



St. James-Nesconset

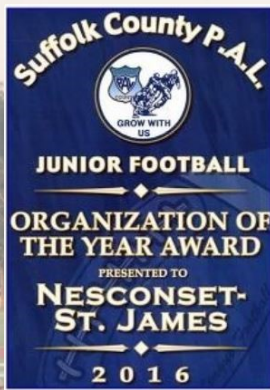


YOUTH FOOTBALL & CHEER

REGISTRATION FOR THE 2019 SEASON IS OPEN!

Open Registration for ages 5-12 years old (age as of 11/15/2019)

*Join "Bulldog Nation" and enjoy great league events such as:
1st Ever Skills Clinic & Mom's Flag Football Game!*



5 & 6 Year Old Program - \$149

PRACTICES WILL BEGIN IN LATE JULY. GAMES WILL BE PLAYED SATURDAY MORNINGS & AFTERNOONS. 8 GAMES ARE SCHEDULED.

7 & 12 Year Old Program - \$299

PRACTICES WILL BEGIN IN LATE JULY. GAMES WILL BE PLAYED SATURDAY NIGHTS/SUNDAYS. A MAXIMUM OF 10 GAMES WILL BE PLAYED.

Registration Fee Covers:

- ◇ Equipment (Helmet, Shoulder Pads, Game Pants)
- ◇ Football Jersey
- ◇ Referee and Field use fees
- ◇ Insurance

All coaches are Heads Up Football Certified with CPR & AED Training & Certification. An AED will be at all home games & practice facilities. On Field Paramedics at all home games.

CHEER
NOW
OPEN!

We offer sideline and competition cheer programs!

HOME OF THE 2017 SUFFOLK COUNTY P.A.L. CHAMPS

11 Year Old Division 1

For more information & to register, please visit our website at:

www.sjnyouthfootball.com

If you have any questions, please email us at

sjnyouthfootball@gmail.com

