



# Sunshine

*PREVENTION CENTER FOR YOUTH & FAMILIES*

## REGISTER NOW FOR SOCIAL SKILLS PROGRAMS

Though life may  
seem dark and cloudy,  
remember...

### Social Development topics include:

- Friendship
- Self-esteem
- Anger Management
- Positive thinking
- Expressing emotions
- Coping with anxiety
- Communication
- Handling conflict
- Dealing with Bullying/Teasing

### Evenings Support Groups:

- Age 5 through teens
- Young Adult group
- Parent/Guardian  
Component

CALL TO MAKE AN APPOINTMENT  
FOR AN IFA – TO LEARN MORE  
ABOUT THE PROGRAMS

ALSO OFFERED: COURT-APPROVED PROGRAMS  
PARENTING & ANGER MANAGEMENT, COMMUNITY SERVICE

[www.sunshinepreventionctr.org](http://www.sunshinepreventionctr.org)

**REGISTRATION AND CONTACT INFO: 631-476-3099**

**EMAIL:** [AMBER.SUNSHINECENTER@GMAIL.COM](mailto:AMBER.SUNSHINECENTER@GMAIL.COM) OR [DRCARTER.SUNSHINECENTER@GMAIL.COM](mailto:DRCARTER.SUNSHINECENTER@GMAIL.COM)

*Working together to build Drug-free & Violence-free Communities*

Sunshine Prevention Center. 468 Boyle Road. Port Jefferson Station

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