

NEWS RELEASE

From “Adult Continuing Education”

Just a note to let you know that we will be offering the following classes in January & February for those who want to stay active and/or get off to a fresh start for the New Year: There is a registration form here to print out and send to us along with your check and/or money order made payable to:

“Smithtown Central School District” or “SCSD”

Daytime Classes Held at NYA Annex for Interim Session:

Beginning Yoga/Chair Yoga

Place: NYA - Multipurpose Room

Time: 10:15 – 11:15 a.m.

Dates: Mondays: January 5, 12, 26; February 2 & 9, 2026 **(5 Sessions)**

Fee: Res. \$44

Out of District \$55

Senior Citizen Fee: \$40

and/or

Time: 10:15 – 11:15 a.m.

Dates: Fridays: January 9, 16, 23, 30; February 6 & 13, 2026 **(6 sessions)**

Fee: Res. \$48

Out of District \$58

Senior Citizen Fee: \$43

Crochet/Knitting ~ Monday Afternoons

Place: NYA – Multipurpose Room

Time: 1:00 – 3:00 p.m.

Dates: January 5, 12, 26; February 2 & 9, 2026

Fee: Res. \$59

Out of District \$71

Senior Citizen Fee: \$49

Introduction to Decorative Painting ~ Wednesday Afternoons (Limit: 12)

Place: NYA – Multipurpose Room

Time: 1:30 – 3:30 p.m.

Dates: January 7, 14, 21, 28; February 4 & 11, 2026 (6 sessions)

Fee: Res. \$70

Out of District \$81

Senior Citizen Fee: \$60

Lunchtime Light Yoga Stretch ~ Tuesday Afternoons

Place: NYA - Multipurpose Room

Time: 12:10 – 1:10 p.m.

Dates: Tuesdays: January 6, 13, 20, 27; February 3 & 10, 2026 (6 sessions)

Fee: Res. \$48

Out of District \$58

Senior Citizen Fee: \$43

Painting with Acrylics ~ Tuesday Afternoons (Limit: 12)

Place: NYA - Multipurpose Room

Time: 1:30 – 3:30 p.m.

Dates: Tuesdays: January 6, 13, 20, 27; February 3 & 10, 2026 (6 sessions)

Fee: Res. \$70

Out of District \$81

Senior Citizen Fee: \$60

Daytime Classes Held at NYA Annex for Interim Session:

Strong and Fit

Place: NYA - Multipurpose Room

Time: 9:00 – 10:00 a.m.

Dates: Mondays: January 5, 12, 26; February 2 & 9, 2026 (5 Sessions)

Fee: Res. \$44

Out of District \$55

Senior Citizen Fee: \$40

and/or

Time: 9:00 – 10:00 a.m.

Dates: Fridays: January 9, 16, 23, 30; February 6 & 13, 2026 (6 sessions)

Fee: Res. \$48

Out of District \$58

Senior Citizen Fee: \$43

Tai Chi Chuan

Place: NYA – Multipurpose Room

Time: 11:30 a.m. – 12:30 p.m.

Dates: Thursdays: January 8, 15, 22, 29; February 5 & 12, 2026 (6 sessions)

Fee: Res. \$48

Out of District \$58

Senior Citizen Fee: \$43

Yoga: Easy Does It ~ Thursday Afternoons

Place: NYA - Multipurpose Room

Time: 4:30 – 5:30 p.m.

Dates: Thursdays: January 8, 15, 22, 29; February 5 & 12, 2026 (6 sessions)

Fee: Res. \$48

Out of District \$58

Senior Citizen Fee: \$43

Monday Evening Adult Continuing Education Interim Classes:

Basketball ~ Monday Evenings

Place: Nesconset Elementary – Back Gym (Brown's Road Entrance)

Time: 7:00 – 9:00 p.m.

Dates: Mondays: January 5, 12, 26; February 2 & 9, 2026 (5 sessions)

Fee: Res. \$59

Out of District \$71

Senior Citizen Fee: \$49

Beginning Yoga ~ Monday Evenings

Place: St James Elementary – Old Gym

Time: 7:00 – 8:30 p.m.

Dates: Mondays: January 5, 12, 26; February 2 & 9, 2026 (5 sessions)

Fee: Res. \$53

Out of District \$63

Senior Citizen Fee: \$46

Intro to Line Dancing ~ Monday Evenings

Place: Smithtown Elementary – Blue Gym

Time: 7:00 – 8:00 p.m.

Dates: Mondays: January 5, 12, 26; February 2 & 9, 2026 (5 sessions)

Fee: Res. \$44

Out of District \$55

Senior Citizen Fee: \$40

Tuesday Evening Adult Continuing Education Interim Classes:

Advanced Fundamentals of Guitar ~ Tuesday Evenings

Place: High School East – Room 160

Time: 7:00 – 8:30 p.m.

Dates: Tuesdays: January 6, 13, 20, 27; February 3 & 10, 2026 (6 sessions)

Fee: Res. \$58

Out of District \$70

Senior Citizen Fee: \$48

Basketball ~ Tuesday Evenings

Place: High School East – Old Gym

Time: 8:00 – 10:00 p.m.

Dates: Tuesdays: January 6, 13, 20, 27; February 3 & 10, 2026
(6 sessions – no makeup dates are available for Interim)

Fee: Res. \$65

Out of District \$76

Senior Citizen Fee: \$55

Mah Jongg: Get Tournament Ready ~ Tuesday Evenings

Place: NYA – Multipurpose Room (4 sessions)

Time: 6:30 – 9:00 p.m.

Dates: Tuesdays: January 6, 13, 20 and 27, 2026

Fee: Res. \$61

Out of District \$71

Senior Citizen Fee: \$52

Volleyball – Advanced ~ Tuesday Evenings

Place: High School East – New Gym

Time: 8:00 – 10:30 p.m.

Dates: Tuesdays: January 6, 20, 27 and February 10, 2026
(4 sessions -makeup dates are not available for Interim).

Fee: Res. \$61

Out of District \$71

Senior Citizen Fee: \$52

Wednesday Evening Adult Continuing Education Interim Classes:

Mindful Hatha Yoga Flow ~ Wednesday Evenings

Place: St James Elementary – Old Gym

Time: 7:00 – 8:15 p.m.

Dates: Wednesdays: January 7, 14, 21, 28; February 4 & 11, 2026 (6 sessions)

Fee: Res. \$53

Out of District \$64

Senior Citizen Fee: \$46

Yoga with Pete ~ Wednesday Evenings

Place: Nesconset Elementary – Back Gym

Time: 7:00 – 8:30 p.m.

Dates: Wednesdays: January 7, 14, 21, 28; February 4 & 11, 2026 (6 sessions)

Fee; Res. \$58

Out of District \$70

Senior Citizen Fee: \$48

Yoga: Gentle Flow ~ Wednesday Evenings

Place: Mt Pleasant Elementary – Gym

Time: 7:00 – 8:15 p.m.

Dates: Wednesdays: January 7, 14, 21, 28; February 4 & 11, 2026 (6 sessions)

Fee: Res. \$53

Out of District \$64

Senior Citizen Fee: \$46

Thursday Evening Adult Continuing Education Interim Classes:

Volleyball – Intermediate ~ Thursday Evenings

Place: High School East – New Gym

Time: 8:00 – 10:30 p.m.

Dates: Thursdays: January 8, 15, 22, 29; February 5 & 12, 2026
(6 sessions – makeup dates are not available for Interim)

Fee: Res. \$74

Out of District \$84

Senior Citizen Fee: \$61

Yoga: Keeping It Real ~ Thursday Evenings

Place: Mt Pleasant Elementary – Gym

Time: 7:00 – 8:00 p.m.

Dates: Thursdays: January 8, 15, 22, 29; February 5 & 12, 2026 (6 sessions)

Fee: Res. \$48

Out of District \$58

Senior Citizen Fee: \$43

Please complete a separate registration form **per person** for each class. Signature, date, phone number and e-mail address must be included. Enclose a **separate** check and/or money order **per person for each class** made payable to **"Smithtown Central School District"** or **"SCSD."**

**Mail to: Smithtown Adult Continuing Education
 P.O. Box 906
 Smithtown, NY 11787**

Call us for further information and updates at 631-382-2090.

SMITHTOWN ADULT CONTINUING EDUCATION		Interim2026
PO BOX 906		SMITHTOWN, NY 11787
_____ LAST NAME		_____ FIRST NAME
_____ ADDRESS	_____ CITY	_____ ZIP
_____ HOME PHONE		_____ CELL PHONE
_____ EMAIL ADDRESS (print clearly)		
DISTRICT _____	OUT OF DISTRICT _____	SENIOR CITIZEN _____
_____ COURSE TITLE OR TRIP		UNDER 21 _____ OVER 21 _____
_____ DAY	_____ TIME	_____ FEE
I understand that participation in all classes & activities is at my own risk.		
_____ SIGNATURE		_____ DATE

**Check us out on the web at
[www.smithtown.k12.ny.us!](http://www.smithtown.k12.ny.us)
Click on Menu; then click on
Departments or Community; then Adult Education**