be included. Enclose a **separate** check and/or money order **per person for each class** made payable to **"Smithtown Central School District"** or **"SCSD."**

Mail to: Smithtown Adult Continuing Education
P.O. Box 906
Smithtown, NY 11787

Call us for further information and updates at 631-382-2090.

SMITHTOWN ADULT CONTINUING EDUCATION Interim2027
PO BOX 906 SMITHTOWN, NY 11787

_____ _____
LAST NAME **FIRST NAME**

_____
ADDRESS **CITY** **ZIP**

_____ _____
HOME PHONE **CELL PHONE**

_____
EMAIL ADDRESS (print clearly)

DISTRICT___ **OUT OF DISTRICT**_____ **SENIOR CITIZEN**_____

_____ **UNDER 21** _____ **OVER 21** _____.
COURSE TITLE OR TRIP

_____ _____ _____
DAY **TIME** **FEE**

I understand that participation in all classes & activities is at my own risk.
I agree to abide by the SCSD Code of Conduct.

_____ _____
SIGNATURE **DATE**

Check us out on the web at
www.smithtown.k12.ny.us!
Click on Menu; then click on
Departments or Community; then Adult Education