

SMITHTOWN EAST BULLS BASEBALL



The Booster Club of Smithtown
P.O. Box 166
Smithtown, NY 11787



LEAGUE III CHAMPIONS 2010, 2012, 2013, 2015, 2016 & 2018

FRIDAY NIGHT LIGHTS **2022**

Friday Night Lights is designed to offer **Smithtown East baseball players** in grades 7 and 8 a chance to prepare for the up coming season. This pre-season training will be a four week program leading up to the Middle School Season. The workout emphasis will be on hitting, throwing mechanics and fielding fundamentals.

We will be limited to 30 players

DATES: February 4, 11, 18 & March 4

TIME: 7- 9:30pm

LOCATION: Smithtown East High School Gyms

REGISTRATION FEE: \$200

***All payments are made through the Smithtown Booster Club**
Website

www.smithtownboosterclub.com

***Please note that the FNL program will be limited to the first 30 players that sign up per session.**

THE STAFF

Rob Christensen – Varsity

Pat Lagravinese – Varsity

Rich Hutter – Junior Varsity



*If you have any questions please contact Coach Christensen at RChristensen@swr.k12.ny.us .