



Sunshine

PREVENTION CENTER FOR YOUTH & FAMILIES

REGISTER NOW FOR SOCIAL SKILLS PROGRAMS

Monthly Social Development topics include:

- Friendships
- Self-esteem
- Anger Management
- Positive thinking
- Expressing emotions
- Coping with anxiety
- Communication
- Handling with conflict
- Dealing with Bullying

Evenings Support Groups:

- **Age 5 through teens**
- **Young Adult group**
- **Parent/Guardian Component**

CALL TO MAKE AN APPOINTMENT FOR AN IFA –
TO LEARN MORE ABOUT THE PROGRAMS

**Court-approved programs also provided:
Parenting and Anger Management**

REGISTRATION AND CONTACT INFO: 631-476-3099

EMAIL: AMBER.SUNSHINECENTER@GMAIL.COM



Working together to build Drug-free & Violence-free Communities
Sunshine Prevention Center. 468 Boyle Road. Port Jefferson Station
www.sunshinepreventionctr.org