



Physical Education, Health Education, Nurses & Athletics

SCSD Board of Education Meeting
February 11th, 2025

Elementary Physical Education

- 3 Classes of PE a week all students K-5th
- Activity based program
- Skill development; spatial awareness; movement enhancement; coordination
- Teamwork/Sportsmanship
- Monthly Health Lessons; Great Body Shop
- Personal Safety, Positive Mental Health, Nutrition, Family, Body Awareness, Disease, etc.
- Aligned with NYSED



Middle School Physical Education

- Optional Changing Policy
- Introductory units team and individual sports
- Enhanced skill development
- Game play, knowledge, rules, strategy
- Fitness and activity based
- Responsible decision making
- Personal responsibility



High School Physical Education

- Optional Changing Policy
- 9th graders general Physical Education
- Unique set up for 10th - 12th graders selective programs
- Team Sports
- Lifetime Sports
- Personal Fitness
- Adventure Education
- Movement



New York State Association for
Health, Physical Education,
Recreation and Dance

Health Education 7th & 8th Graders

- Quarter Classes
- Age appropriate discussions
- Personal Health (Mental, Social, Physical)
- Personal safety, vaping, drugs, nutrition, family living, internet safety, disease, intro to cpr & first aid
- Current events



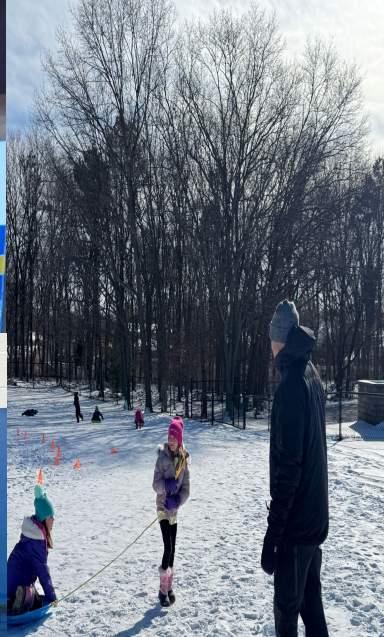
High School Health

- Full Semester Classes
- Most complete it during 9th grade year
- Social, physical, emotional
- Healthy Relationships, Vaping, Drugs, Diseases, Nutrition, Healthy Lifestyle, Internet Safety
- Mental Health
- Educational approach to current events
- CPR Certification
- Sports Medicine - AP Credits





- **26 Full time and part time**
- **Clear all our student athletes grades 7-12th for after school athletics**
- **Final Forms**
- **Need/Demand at an all time high**
- **Delivery of certain medication only by RN's**





East Side!





Play (k)



Athletics



- 7th - 12 graders Participate
- 190 Middle and High School Teams in Total
- Recent Addition of Unified Bowling; Girls Flag Football
- 243 Coaching Positions
- 45% of Secondary Students Participate in at least one sport
- League, Conference, County, Long Island, NYS, Federation, National Level
- Constant Collaboration - Music Dept; Relay For Life; Athletes Helping Athletes; Leadership Club









**Smithtown
Central
School
District**

- Team Up 4 Community
- Smithtown Children's Foundation
- Coaches vs Cancer
- Stephanie Belli Festival
- Bob Pratt Meet
- Think Pink
- Dezy Strong
- Kicks for Cancer



Booster Club

- Provides 20 yearly Scholarships to Graduating Seniors
- Summer Sports Camp Program
- Purchases wishlist items for our programs
- Weight Room Equipment
- Outdoor Speaker Sound Systems at each HS
- New Scoring Tables at each HS this Spring
- Athletes Helping Athletes
- Smithtown Hall of Fame
- MS Scholar Athlete Team Breakfast
- Aligned with district philosophy







Thank you