

### SPRING 2024 CONTINUING EDUCATION CALENDAR \*

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M

	FEBRU	JARY/M	ARCH	
26	27	28	29	1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

		APRIL		
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30			

		MAY		
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31

NO CLASSES HELD AT ALL LOCATIONS

### SCHOOL CLOSINGS AND DELAYS

Check the school district website @ www.smithtown.k12.ny.us. If the Smithtown School

District is closed or afternoon activities are cancelled, Adult Education classes are also cancelled. If there is a delayed opening, Adult Continuing Education classes are held as scheduled.

Dear Friends and Neighbors,

It's always springtime here in Smithtown \*\* whether the weather cooperates or not. \*\* Thankfully, the community in which we live \*\* affords us many possibilities and the \*\* opportunity to make the most of our days.

\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*

\* Rise and Shine and wake up to the newness of \*
\* another season! Take advantage of all that \*
\* you can do and experience right in your \*
\* own backyard: Yoga, Basketball, Volleyball, \*
\* Watercolors, Zumba, Mah Jongg, Creative \*
\* Writing, Colored Pencil, and Guitar, just to \*
\* name a few! Or, join us on a journey back to \*
\* NYC for a day of culture and excitement! Either \*
\* way, hold on to the belief that learning is for life \*
\* and commit to growing better every day.

\* I wish you a Happy Spring!

Pat Russo

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\* Patricia Russo\* Director, Adult Education



Visit our website @ <u>www.smithtown.k12.ny.us</u>
[Click on Departments or Community; then Adult Education]

\*\*\*\*\*\*\*\*\*\*\*\*

### LOCATIONS

**NEW YORK AVE. ANNEX (NYA)** 

Joseph M. Barton District Bldg. 26 New York Ave. (South side entrance) Smithtown, NY 11787

SMITHTOWN HIGH SCHOOL EAST (HSE)

10 School St.

St. James, NY 11780

SMITHTOWN HIGH SCHOOL WEST (HSW)

100 Central Rd.

Smithtown, NY 11787

**GREAT HOLLOW MIDDLE SCHOOL (GHMS)** 

150 Southern Blvd.

Nesconset, NY 11767

**NESAQUAKE MIDDLE SCHOOL (NMS)** 

479 Edgewood Ave.

St. James, NY 11780

**MILLS POND ELEMENTARY (MPE)** 

246 Moriches Rd.

St. James, NY 11780

MT. PLEASANT ELEMENTARY (MTP)

33 Plaisted Ave.

Smithtown, NY 11787

NESCONSET ELEMENTARY (NE)

29 Gibbs Pond Rd.

Nesconset, NY 11767

SMITHTOWN ELEMENTARY (SEL)

51 Lawrence Ave.

Smithtown, NY 11787

ST. JAMES ELEMENTARY (SJE)

580 Lake Ave. St. James, NY 11780

<sup>\*</sup> See pages 16 & 17 for Adult Basic Education.

### <u>ADULT CONTINUING EDUCATION (ACE)</u>

### READ THIS FOR REGISTRATION PROCEDURE

- 1. Complete a separate registration form **per person** for <u>each</u> selection (class or trip). Signature, date, phone number and e-mail address **must** be included. See page 19 for forms. Additional forms may be downloaded from the website.
- **2.** Enclose a <u>separate</u> check and/or money order **per person** (for each class and/or trip) made **payable** to <u>"Smithtown Central School District"</u> or "SCSD." Fees are noted with each listing.
- 3. Mail all registrations to:

Smithtown Adult Continuing Education PO Box 906 Smithtown, NY 11787-0906

NOTE: Please register early to avoid disappointment. Add \$5.00 Late Fee per class for registrations postmarked after February 24, 2024.



### **REMINDERS**

- Mail-in registrations only. Find forms on page 19.
- Registrations are processed on a first-come, first-served basis.
- Registrants must be 18 or older and out of high school.
- The Continuing Education Program does not mail confirmations. Unless contacted, assume you have been enrolled and attend the first session.
- Example Checks may take 6-8 weeks to be processed. No cash payments.
- No refunds. Please plan carefully.
- Senior Citizen Fee requires proof of age (60+). Enclose a copy of driver's license or I.D. with date of birth.
- Out-of-District Fee applies to those not residing within the Smithtown Central School District (SCSD). If over age 60, Senior Citizen Fee applies.
- Doly <u>registered</u> students may attend class. Be sure to check in on the Attendance sheet provided for every class you attend. No guests, observers, or children.
- Please arrive to class **no earlier than 15 minutes prior** to start time. Note location.
- SCSD is a smoke-free, alcohol-free, and drug-free environment.
- SACE reserves the right to cancel/change/substitute courses, events, teachers, locations, etc., due to unforeseen circumstances.
- All participants must abide by the SCSD Code of Conduct (Board Policy 5300).
- Participation in any class, activity, or trip is at your own risk. Please consult your physician prior to registration.



### Any Questions? CALL ACE @ 631.382.2090

Watch for updates and class photos on our website @ www.smithtown.k12.ny.us

[Click on Departments or Community; then Adult Education]



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Let It Flow! Let It Go! Yoga Class	
Literacy and Workplace Skills	
Lunchtime Light Yoga Stretch	
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Oil Painting	
Painting with Acrylics (New)	
Strong and Fit <b>M/F</b>	
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"Despite the forecast,

live like it's spring.

Lilly Pulitzer

### **CREATIVE & FINE ARTS**

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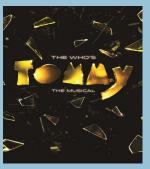


### **DEFENSIVE DRIVING**

Tuesdays, April 9 & 16, 2024 ...... 10
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### **BROADWAY BOUND!!!**





The Who's Tommy

& Juliet

SEE LISTINGS ON PAGE 18



### DAYTIME CLASSES HELD @ NYA ANNEX



### <u>AFTERNOON YOGA SPA</u>

Shirley Cravotta, RYT **NYA** Multipurpose Room Revitalize body, mind, and spirit. The ancient art of yoga combines gentle stretches with deep breathing and relaxation techniques to naturally soothe away the stresses of daily life. This course will provide you with all the tools needed to experience true well-being and inner peace, even against the backdrop of an uncertain world. Learn how to unwind from your day and ease into the weekend. Open to women and men of all ages and levels of ability. Please bring a yoga sticky mat. Class starts: Thursday, March 7, 2024

8 Sessions FEE: Res. \$56 4:30-5:30 PM Out of Dist. \$66 Senior Citizen Fee: \$47



### **BEGINNING YOGA/CHAIR YOGA**

**NYA** Multipurpose Room Larisa DelVecchio Based on the practice of asana poses taught in the Hatha tradition, this class uses basic poses as the foundation for awareness of body alignment, natural movement principles, and breathing. Greater strength, flexibility, energy, balance, and concentration are just some of the benefits gained in this progressive practice. Wear comfortable clothing that allows free movement. Bring a yoga sticky mat, two firm blankets, two foam yoga blocks, and a yoga belt.

Class starts: Monday, March 4, 2024

8 Sessions FEE: Res. \$56 10:15-11:15 AM Out of Dist. \$66 Senior Citizen Fee: \$47

### and/or

Class starts: Friday, March 8, 2024

8 Sessions FEE: Res. \$56 10:15-11:15 AM Out of Dist. \$66 Senior Citizen Fee: \$47

Sign up for one or both days!

Please send separate check and form for each day.

SACE reserves the right to cancel/change/ substitute courses, events, teachers, locations, etc., due to unforeseen circumstances.

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### **COLORED PENCIL**

**Linda Gore** 

NYA Multipurpose Room

How can you color your day? Join me to learn some of the many techniques that go into creating an art form using colored pencils. We will start with color theory and designing your own composition; then we move onto a Still Life Project that you are sure to enjoy. Where we go from there will depend upon class interest and ability.

Teacher will supply paper for the first class; you will need to bring a ruler and 8-10 colored pencils (red, canary yellow, indigo blue, black, white, dark brown, medium green, purple, and light blue). Other colors will be added as the class progresses. (PRISMACOLOR brand produces the best results.) You will also need a pad of smooth finish paper (8.5" x 11") which can be purchased at a local art supply

Class starts: Wednesday, March 6, 2024

8 Sessions FEE: Res. \$82 (Limit: 12) Out of Dist. \$94 1:30-3:30 PM Senior Citizen Fee: \$69

### **COUNTRY LINE DANCING (Improver)**

Karen Anderson NYA Multipurpose Room For those with some dance experience, who are comfortable with basic steps (grapevine, jazz box, triple step) and wish to learn old classic dances as well as some fun new dances too! Learn more line dance steps, review popular dances familiar on Long Island, and try some new ones. Enjoy some country music while getting some exercise. Make new friends who share your love of music and dance! Dress in comfortable layers. Bring water.

Class starts: Tuesday, March 5, 2024

6 Sessions FEE: Res. \$53 10:45 AM -12:00 PM Out of Dist. \$64 Senior Citizen Fee: \$46

### **ONGOING**

### LITERACY AND WORKPLACE SKILLS

Are you in need of basic skills to further employment or educational pursuits? Enhance writing skills, learn computer basics, connect with job opportunities for a better future.

See Pages 16 & 17: **Adult Basic Education** 





## DAYTIME





### CROCHET/KNITTING Beginning & Intermediate

Hela Ressa

Learn to read instructions and have ample time to complete a project. Those skilled in the basic stitches will learn more intricate patterns as well as how to give their work a more professional look. **Materials: either** one pair of knitting needles (size 8) **or** a large crochet hook, size letter I; one skein of worsted-weight knitting yarn [4], light color; scissors; tape measure; tapestry needle #13.

Class starts: Monday, February 26, 2024

Senior Citizen Fee: \$ 73



### INTRODUCTION TO LINE DANCING

Karen Anderson
NYA Multipurpose Room
Need to exercise your body and mind? Try line dancing. It's a
fun way to add thousands of steps to your day. Learn basic
steps and simple, beginner dances that are done on Long
Island. Don't be shy! There are no mistakes in line dancing only variations. No partner needed. Dress in comfortable
layers. Leather-soled shoes or dance shoes are best. Bring
water. For those with little or no dance experience.

Class starts: Wednesday, March 6, 2024

6 Sessions FEE: Res. \$53 (Limit: 20) Out of Dist. \$64 12:00-1:15 PM Senior Citizen Fee: \$46

### **LET IT FLOW! LET IT GO! YOGA CLASS**

Nancy Anderson
In this Vinyasa style yoga class, mindful connections will be built between the body and mind through movement and breath to encourage benefits both on and off the mat. You can expect an emphasis on simplicity, repetition, and ease of movement throughout class. Vinyasa flow yoga emphasizes the sequential movement between postures, coordinated with and guided by deliberate breath. This style of practice becomes a moving meditation that creates strength, freedom and fluidity in the body and mind and is suitable and designed for all levels of practitioner. It is recommended to have a yoga mat, yoga strap (or bathrobe tie or men's tie), water and throw-size blanket (or a larger bath or beach towel). Yoga blocks are optional.

Class starts: Wednesday, March 6, 2024

10 Sessions FEE: Res. \$62 4:30-5:30 PM Out of Dist. \$73 Senior Citizen Fee: \$54 T YOGA STRETCH

### **LUNCHTIME LIGHT YOGA STRETCH**

Christine Graf

NYA Multipurpose Room
Restore. Renew and re-energize. Allow yourself the time to
balance mind and body. Join us for an hour of light
stretching, gentle yoga postures, and calming breathing
techniques. Wear loose-fitting clothing. Bring a blanket and a
yoga sticky mat. Foam block and belt are optional, but helpful.

Class starts: Tuesday, March 5, 2024

10 Sessions 12:10-1:10 PM FEE: Res. \$62 Out of Dist. \$73 Senior Citizen Fee: \$54



### **MAH JONGG FOR BEGINNERS**

Wendy Meagher

Looking for a fun, challenging game that's being played by men, women, singles, and couples? Join the fast-growing

trend and meet new friends while learning the exciting and thought-provoking game of American Mah Jongg. The course covers all aspects of the game including understanding the card, selecting a hand, and playing strategies which all lead to the ultimate Mah Jongg! By the second class, the games

begin and the challenge is on!

Order your **2024** cards online at <u>Nationalmahjonggleague.org</u> and bring your Mah Jongg set to class if you have one. <u>It is imperative</u> that you attend the first class where the premise and rules of the game are explained!

Class starts: Friday, March 8, 2024

8 Sessions 12:00-2:30 PM FEE: Res. \$89 Out of Dist. \$99 Senior Citizen Fee: \$72



### **OIL PAINTING-Beginner/Intermediate**

William Buchholz

Come and enjoy a relaxing oil painting class for artists who wish to get a taste of painting in oils or for those who would like to develop their skills to the next level: Fundamentals in design, color mixing, and painting techniques. All skill levels welcome; group and individual attention provided so all will succeed.

**Supply List:** Oil paints, brushes, canvas or board, painting palette pad, palette knife, odorless thinner, smock, paper towels or rag, printed images, and a small easel (optional). We will discuss a more detailed supply list during our first class.

Class starts: Thursday, March 7, 2024

10 Sessions FEE: Res. \$ 95 (Limit: 12) Out of Dist. \$106 1:00-3:00 PM Senior Citizen Fee: \$ 78

6

## CLASSES



### **PAINTING WITH ACRYLICS**

Kevin Larkin

Discover the beauty and versatility of acrylic paint. Unlock your creativity and explore the transition from reality to abstraction.

Materials: 4 ounce tubes of acrylic paint (all colors and black and white); set of artist brushes; two (2) 18" X 24" stretched canvases; paper palette for mixing paint; large cup for water.

Class starts: Tuesday, March 5, 2024

 10 Sessions
 FEE: Res. \$ 95

 (Limit: 12)
 Out of Dist. \$106

 1:30-3:30 PM
 Senior Citizen Fee: \$ 78



### STRONG AND FIT

Larisa DelVecchio

NYA Multipurpose Room
This class is especially designed for older adults or for
anyone who likes to include a low-intensity, low-impact
workout into their fitness plan. Warm up movements, a bit of
dance cardio, light-weight strength training, isometric
training, and stretching round out the agenda for this onehour session.

Please bring 3 lb. and 5 lb. weights, bottle of water and a great attitude! Adults of all ages and ability levels are welcome and encouraged. Join us or one or both days!

Class starts: Monday, March 4, 2024

8 Sessions FEE: Res. \$56 9:00-10:00 AM Out of Dist. \$66 Senior Citizen Fee: \$47

and/or

Class starts: Friday, March 8, 2024

8 Sessions FEE: Res. \$56 9:00-10:00 AM Out of Dist. \$66 Senior Citizen Fee: \$47

Sign up for one or both days!

Please send separate check and form for each day.



MEDICAL ADVISEMENT: We advise that you consult your physician before undertaking any program involving strenuous physical activity. *Participation in any class and/or activity is at your own risk.* 



### TAI CHI CHUAN AND I-LIQ CHUAN SPINNING HANDS

Charles Barrett

NYA Multipurpose Room
Take an hour to do something good for your mind, body, and
soul with the calming and relaxed movements of Tai Chi. Ideal
for any age and any busy schedule, using this martial art
practice can help to reduce blood pressure and may also
promote strength, stamina, flexibility and coordination. No
prior training required. Please wear loose-fitting clothing and
sneakers or comfortable shoes.

Class starts: Thursday, March 7, 2024

8 Sessions 11:30 AM-12:30 PM

7



FEE: Res. \$56

Out of Dist. \$66 Senior Citizen Fee: \$47

### TUNISIAN CROCHET

New!!

Mary Ann Castrogivanni

NYA Multipurpose Room
"Tunisian Crochet" is a combination of knitting and crochet. It's

easiest to understand as "assembly-line" crochet. You pick up loops on the forward pass and then remove them with the return pass. Because of this repetition of one step at a time, this technique is far easier for beginners to learn than typical crochet.

This class will teach how to do some basic Tunisian stitches: squares that can be joined together to make a blanket, potholders, or wash cloths.

**Supply list:** Skein of Yarn (for blanket squares use wool or acrylic; for potholders and wash cloths use 100% cotton such as Bernat, Lilly Peaches and Cream); a Tunisian Crochet hook such as CLOVER Takumi Bamboo Interchangeable Tunisian Crochet Hook with stopper and cord in size I or J **OR** a Boye Afghan Crochet hook, fabric scissors, and a plastic tapestry needle.

Class starts: Monday, February 26, 2024

4 Sessions FEE: Res. \$59 (Limit: 14) Out of Dist. \$69 3:30-5:30 PM Senior Citizen Fee: \$51



### **WATERCOLOR PAINTING**

Marsha Goldman **NYA** Multipurpose Room Take the mystery out of watercolor! In a friendly and relaxing atmosphere, you will learn color mixing, brush techniques, and perspective as we create paintings step by step. This is a class for beginners as well as those with some experience with watercolor. A supply list will be sent to you before the first class.

Class starts: Thursday, March 7, 2024

10 Sessions FEE: Res. \$ 95 (Limit: 12) Out of Dist. \$106 9:00-11:00 AM Senior Citizen Fee: \$ 78

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**Zumba Senior Fitness** 

NYA Multipurpose Room Heather Dalton Come join the Zumba family Party and have fun! 🞝 📭 Zumba is popular worldwide and uses various 🎝 📑 styles of Latin and Pop music - very easy moves 📑 to help improve your cardio workout. This class will put a smile on your face! The enjoyable music 🚺 and movement will get you moving and improve 🞝 🔽 your health, body and mind. Zumba is for any 🎝 page. Let's make some good dancing memories.

Class starts: Tuesday, March 5, 2024

10 Sessions

FEE: \$80 🎜 9:30-10:30 AM

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MEDICAL ADVISEMENT: We advise that you consult your physician before undertaking any program involving strenuous physical activity. Participation in any class and/or activity is at your own risk.





### **BASKETBALL**

Jim Heinz **NE** Back Gym (Brown's Rd Ent.) Stay in shape, have a night out, forget your job and reduce stress. Have fun playing basketball. Full court games will be set up. Bring either a reversible shirt or one white and one dark shirt for team play. Please check with your doctor to confirm the appropriateness of full court basketball as part of your exercise routine.

Class starts: Monday, March 4, 2024

FEE: Res. \$84 9 Sessions 7:00-9:00 PM Out of Dist. \$94

Senior Citizen Fee: \$70



### **BEGINNING YOGA**

**Christine Graf** SJE Old Gym In this class, we will be using basic Hatha yoga poses to become more aware of our bodies as we move.

Emphasis will be placed on proper alignment. This is truly a beginner's class as movements will be slow and suited for all levels of ability. Folding chairs are available as an aid to balance. It is strongly suggested that you bring foam yoga blocks, yoga belt (or bathrobe tie), yoga mat, and firm blanket to kneel on (if you have issues with your knees). Resulting benefits include greater strength, flexibility, energy, balance, and concentration.

Class starts: Monday, February 26, 2024

10 Sessions FEE: Res. \$77 (Limit: 30) Out of Dist. \$87 7:00-8:30 PM Senior Citizen Fee: \$66



### INTRODUCTION TO LINE DANCING

Anne Black **SEL** Blue Gvm

Join this class for an introduction to Country Line dancing! Enjoy learning basic steps danced to country music. An easy, social way to get moving, improve balance, and have fun! Dress comfortably and wear leather-soled shoes or boots! Bring water.

Class starts: Monday, March 4, 2024

6 Sessions FEE: Res. \$48 (Limit: 20) Out of Dist. \$58 7:00-8:00 PM Senior Citizen Fee: \$43



### VOLLEYBALL—BEGINNER

Rocky Shankar **GHMS** New Gym This co-ed class is designed to enable beginner players to participate in daily games for enjoyment in a non-competitive atmosphere and to improve their techniques of volleyball. Those who need to learn fundamental volleyball skills (bump, set, hit, serve, position) and rules of the game should attend this class. One-on-one training will be provided upon request. Game format is round robin, with teams formed each night by the instructor. Team composition will be adjusted by the instructor to balance teams.

Class starts: Monday, February 26, 2024

7 Sessions FEE: Res. \$72 (Limit: 28) Out of Dist. \$82 7:00-9:00 PM Senior Citizen Fee: \$58



### **ZUMBA FITNESS**

Gina Savage MPE Gym It's time to "ditch the workout, and join the party!" Zumba

fuses Latin rhythms and easy-to-follow moves to create a dynamic fitness program. Take this time for yourself and care for your mind and body This class is a workout in disguise that has unique physical and mental health benefits. The best part? Zumba is for everyone—it's fun, easy to follow, and for any age or fitness level. See you on the dance floor!

Class starts: Monday, February 26, 2024

10 Sessions

6:30-7:30 PM FEE: \$100





This workshop-style class is open to prior class experienced participants beginners. Participants must have some facility with basic open chords and strumming. This interactive workshop will build musical and technical knowledge while playing songs and 🖁 progressions as a group. Technique is taught 🖁 🖁 through musical examples which are designed to 🖁 give a basic understanding of music theory (rhythm, melody, and harmony).

Participants will need an acoustic guitar, guitar pick, and tuner. Free smart phone guitar tuner apps are

Class starts: Tuesday, March 5, 2024

available.
Class starts:
10 Sessions
7:00-8:30 PM FEE: Res. \$77 Out of Dist. \$87 Senior Citizen Fee: \$66





### BALLROOM BASICS FOR BEGINNERS

Marie Enright **NYA** Multipurpose Room Join us as we learn to dance the easiest steps to both smooth and Latin ballroom dances. Each class consists of both instruction and review. Class size limited to 15 couples, so be sure to register early. This class is highly recommended if you attend many weddings and other formal functions! Smooth dances covered are Waltz, Tango and Foxtrot and Latin-based dances covered are Lindy, Hustle, Cha Cha, Mambo, Rumba and Merengue. Makes a great gift idea for that special someone. Hard-soled shoes recommended. Each participant must complete and sign a separate registration form.

Class starts: Tuesday, March 5, 2024

10 Sessions

7:00-8:30 PM FEE: \$120/couple



### **BASKETBALL**

Brian Bertothy
Stay in shape, have a night out, forget your job, reduce stress. Have fun playing basketball! Full court games will be set up. Bring a reversible shirt or one white and one dark shirt for team play. Please check with your doctor to confirm the appropriateness of full court basketball as part of your exercise routine.

Class dates: Tuesdays, 2/27, 3/5, 4/2, 4/9, 4/16, 4/30, 5/21 & 5/28/2024

8 Sessions FEE: Res. \$77 8:00-10:00 PM Out of Dist. \$89 Senior Citizen Fee: \$64



### **CREATIVE WRITING FUN FOR EVERYONE**

Shirley Cravotta

Do you love creative writing? Have you always wanted to give it a try? Ignite your passion in a welcoming, small group setting where you can kick back, relax and meet new people while developing your own writing skills. Through a variety of exercises, readings and discussions, you will explore different writing genres to find the one that fits your unique lifestyle and personality. Participants must be ready to share thoughts, read aloud, and discuss topics. Open to all levels of experience.

Class starts: Tuesday, March 5, 2024

6 Sessions Fee: Res. \$48 5:00-6:00 PM Out of Dist. \$58 (Limit: 15) Senior Citizen Fee: \$43



Gentle Yoga @ St. James Elementary



### **DEFENSIVE DRIVING**

Empire Safety Council

Drivers who complete the National Point & Insurance Reduction Course, Inc., a six-hour classroom course, SAVE 10% on their automobile liability, collision, and no-fault premiums each year for THREE full years and REDUCE up to four points on their driving record. Course completion is transmitted to the New York Department of Motor Vehicles and recorded on each student's driving record. Save hundreds of dollars over the next three years and venture into traffic safety awareness. No testing is involved. Bring your driver's license and a pen to class. This is a New York State Department of Motor Vehicles approved accident prevention workshop.

NYS law mandates full three-hour participation in each of the two (2) sessions to receive a certificate. No admittance to this class after 6:30 p.m. start time. No Exceptions!

Class meets:

Tuesdays, April 9 & 16, 2024

or

Wednesdays, May 8 & 15, 2024

(Minimum: 13, Maximum: 40) 6:30-9:30 PM **Don't Be Late!** 



FEE: \$42

### **GENTLE YOGA**

Peter Bienkowski SJE Old Gym

Based on the Kripalu tradition of cultivating inner peace, this class is designed to revitalize your body, relax your mind, increase energy, and reduce stress. Beginners, people with minor back and joint pain, or those just suffering from a busy mind will appreciate the general relief this type of program often brings. If you need time to slow down, find tranquility, and gain inner peace, this class is a must! A real treat for your body, mind and spirit, gentle yoga is appropriate for all levels. No experience is necessary. *MEN, FIRST TRY AT YOGA? RELAX!* This course is taught by a man who has been practicing Yoga for over 20 years. Bring a yoga mat, blanket, and an open mind. You may be quite surprised!

Class starts: Tuesday, March 5, 2024

10 Sessions FEE: Res. \$77 7:00-8:30 PM Out of Dist. \$87 Senior Citizen Fee: \$66



### **LINE WITH LAURIE**

Laurie Giaimis

SEL Blue Gym

Line dance with me for fun and exercise! Join in on
popular dances set to hit music that has been enjoyed
throughout the decades: oldies, rock, country and
swing. The music played highlights artists such as The
Temptations, Christine Aguilera, Jennifer Lopez and
Shania Twain, to name a few. Dancers line up in row
format and learn the choreography in a very relaxed
atmosphere. No partner needed. Trust me, you'll be
dancing and swaying in no time!

Class starts: Tuesday, February 27, 2024

6 Sessions FEE: Res. \$48 7:00-8:00 PM Out of Dist. \$58 Senior Citizen Fee: \$43



### **MANDARIN: A FUN WAY TO LEARN ABOUT CHINA**

Do you want to know about China and its official language—Mandarin, the most widely spoken language in the world? The course will also introduce the famous cities and scenic spots of China. Participants will gain a tremendous knowledge ranging from basic pronunciation to Chinese character evolution, and participate in basic conversations. During this ten-week course, students will not only learn Pinyin (Mandarin pronunciation) and characters (simplified Chinese written words), but also enjoy an interesting virtual visit

Come join us! Use what you learn to start a conversation with your classmates or with a native Mandarin speaker. Learn for fun or for business! Either way, this class will enhance your language skills and your life!

Class starts: Tuesday, March 5, 2024

10 Sessions FEE: Res. \$ 90 7:30-9:30 PM Out of Dist. \$101 Senior Citizen Fee: \$ 73



to China.

Susan Porcelli

### **MEDICAL ADVISEMENT:**

We advise that you consult your physician before undertaking any program involving physical activity. <u>Participation in any</u> class and/or activity is at your own risk.



### SAVVY TAX PLANNING IN RETIREMENT: Strategies to Help You Pay the Least Amount of Taxes

Bud Levy, CFP & Evan Levy, CFP HSE Little Theater Do you feel you are paying way too much in taxes? Interested in learning how you can reduce your tax bill? In this workshop, you will learn four clear-cut strategies to potentially lower your tax bill. This program will cover Roth conversions; when it makes sense to do a Roth conversion, how a Roth conversion can reduce your taxes, and one BIG mistake to avoid when converting. We will also cover how improving the "location allocation" of your investment portfolio can potentially save you thousands in unnecessary taxes. You will learn when you must begin your required minimum distributions (RMDs) from IRAs and 401(k)s, and how to reduce taxes on your required minimum distributions (RMDs). You will learn how your Social Security benefits are taxed, how to reduce taxes on your benefits, and three things to consider before filing for Social Security.

If you are retired or nearing retirement and are interested in paying the least amount of taxes, this workshop is for you!

Seminar meets: Tuesday, March 19, 2024

7:00-8:00 PM

**HSE** Room 164

FEE: \$15

FEE: \$15



### SOCIAL SECURITY PLANNING

What Everyone Needs to Know

Bud Levy, CFP & Evan Levy, CFP HSE Little Theater After being told for years that Social Security is "going broke," baby boomers are realizing that it will soon be their turn to collect. But the decisions you make now can have a tremendous impact on the total amount of benefits you stand to receive over your lifetime. Learn not only the basics but also little known strategies for maximizing your benefits. This program will cover when it makes sense to delay benefits, how earnings affect your benefits, how benefits are taxed, how to integrate benefits with other retirement income sources, and how to coordinate benefits with your spouse. Each attendee will receive a free copy of *The Baby Boomer's Guide to Social Security* which summarizes key retirement benefit provisions.

Seminar meets: Tuesday, March 12, 2024 7:00-8:00 PM

11



### VOLLEYBALL—ADVANCED

**HSE** New Gvm Rocky Shankar This co-ed class is designed for experienced and highly skilled players and those with prior experience playing volleyball at a *competitive* level. It is expected that players understand court positions and the rules of the game. Players must be *proficient* in volleyball fundamental skills; namely, bump, set, hit and serve. Game format is round robin, with teams formed each night by the instructor. Team composition will be adjusted by the instructor, as needed, to balance teams.

Class dates: Tuesday, 2/27, 3/5, 4/2, 4/9, 4/16,

4/30, 5/7, 5/14 & 5/21/2024

9 Sessions FEE: Res. \$ 95 Out of Dist. \$107 8:00-10:30 PM Senior Citizen Fee: \$ 77



### WATERCOLORS

Mary Waka

**HSE Room** 160 Paint your world with watercolors! Focus on design, expression, and visual theme. Expect to recharged with painting energy from association with others who have a passion for the arts. Demonstrations, one-on-one instruction, and objective criticism will sharpen your powers. All ability levels welcome! Bring along photos and drawings to use as subjects along with a soft pencil and sketch pad. Supply list will be emailed upon registration.

Class starts: Tuesday, March 5, 2024

FEE: Res. \$77 8 Sessions Out of Dist. \$89 (Limit: 15) 7:00-9:00 PM Senior Citizen Fee: \$64



### MEDICAL ADVISEMENT:

We advise that you consult your physician before undertaking any program involving physical activity. Participation in any class and/or activity is at your own risk.



### WEDNESDAY



Jim Heinz HSE Old Gym

Stay in shape, have a night out, forget your job, reduce stress. Have fun playing basketball! Please check with your physician to confirm the appropriateness of full court basketball as part of your exercise/fitness routine. Bring one white and one dark shirt each night.

Class dates: Wednesday, 2/28, 3/6, 4/3, 4/10, 4/17, 5/1, 5/22 & 5/29/2024

8 Sessions (Limit: 30) 8:00-10:00 PM

FEE: Res. \$77 Out of Dist. \$89 Senior Citizen Fee: \$64



### FRENCH CONVERSATION

Helen Mickail **HSE** Room 173

Discover the beauty of the French language! Using a variety of creative activities and unique games, with an emphasis on French conversation, you will be able to participate and will be encouraged to communicate in French. Join us in a fun and relaxing atmosphere.

Class starts: Wednesday, March 6, 2024

10 Sessions FEE: Res. \$ 90 7:00-9:00 PM Out of Dist. \$101 Senior Citizen Fee: \$ 73



### **GENTLE YOGA**

Peter Bienkowski **NE** Back Gym (Brown's Rd. Ent.) Based on the Kripalu tradition of cultivating inner peace, this class is designed to revitalize your body, relax your mind, increase energy, and reduce stress. people with minor back and joint pain, or those just suffering from a busy mind will appreciate the general relief this type of program often brings. If you need time to slow down, find tranquility, and gain inner peace, this class is a must. A real treat for your body, mind and spirit, gentle yoga is appropriate for all levels. experience is necessary. MEN, FIRST TRY AT YOGA? **RELAX!** This course is taught by a man who has been practicing Yoga for over 20 years. Bring a yoga mat, blanket, and an open mind. You may be quite surprised!

Class starts: Wednesday, March 6, 2024

10 Sessions FEE: Res. \$77 7:00-8:30 PM Out of Dist. \$87

Senior Citizen Fee: \$66







### **GOOGLE APPS**

Dennis Jackson, MS

In this course, learn about the main applications of the Google Apps Suite, which includes Google Docs (similar to Microsoft Word); Google Sheets (similar to Microsoft Excel); and Google Slides (similar to Microsoft PowerPoint). Did you know that Gmail, which is Google's email application, can be customized with your signature and can also be used to create templates of emails that you send? Time permitting, we will look at Google Forms, which allows you to create online questionnaires.

A Google Account and Internet connection gives free access to Google Drive where you can store and share your files from any device with Internet access. Lots to learn ahead!

All participants should be comfortable using a touchpad and opening applications on a computer. If you are able, create your own Google Account before the class, so you can save your work and access it from home. No worries if you can't; the instructor will help you create an account at the first class.

Class starts: Wednesday, April 3, 2024

 8 Sessions
 FEE: Res. \$77

 (Limit: 15)
 Out of Dist: \$89

 6:00-8:00 PM
 Senior Citizen Fee: \$64



### MINDFUL HATHA FLOW YOGA

**Christine Graf** SJE Old Gym Yoga is for everybody, whether you are flexible or not!!! Join me for this journey into yoga by building and reinforcing the fundamentals with a safe, nurturing, mindful approach. Whether you are a complete beginner or a seasoned yogi, this class allows you to focus on proper individual alignment, while accepting where you are, without any judgment. This is a fun class that encourages you to bring your practice into everyday life. Each class features warm-up, standing poses, floor poses, cool down stretching, and finally a period of quiet relaxation. This gentle practice allows you to explore what is right for you and to feel centered, stronger, more flexible, and happier in your body and life. Bring a yoga mat and an open mind. Blanket, strap and two (2) foam blocks optional, but helpful.

Class starts: Wednesday, March 6, 2024

10 Sessions FEE: Res. \$72 7:00-8:15 PM Out of Dist. \$82

Senior Citizen Fee: \$59

### **OIL PAINTING-Beginner/Intermediate**

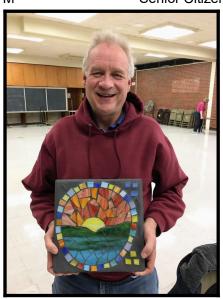
William Buchholz HSE Room 160

Come and enjoy a relaxing oil painting class for artists who wish to get a taste of painting in oils or for those who would like to develop their skills: Fundamentals in design, color mixing, and painting techniques. All skill levels welcome, group and individual attention provided so all will succeed.

**Supply List**: Oil paints, brushes, canvas or board, painting palette pad, palette knife, odorless thinner, smock, paper towels or rag, printed images, and a small easel (optional). We will discuss a more detailed supply list during our first class.

Class starts: Wednesday, March 6, 2024

10 Sessions FEE: Res. \$ 95 (Limit: 12) Out of Dist. \$106 7:00-9:00 PM Senior Citizen Fee: \$ 78



Stained Glass @ NYA

### STAINED GLASS - Beginner/Intermediate

Edward M. McManus

NYA Multipurpose Room
Color your world with basic design and glass-cutting
techniques. Choose from simple patterns provided by
the instructor or bring your own for the creation of your
stained glass piece. Course duration will enable
students to complete at least one individual project.
Project choices and the accompanying list of materials
will be discussed the first night of class. Students will
need to purchase all materials and tools for individual
projects; costs vary depending upon projects selected.
Upon registration a supply list will be emailed to you.

Class starts: Wednesday, March 6, 2024

10 Sessions FEE: Res. \$116 (Limit: 12) Out of Dist. \$126 7:00-10:00 PM Senior Citizen Fee: \$ 92



### **YOGA: GENTLE EVENING FLOW**

Marisa Spano
Join us for a 75-minute gentle vinyasa flow. This class is great for beginners as well as all-level yoga students looking for a gentle way to move the body and unwind after a long day. Learn key poses to help you build strength, restore and relax, as well as gain an introduction to yoga philosophy and the chakras. Each class will end with a guided meditation. Options and modifications to the poses will be available. Bring a yoga mat and water. A blanket/towel is strongly recommended for the knees. Yoga blocks are optional.

Class starts: Wednesday, February 28, 2024

10 Sessions FEE: Res. \$72 7:00-8:15 PM Out of Dist. \$82 Senior Citizen Fee: \$59

### **THURSDAY**





Stained Glass @ NYA

### STAINED GLASS - Beginner/Intermediate

Edward M. McManus

NYA Multipurpose Room
Color your world with basic design and glass-cutting
techniques. Choose from simple patterns provided by
the instructor or bring your own for the creation of your
stained glass piece. Course duration will enable
students to complete at least one individual project.
Project choices and the accompanying list of materials
will be discussed the first night of class. Students will
need to purchase all materials and tools for individual
projects; costs vary and depend upon projects selected.
Upon registration, a supply list will be emailed to you.

Class starts: Thursday, March 7, 2024

10 Sessions FEE: Res. \$116 (Limit: 12) Out of Dist. \$126 7:00-10:00 PM Senior Citizen Fee: \$ 92



**TAP DANCE** (All levels)

Andrea Madden
For those with little to no tap dancing experience as well as those who want to continue on the journey.
Learn the basics and improve musicality. Class includes warm up, across-the-floor exercises, and a fun dance routine incorporating new steps. Class attire: tap shoes and casual dress. Get in on the action!

Class starts: Thursday, March 7, 2024

9 Sessions FEE: Res. \$59 to 7:00-8:00 PM Out of Dist. \$71 to Senior Citizen Fee: \$49 to Fee: \$40 to Fe

### VOLLEYBALL-INTERMEDIATE

Stephen Reehil HSE New Gym This co-ed class is for *intermediate* players and those who prefer a slightly competitive but relaxed atmosphere. Players are expected to understand volleyball rules and how to bump, set, hit, serve, and position on the court. Game format is round robin, with teams formed each night by the instructor. Team composition will be adjusted by the instructor, as needed, to balance teams.

Class dates: Thursday, 2/29, 3/7, 4/4, 4/11, 4/18, 5/2, 5/9, 5/16, 5/23 & 5/30/2024

10 Sessions FEE: Res. \$101 (Limit: 42) Out of Dist. \$112 8:00-10:30 PM Senior Citizen Fee: \$82



### **MEDICAL ADVISEMENT:**

We advise that you consult your physician before undertaking any program involving physical activity. <u>Participation in any class and/or activity is at your own risk.</u>



### **YOGA: KEEPING IT REAL**

Larisa DelVecchio

This class is appropriate for beginners with some experience as well as experienced yoga students. Options and modifications to the poses can make them work for everyone. More challenging asanas and breathing techniques (pranayama) may be offered to assist your development. Slow down and rejuvenate with gentle flow followed by a restorative relaxation for

a good night's sleep. Release stress, relax your mind,

and gain inner peace. Bring a yoga mat, blanket, blocks and strap.

Class starts: Thursday, March 14, 2024

10 Sessions FEE: Res. \$77 7:00-8:30 PM Out of Dist. \$87 Senior Citizen Fee: \$66



### **ON-LINE**



**NOTARY PUBLIC TRAINING COURSE (Pre-Licensing)** 

Notary Public Central

Stand out among the competition! Add a new certification to your résumé; become an asset to your company while enhancing your credentials! All companies need to have documents notarized. The objective of this three-hour Notary Public Training Course is to educate individuals with legal terminology and concepts and clauses contained in the framework of the NYS Notary booklet.

Pre-Recorded Zoom Notary Course includes:

- Instant Access ANYTIME Day or Evening
- Notary Concepts
- Definition Review
- · Sample Forms
- Notary Law Subsection Review
- · Notary Facts
- · Notary Prep Test
- 24/7 access for 90 days
- · 1 Full Year Customer Support

Additionally, Customer Support is just a click away. **Upon registration**, access code will be emailed to you for 90-day Unlimited Access, day or evening.

Course length is approximately 2.5 hours

FEE: \$75

### **NOTARY PUBLIC REFRESHER COURSE**

Notary Public Central

I just became a Notary Public, now what? Do you question yourself when notarizing documents? This course is designed for newly appointed Notaries, in addition to seasoned Notaries to eliminate the guesswork when handling documents. The Objective of the Notary Public Refresher Course is to help you understand proper document execution & what to do when faced with documents you don't understand. This course will reinforce everything you need to know to conduct your job effectively and without error. We will discuss legal forms and their implications if not handled properly. This course provides an in-depth review of proper notarization procedures.

This self-paced course can be accessed anytime from any device (day and evening) and is available 24/7 for 90 days from the date of registration. Additionally, Customer Support is just a click away!

One full-year subscription to <a href="https://www.NotaryPublicCentral.com">www.NotaryPublicCentral.com</a> includes 24-hour email question support and newsletter updates.

Online Course - Self Paced Available 24/7 for 90 days Course length is approximately 1.5 hours

FEE: \$45

### **NOTARY SIGNING AGENT COURSE**

Notary Public Central On-Line Only Discover a rewarding career as a Notary Signing Agent in the Lending Industry & Beyond! Be your own boss either Part-Time, Full-Time or Side Hustle!

This course is designed to equip you with the essential skills you will need to properly perform Loan Document Signings. Topics covered include: Lending Process, Various Loan Types, Identifying Documents in a Loan Packet, Signing Agent Process, Proper Document Execution, What is Expected of the Signing Agent (your responsibilities and limitations), Lender Lingo, Identifying Individuals, Current Industry Trends, and Where/How to Find Work. Signing Companies will be provided as possible leads.

\*Pre-requisite: You must have completed or attended a Notary Public Training Course prior to taking this course. You must be a notary public in order to practice as a signing agent. However, you may take this course prior to obtaining your license so that you are ready to practice once you're in receipt of your license.

Online Course - Self Paced Available 24/7 for 90 days Two (2) Downloadable Books Included (Course Notes and Sample Forms) Course length is approximately 2.5 hours

FEE: \$75

### <u>ADULT BASIC EDUCATION (ABE)</u>



New York Avenue Annex, Joseph M. Barton District Building

Office Phone: 631.382.2181
Fax: 631.382.2183
Website:

www.smithtown.k12.ny.us

[Across top, go to Departments; then Adult Education]

### What is Adult Basic Education?

Adult Basic Education refers to instructional programs provided to adults who did not complete their K-12 education, or who possess a high school diploma or equivalent but nevertheless have gaps in basic skills such as reading, math, or spoken English. TABE testing will determine eligibility.

"Preparing adults for post-secondary education and the workplace"

### FREE SPRING CLASSES 2024

### LEARN ENGLISH (ESL)

Aprende inglés
Aprann anglè
Apprendre l'anglais
Öğrenmek ingilizce
Uczyć się angielskiego
Xué yīngyŭ
Английский учить
вчитися англійська
배우다 영어

### **CLASSES AVAILABLE**

MORNING (9:00 AM - 12:00 NOON)

AFTERNOON (12:00 PM - 3:00 PM)

**EVENING (7:00 PM - 10:00 PM)** 

PREPARE FOR THE
HIGH SCHOOL
EQUIVALENCY (GED®)
AND/OR
U.S. CITIZENSHIP

Registration for ALL STUDENTS
will be held at:
26 NEW YORK AVENUE ANNEX
JOSEPH M. BARTON DISTRICT BUILDING
Beginning January 2, 2024
9:00 AM OR 7:00 PM

Appointments preferred!

Call # 631-382-2181
(LITERACY CLASSES ONLY)

If you are a NYS Certified K-12 teacher interested in teaching adults on an hourly part-time basis, day or evening, please call 631-382-2181 for information.

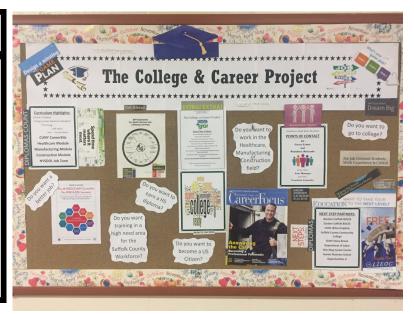
Smithtown Adult Basic Education does not discriminate on the basis of race, color, religion, sex, national origin or disability in admission to, access to, or operations of its programs, services, or activities.



### ABE INFORMATION

- FREE NYS adult literacy classes for adults 21 and over.
- ♦ In-person registration and testing is mandated for all literacy students.
- Ongoing registration. Open enrollment according to available open classes.
   Call 631-382-2181 for an appointment.
- ♦ Instructors are NYS certified teachers.
- Students must meet eligibility requirements.

Smithtown residency NOT required.



Take Yourself to the Next Level!

### **COURSE OFFERINGS**

<u>High School Equivalency</u>: Classes prepare students to take the **GED®** (General Educational Development test) for a High School Equivalency diploma and to determine College and Career Readiness. The **GED® test** is administered at community colleges on Long Island, NOT at Smithtown School District. The Adult Basic Education office processes applications for those enrolled in our program. The New York State Board of Regents requires NO FEE for this paper and computer-based Common Core-aligned exam.

**Adult Basic Education:** Classes are for adults who want to improve basic reading, writing, and math skills for the purpose of earning a high school equivalency diploma, gaining or improving employment, and/or entering post-secondary education or training. Student eligibility and class level are determined by administering the TABE battery to assess both Reading and Math skills.

<u>English as a Second Language</u>: Free English as a Second Language provides the student with the skills needed to function in an English speaking country regardless of native origin. Focus is on listening, speaking, reading and writing, with advanced audio equipment and computers to supplement instruction. Five levels, from Basic to Advanced are offered. A student may choose morning, afternoon, or evening classes. **Crossroads Café**, an advanced video program introduced by New York State Department of Education, and **Equipped for the Future (EFF)** curriculum are two of many initiatives used for instruction in our classes.

<u>Inglés Como Segundo Idioma</u>: Las clases gratis de inglés como segundo idioma provéen a los estudiantes de cualquier nacionalidad, habilidades para desenvolverse en un país en el cual se habla inglés. La enseñanza se enfoca en hablar, escuchar, escribir y leer utilizando equipo avanzado de audio y computadores. Se ofrecén cinco niveles de Inglés del básico al avanzado. El estudiante puede elegir las clases de mañana, tarde o noche. Crossroads Café esta el programa mas avansada introducido por la oficina de educación en el estado de Nueva York y el programa esta usando en clases.

<u>Citizenship</u>: Prepare for the *new* United States Citizenship exam!

<u>NEW - Distance Learning:</u> Can't come to class regularly? Advance with Distance Learning options appropriate for every level: Crossroads Café, SMART, GRASP, and FAST TRACK to a high school diploma.

### WORKFORCE PREPARATION (Integrated)

CUNY CareerKits for HSE and ESL Learners, Designing Instruction for Career Pathways and Learning to Achieve: These professional development initiatives and curriculum models along with College and Career Readiness Standards prepare ESL, ABE, and HSE students for post-secondary education, training, and employment as well as how to function more successfully in society, incorporating critical thinking skills for problem-solving and decision-making. Resumé writing, job interview techniques, and technology are used as supplementary program tools to promote workplace, family, financial, health, and digital literacy.

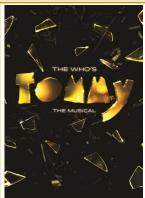
<u>Digital Instruction and SMART Board Technology</u>: Students enrolled in the program become familiar with using digital media and practice the Reading, Math, and ESL competencies, and Citizenship. Life skills and vocational programs focus on academic tiered vocabulary and skills required for particular jobs and careers. The Department of Labor sponsored **JobZone** is available to all students.

<u>Workshops</u>: College and Career Readiness, Research Skills, Resume Writing, Health Literacy, and Financial Literacy are available to enrolled students.



### *BROADWAY BOUND!*





### THE WHO'S TOMMY

The Nederlander Theatre 208 W. 41st Street Saturday, April 13, 2024 Cost: \$149.00

In 1967, The Who created a rock opera that changed the course of music history.

Some 25 The Who's years later. TOMMY arrived on Broadway, winning five Tony Awards and pushing the boundaries of what musical theatre can be. This March, the Amazing Journey resumes in a dazzling new production direct from a record-breaking, groundbreaking Chicago premiere.

### SYNOPSIS:

Myth and spectacle combine in a fresh reinvention of The Who's exhilarating 1969 rock concept album, Tommy—including the unforgettable anthems "I'm Free," "See Me, Feel Me," "Sensation" and "Pinball Wizard." After witnessing his father shoot his rival, the young Tommy Walker is lost in the universe, endlessly and obsessively staring into the mirror. An innate knack for pinball catapults him from reticent adolescent to celebrity savior.

**Bus Departure: 10:00 AM** Approximate Return: 6:30 PM Limited number of tickets available

(Rear Mezzanine)

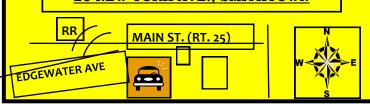
Please note: This theater does not have elevators or

escalators.

### Don't miss the bus!

Please arrive 15 minutes before the stated trip departure time, as we will depart promptly!

> LOCATION FOR TRIP DEPARTURE **26 NEW YORK AVE., SMITHTOWN**





### & JULIET

**Stephen Sondheim Theatre** 124 W. 43rd Street Saturday, May 4, 2024 Cost: \$175.00

Created by the **Emmy** Winning writer from "Schitt's Creek." this hilarious new musical flips the script on the greatest love story ever told.

& JULIET asks: what would happen next if Juliet didn't end it all over Romeo? Get whisked away on a fabulous journey as she ditches her famous ending for a fresh beginning and a second chance at life and love—her way.

Juliet's new story bursts to life through a playlist of pop anthems as iconic as her name, including "Since U Been Gone," "Roar," "Baby One More Time," "Larger Than Life," "That's The Way It Is," and "Can't Stop the Feeling!"—all from the genius songwriter/ producer behind more #1 hits than any other artist this century. Break free of the balcony scene and get into this romantic comedy that proves there's life after Romeo. The only thing tragic would be missing it.

**Bus Departure: 10:00 AM Approximate Return: 6:30 PM** Limited number of tickets available (Orchestra)

Please note: This theater does have elevators or

escalators.

**Trips require walking, standing for extended** periods, and navigating stairs at all venues. Participation in any trip is at your own risk.

concern the safety and of participants, Adult Continuing Education. reserves the right to alter time schedules, make itinerary changes, and/or adjust • offerings. due to unforeseen circumstances.

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🖈 from our website @ www.smithtown.k12.ny.us communicate rinformation, download the interest application  $\bigstar$  knowledge of your subject and the ability to 🬟 requirements. 🛪 cases, there are no specific educational 🖈 subject areas. If you are an expert on a topic Smithtown Adult Continuing Education Program 🔭 is always seeking qualified instructors in new 🎖 invited to apply for a teaching position. In most not included in our current brochure, you are enthusiastically to other adults. All you need is a thorough 🥆 your expertise clearly For more

[Click on Departments or Community; then

Adult Education] and mail to:

Smithtown, NY 11787 Smithtown Adult Continuing Education P.O. Box 906

# ADULT EDUCATION ADVISORY COMMITTEE

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Kenneth Klee Margaret McGauley Laurie Giaimis Geraldine Jansen Alicia Norwick Marie Sesti

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Permit No. 9 Smithtown, N.Y. 11787

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U.S.Postage PAID

adult education, the modern constitutes the setting wisdom and not oracles: this in the discussion by teachers secondary facts; who are led situations; who dig down into quest for life's meaning." who are also seekers after the reservoirs vigorous; who begin to learn adults who desire to keep -from The Meaning of Adult their minds "Small groups of confronting pertinent fresh 앜 aspiring their and

1926 Education, Eduard Lindeman,

> finally the old distinction between life more if you paint as well as look at learning." itself becomes a perpetual experience of and education disappears. becomes an integral part of living until yourself. In all of these ways learning of naturalists: become a naturalist content with the vicarious experiences art... If you enjoy nature, refuse to be pictures and read about the history of interested in art, you will gain much enrichment. provides "Learning which is combined with action If, for example, you are peculiar and In short, life

Lindeman, 1956 -from The Democratic Man, Eduard

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