



Commack Behavioral Health Clinic (BHC)

Mr. Daniel J. Helmes - Assistant Superintendent for P.P.S.

Mr. Kevin Colon - Administrator for Guidance and Related Student Services

Ms. Jacqueline Harden - School Psychologist

November 9, 2022

Smithtown Central School District



Commack Behavioral Health Clinic Assists Smithtown Students and Families

- **Providing Urgent Access to Psychiatric Assessments**
- **School District Support for Students in Need**
- **Family Support and Education**
- **Assistance with Avoiding Hospital Admissions and Emergency Room Visits**
- **Parent Assistance Obtaining a Non-Emergency Psychiatric Evaluation**
- **Referrals for Patients in Crisis**
- **Short-term Crisis Care**





Signs of Difficulties

- Acute anxiety/school refusal
- Significant behavioral issues
- Significant mood disturbances affecting functioning
- Harmful thoughts or comments, safety concerns recently or in the past



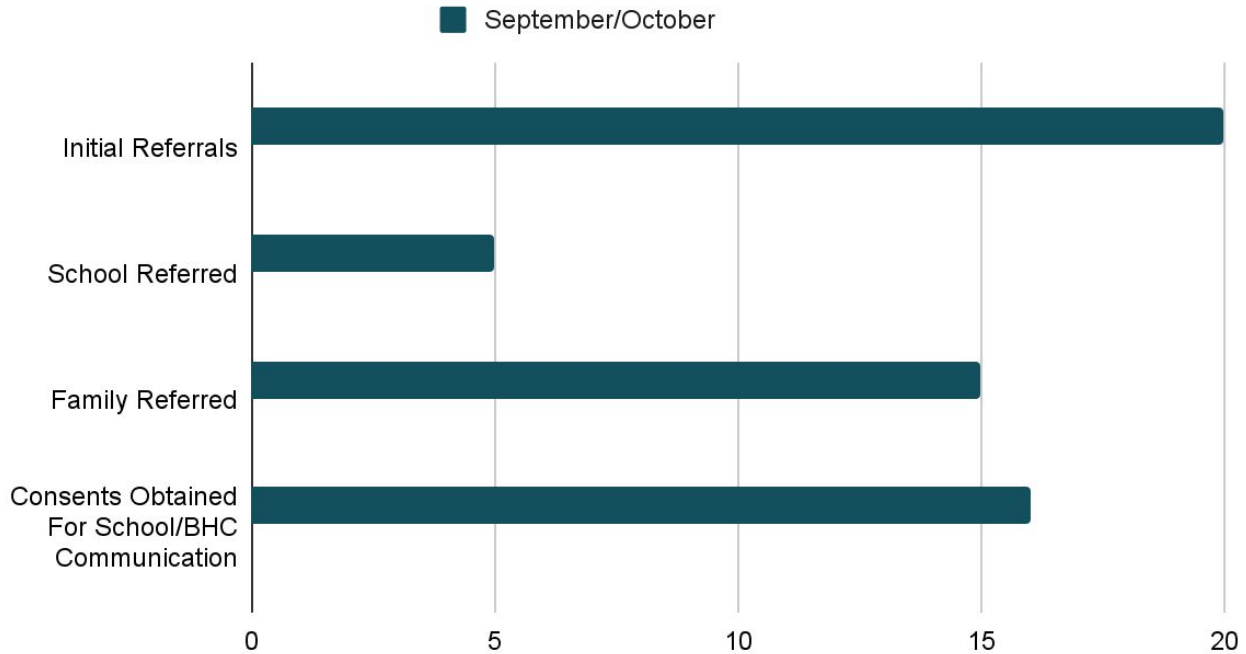
Behavioral Health Clinic Interventions & Support

- Avoids Emergency Room Visits
- Assists with Community Linkage
- Assists Families with Community Counseling
- Collaboration between the School and the Family
- Staff Education/continuing education workshops
- Staff Support for Working with Vulnerable Students
- Resources



Supporting Students

BHC Student Use





Family and Staff Feedback:

- The psychiatrist has been fantastic
- The doctors were great with following up with students
- The recommendations from the BHC have provided appropriate referrals and needed supports for students
- The parent was happy with the staff and were helpful in meeting the child's needs
- The experience has been pleasant and the parent is happy with the program
- Knowledgeable and helpful
- Follow up to school and family is extremely valuable
- It is helpful to have additional resources for families when a crisis occurs



Community Education

- Transition Tips for a Successful School Year
 - Developing Healthy Screen Habits
- Supporting your Child's Healthy Eating Habits
 - Stress and Coping Skills





Commack Behavioral Health Clinic

Commack Location:

2171 Jericho Turnpike
Suite 345
Commack N.Y. 11725

Hours of Operation:

Monday-Friday 9:30 AM-5:30 PM

Phone:

(631) 775-3280

Email:

combh@northwell.edu





Question and Answers:

